



Sand Point Mayhem Team Race Regatta
May 16th & 17th, 2026
Sail Sand Point
Seattle, WA

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the *rules* as defined in The Racing Rules of Sailing and the ISSA Procedural Rules.
- 1.2. Under ISSA PR 18(a), the right of appeal is denied.
- 1.3. The US Sailing prescriptions to rule 63.1 are deleted and will not apply.
- 1.4. RRS Appendix D shall apply, as modified by ISSA Procedural Rule 11.
- 1.5. Races will be judged according to the guidelines for Rule 42 enforcement in Appendix 8 of the ISSA PR.
- 1.6. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 13(c) will be in effect.
- 1.7. Boats are not required to display a red flag while protesting or requesting redress. This modifies RRS D2.1(b), (c), and D5.2.
- 1.8. Changes to the rules may be noted elsewhere in the Notice of Race or Sailing Instructions. If the Notice of Race and Sailing Instructions are in conflict, the Sailing Instructions have precedence.

2. NOTICES

- 2.1. Official notices will be posted on the official notice board located on the TechScore website.
- 2.2. Changes to the sailing instructions shall be posted no later than one hour prior to the first warning signal on the day it will take effect.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore shall be displayed on the SSP flagpole. Postponement may also be communicated verbally to coaches over the designated VHF channel.
- 3.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 20 minutes" in the race signal AP.

4. THE START

- 4.1. The start line will be between a staff on the race committee boat displaying an orange flag and an orange buoy located to port.
- 4.2. Races will start in accordance with ISSA PR 7.9.

5. COURSES AND MARKS

- 5.1. Racing will take place on a digital 'N' course.

6. THE FINISH

- 6.1. The finish line shall be between the race committee vessel displaying a blue flag and an orange buoy to port.
- 6.2. After finishing, boats shall stay clear of any boats racing.
- 6.3. The race committee reserves the right to finish a boat, or boats, in place if they are impeding the progress of the regatta and the finishing order is clear.

7. PROTESTS

- 7.1. Protest procedure and time limit will be in accordance with ISSA PR Part VI.
- 7.2. Protest forms will be available in the SSP office.
- 7.3. Protest hearings will be held as soon as practicable, which may include between rotations. Protests may be heard immediately following racing or ahead of racing Sunday morning.

8. SCORING

- 8.1. The regatta will be scored in accordance with ISSA Procedural Rule 9.

9. BREAKDOWNS AND DAMAGE

- 9.1. Breakdown requests shall be filed in the same manner as protests.
- 9.2. Breakdowns shall be scored in accordance with ISSA PR 11.2.
- 9.3. All damage, no matter how minor, shall be reported to the Race Committee, or representative of the host organization, as soon as practicable.

10. SAFETY

- 10.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is not possible, immediately after arriving at the rotation dock.
- 10.3. Per RRS 3, it is the decision of each boat to race, or continue racing. However, the race committee reserves the right to send ashore any boat that it considers to be a danger to itself or others.
- 10.4. Competitors shall not impede commercial traffic. Competitors shall comply with any instructions given by safety boats. The race committee may protest any competitor which interferes with the safe passage of commercial traffic or fails to follow directions issued by a safety boat.

11. CONDUCT

- 11.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and

intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant, is unlawful under 21 US Code 841.

- 11.2. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.
- 11.3. Unless directly permitted by the NWISA representative, Regatta Chair, or PRO, radio communication involving anyone other than on the water personnel or the NWISA representative and Regatta Chair is expressly prohibited.

COURSE DIAGRAM:

The "Digital N" Course

