



Rev: May 2026

ISSA
NATIONAL INVITATIONAL TOURNAMENT
For the Founders Trophy
May 16 - 17, 2026

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, including Appendix D as modified by the ISSA Procedural Rules, the ISSA Procedural Rules, the ISSA Code of Conduct (PR Appendix 1), the ISSA National Championship Regatta Conditions (PR Appendix 3), and the Scholastic Dinghy Class Rules (ISSA PR Appendix 2).
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with the NESSA and the hosts
- 1.3. All races will be umpired.-RRS D2.1(b) applies. A boat that protests under a rule listed in rule D2.2 or D2.3 for an incident while racing shall hail 'Protest' and display a red flag and is not entitled to a hearing. This changes rules 60.2(a)(1) and 63.2(a).
- 1.4. Teams shall provide their own red protest flags (at least 3). Each flag shall measure at least 8 inches by 8 inches. [NP]

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located on Tech Score.
- 2.2. Changes to the sailing instructions shall be approved by the Chief Umpire and the NESSA representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. **CODE OF CONDUCT:** [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4. SCHEDULE:

- 4.1. Report times each day are listed in the NOR.
- 4.2. The number of races each day will be at the discretion of the regatta chair.
- 4.3. Rotation schedules and boat assignments will be posted on Tech Score after the skipper's meeting.

5. FORMAT

- 5.1. The intended format is to sail a Qualifying Round using a single round-robin of all twelve teams, followed by a Top 6/Bottom six round.
- 5.2. All scores will carry over.
- 5.3. Appendix D4.3 (b) does not apply. No incomplete rounds will be scored, but races sailed in an incomplete round may be used as tiebreakers.
- 5.4. The intended format may be changed in accordance with ISSA PR 11.3. If it is deemed necessary to change the format, the following protocol will be consulted:
 - 5.4.1. Plan B: If only the Qualifying Round has been completed, the results will stand as the championship. If any of the subsequent round robins have been completed, the results of



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completed round robins will stand. Results from incomplete round robins will be used in tiebreakers only. This changes ISSA PR 11.1(c).

5.4.2. Plan C: If the Regatta Chair, Chief Umpire, and ISSA Representative deem that it is unmanageable to complete the Qualifying Round in the time allotted, then the regatta reverts back to the results through Race #30. At that point each school will have sailed against each of the five other schools in their predetermined divisions (see below). Schools will be ranked 1st through 6th within each division, and one of the following Sail-off Options will be followed:

5.4.2.1. Option 1: The top two schools in each division will sail a Final Four Round (single or double round-robin as time allows). If time allows, additional round robins may be sailed to determine places 5-8 and 9-12.

5.4.2.2. Option 2: The top school from each division will sail off for first and second place, and then the second-place school in each division will sail off for third and fourth place. These sail-offs will be the first to win two races. If time allows other races to determine places 5-12 may then be scheduled.

5.4.2.3. Option 3: If time and conditions do not permit any more races, the top school in each division will tie for the Championship and the second-place team from each division will tie for third place. This changes PR 11.1.

5.4.3. Plan D: If the Qualifying Round has not reached race #30 and no other equitable format has been able to be completed by the end of the time limit, then the regatta is discontinued and there will be no champion for 2025.

For the purposes of establishing the boat assignments for the Qualifying Round, the seeding is as follows:

Division A

A = Host #1 – BC High (MA)

B = At Large #2 – Olympia HS (WA)

C = NESSA #1 – Barrington HS (RI)

D = At Large #4 – East Greenwich (RI)

E = MISSA #2 – Minnetonka High School (MN)

F = At Large #3 – The Stony Brook School (NY)

Division B

G = Host #2 – Milton Academy (MA)

H = At Large #1 – Gig Harbor HS (WA)

I = NESSA #2 – Sharon HS (MA)

J = MASSA #1 – Christian Brothers Acad (TN)

K = NESSA #3 – Fairfield Ludlow HS (CT)

L = MISSA #1 – New Trier HS (IL)

5.5. All tie-breaking sail-offs for top 6/bottom 6 rounds must be completed before the final day of competition.

6. COURSES AND MARKS:

6.1. Courses will be in accordance with ISSA PR Appendix 6 (Digital N Course)

6.2. All marks will be orange and green marks.

7. START/FINISH AND SIGNALS:

7.1. Races will start in accordance with ISSA PR 7.9.



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- 7.2. ISSA PR 7.9(c) shall not apply.
 - 7.3. The start/finish line will be between a flag on the race committee boat and a mark.
 - 7.4. ISSA PR 7.9 (b) - X Flag - does apply.
- 8. BREAKDOWNS:**
- 8.1. Breakdown requests shall be filed in the same manner as protests.
 - 8.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.
- 9. PROTESTS:**
- 9.1. The Protest procedure is Appendix D2.
 - 9.2. In accordance with D2.2, a boat that protests is not entitled to a hearing. This statement overrides that conflict with ISSA PR Appendix 7
10. **SCORING:** Scoring will be in accordance with ISSA PR 12.
11. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.