



MISSA Ice Breaker

Chicago Yacht Club
March 28-29, 2026

Belmont Harbor, Chicago, IL



Sailing Instructions (SIs)

ABBREVIATIONS

[NP] Rules that are not grounds for a protest or request for redress by a boat. **This changes RRS 60.1.**

1 RULES

- 1.1 The regatta will be governed by the rules as defined in:
 1. The Racing Rules of Sailing (RRS).
 2. This Notice of Race (NOR).
 3. The Sailing Instructions (SI).
 4. The ISSA Procedural rules located at <https://hssailing.org/resources/rules/>
 5. The MISSA Supplemental rules located at <https://missa.hssailing.org/about/missa-district-rules>
- 1.2 In the event of a conflict between the governing documents and the Sailing Instructions, the SIs shall take precedence.
- 1.3 The Organizing Authority (OA) is the Midwest Interscholastic Sailing Association (MISSA). The Host Organization is Chicago Yacht Club in conjunction with host schools: New Trier High School, St. Ignatius College Prep, and Walter Payton College Prep.
- 1.4 **[DP]** Drones shall not be flown in the racing area, except as authorized by the OA.
- 1.5 Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or...
- 1.6 The US Sailing prescriptions to RRS 63.1(b) and the Preamble to Part 5, Section B shall not apply.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Official notices, including changes to sailing instructions, will be posted on the official notice board located <https://scores.hssailing.org/s26/missa-icebreaker/>.
- 2.1 Any change to the sailing instructions will be posted:
 1. By 1800 on the day before a schedule change will take effect,
 2. Before 0900 on the day it will take effect or,
 3. In the event of AP posted ashore, no later than 15 minutes before AP is lowered ashore.
- 2.2 Changes to sailing instructions may be made on the water: Oral changes may be given on the water per RRS 90.2(c) using the following procedure:
 1. The signal boat will hoist Code Flag Lima (L) with one sound.
 2. Boats shall come within hailing distance of the signal boat.
 3. Oral changes will be made via VHF on channel 78 as a courtesy to coaches.
 4. Any changes that will affect future races in the series will be posted once ashore.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board online at <https://scores.hssailing.org/s26/missa-icebreaker/>.
- 3.2 On the water, the Race Committee intends to monitor and communicate with coaches via VHF radio on channel 78.
- 3.3 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 3.4 [NP] Errors and omissions in courtesy broadcasts are not grounds for a request for redress. ***This changes RRS 61.1(a) and 61.4(b)(1).***

4 CODE OF CONDUCT

[DP] Competitors, Coaches, and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the main flagpole at the northeast of the Belmont Station barge.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 5.3 [DP] Competitors in boats shall not leave Belmont Harbor before a Race Committee vessel or CYC safety vessel.

6 SCHEDULE OF RACES

| | |
|---------------------------|--|
| Saturday, March 27 | |
| 0845-0930 | Registration, Rigging of Boats |
| 0930 | Mandatory Competitor's Meeting |
| 1015 | First warning, racing to continue throughout the day |
| Sunday, March 28 | |
| 0830 - 0900 | Rigging of Boats |
| 0900 | Coaches' meeting |
| 1000 | First warning, racing to continue throughout the day |
| 1400 | No warning after this time |
| After Racing | Awards |

7 RACING AREA

The racing area will be either inside Belmont Harbor, or the open waters of Lake Michigan, east of the Belmont Harbor entrance as announced by the RC at the day's competitors meeting.

8 COURSES AND MARKS

- 8.1 Courses will be in accordance with ISSA PR 7.8.
- 8.2 The Race Committee may designate course selection orally.
- 8.3 Marks will be inflatable or robotic marks.
- 8.4 In accordance with ISSA PR 7.8(c), after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. ***This changes RRS 33.***
- 8.5 The diagram in SI Addendum A shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.6 For all courses, Mark 1 may have an offset. If the offset is not in place, the single windward mark shall be left to port.
- 8.7 Mark 2 will be a gate. If the gate is not in place, the single leeward Mark 2 shall be left to port.

- 8.8 For the Modified Windward-Leeward Course (Course M), the start/finish line shall be “open”. Open means that competitors may sail through the line on the upwind or downwind leg.
- 8.9 Routine movement of robotic marks will not be grounds for redress. This includes marks returning to station after having been pushed away by a boat or competitor and collisions with marks that do not cause damage. RRS 31 still applies. ***This changes RRS 61.1.***

9 THE START, FINISH AND RECALLS:

- 9.1 Races will start in accordance with ISSA PR 7.9(a).
- 9.2 RRS US Sailing Prescription Appendix U - Sound-Signal Starting System shall be used.
- 9.3 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 9.4 Individual recalls will be made in accordance with ISSA PR 7.9(b).
- 9.5 General recalls will be signaled by a series of short whistles. After a general recall, RRS 30.1 shall apply except Flag I (India) need not be displayed in accordance with ISSA PR 7.9(c). ***This changes RRS 30.1.***
- 9.6 The finishing line is between a staff displaying a blue flag on the signal vessel at the starboard end and the course side of the port-end finishing mark.

10 BREAKDOWNS

- 10.1 Breakdown requests shall be filed in the same manner as protests.
- 10.2 Breakdowns shall be scored in accordance with ISSA PR 9(e).
- 10.3 Compensation shall be consistent with ISSA PR Appendix 5.

11 PROTESTS & HEARING REQUESTS

- 11.1 Protest procedure will be in accordance ISSA PR Part VI - 16.
- 11.2 Per ISSA PR 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 11.3 Protests and requests for redress shall be filed in person at the front desk at Chicago Yacht Club Belmont Station Member Barge within the appropriate time limit.
- 11.4 A boat’s protest time limit is 30 minutes after the competitor returns to the dock after completing the rotation when the incident occurred.
- 11.5 Hearings will be held in person at Belmont Station.

12 SCORING

- 12.1 The scoring system is as follows: Scoring will be in accordance with ISSA PR 9.
- 12.2 One (1) race in each division is required to be completed to constitute a regatta.

13 SAFETY

- 13.1 Competitors shall wear USCG approved life jackets as outlined in ISSA PR 2.2.
- 13.2 **[DP]** A boat that retires from a race shall notify the Race Committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

14 FORMAT

- 14.1 The Race Committee will attempt to complete a full rotation.
- 14.2 Rotation schedules and boat assignments will be posted on Tech Score.

15 [DP] SUPPORT TEAMS AND COACHING

- 15.1 Team leaders, coaches, and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal to the start until all boats have finished or retired or the Race Committee signals a postponement, general recall, or abandonment.
- 15.2 Coaching may take place below the finish line or to starboard of the finish line if the course is "M". All coaches shall assist when and where necessary for safety or at the request of the Race Committee. Failure to do so may result in exclusion from the racecourse.

16 RISK STATEMENT

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

17 PRIZES

Prizes will be awarded to schools placing 1st, 2nd, and 3rd in the regatta.

18 REGATTA CONTACTS

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Addendum A Courses

Mark colors and shapes may differ from the diagram and are described in the SIs.

| Course | Mark Rounding Order |
|--------|---|
| WA2 | Start-1-1a-2s/2p-Upwind Finish |
| LA2 | Start-1-1a-2s/2p-1-1aDownwind Finish |
| WA3 | Start-1-1a-2s/2p-1-1a-2s/2pUpwind Finish |

| Course | Mark Rounding Order |
|--------|---|
| M4 | Start - 1-1a - 2p/s - 1-1a - Finish |
| M5 | Start - 1-1a - 2p/s - 1-1a - 2p/s - Finish |
| M6 | Start - 1-1a - 2p/s - 1-1a - 2p/s - 1- 1a - Finish |

