



ANNAPOLIS YACHT CLUB  
ESTABLISHED 1886

**MDISA's AYC "Polar Bear Plunge" Regatta 2026**

Hosted by  
Annapolis Yacht Club  
Sailing Center  
510 Severn Avenue  
Annapolis, Maryland 21403  
March 28<sup>th</sup>, 2026

**NOTICE OF RACE (NOR):**

**1. RULES:**

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#) and the [ISSA National Championship General Conditions](#) and [the Scholastic Dinghy Class Rules](#).
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with co-hosts: MDISA, Annapolis Yacht Club, and Severn Sailing Association.
- 1.3. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect.

**2. SAILING INSTRUCTIONS:**

2.1 The sailing instructions will be posted on TechScore prior to the report time for the regatta.

**3. COMMUNICATION:**

3.1 The online official notice board will be TechScore.

**4. ELIGIBILITY AND ENTRY**

- 4.1. Competing schools and competitors must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 4.2. Selection of competing schools will be by district elimination. The regatta has 18 berths. Allocations will be determined by the MDISA Board. Schools should contact their district directors to find out details on district regatta qualifications.
- 4.3. Teams unable to compete must notify the regatta chair and MDISA Director by Wednesday at 9:00 PM the week of the event via email.
- 4.4. MDISA Director will reallocate vacant berths. The first open allocation will go to the host district.

**5. FEES**

- 5.1. The entry is (\$0.00/FREE) per school.
- 5.2. No damage deposits are required upfront for this regatta. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.

6. **BOATS:** Collegiate Style 420s will be provided by host. Boats will be sailed as provided.

## 7. SCHEDULE:

March 28<sup>th</sup>, 2026:

0930 hours	Report Time and Rigging of Boats at AYC
1000 hours	Competitors' Meeting at AYC waterside porch of Sailing Center
First Warning	As soon as reasonably possible after launching.
1530 hours	No warning signal after
After Racing - Cleanup of docks and facilities of both AYC and SSA	

Changes to the schedule will be posted on the official noticeboard.

8. **RACING AREA:** All races will be sailed off the mouth of Spa Creek by SSA docks.

## 9. TRAVEL AND HOUSING:

9.1. Competitors should use (BWI airport). Alternative airports are (DCA), and (IAD).

9.2. A list of nearby motels/hotels can be provided upon request.

## 10. COACHING:

10.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the start of the event until the end of the regatta unless explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

## 11. TROPHIES:

11.1 No trophies will be awarded, however, AYC SUPPLIED POPSICLES MAYBE AWARD IF GROUNDS ARE LEFT CLEANER THAN THEY WERE FOUND AND ALL BOATS RINSED OFF WITH FRESH WATER AND TOP COVERS ON IN "BATTLESHIP ROW FORMATION"

12. **RIGHTS TO USE NAME AND LIKENESS:** By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

## 13. Required Safety Gear/Drysuits:

13.1 Drysuits will be mandatory for this event. Due to expected cold water and air temperatures, all competitors are required to wear an appropriate drysuit while on the water. Any participant not wearing a drysuit will not be permitted to launch or compete. This rule is in place to ensure the safety of all sailors and will be strictly enforced.

## 14. DECISION TO RACE: (DISCLAIMER OF LIABILITY)

14.1 RRS #3 DECISION TO RACE states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong fierce winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.** The race organizers (OA, Race Committee, Protest Committee, The Annapolis Yacht Club, Inc.,

sponsors, the MDISA, MASSA, ISSA Associations or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this race. By participating in this regatta, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

15. REGATTA CONTACTS:



Robert Lippincott  
AYC Director of Junior Sailing/**Regatta Chair/PRO**  
[420coach@annapolisyc.org](mailto:420coach@annapolisyc.org)  
(410)-263-9267 ext. 109  
VHF Channel - 66A

Travis Carlisle  
SSA Director of Junior Sailing/**MDISA League Director**  
(410)-268-8744  
VHF Channel - 65A  
[sailing@severnsailing.org](mailto:sailing@severnsailing.org)