



ISSA High School Team Race Championship

for the

Toby Baker Trophy

To be held at

Christchurch School

49 Seahorse Lane, Christchurch, Virginia 23031

May 15-17, 2026

SAILING INSTRUCTIONS

The notation '[DP]' in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than DSQ. The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, including Appendix D as modified by the ISSA Procedural Rules, the ISSA Procedural Rules, the ISSA Code of Conduct (PR Appendix 1), the ISSA National Championship Regatta Conditions (PR Appendix 3), and the Scholastic Dinghy Class Rules (ISSA PR Appendix 2).
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with the MASSA Interscholastic Sailing Association, Virginia Interscholastic Sailing Association, and host venue Christchurch School.
- 1.3. All races will be umpired.
- 1.4. RRS D2.1(b) applies. A boat that protests under a rule listed in rule D2.2 or D2.3 for an incident while racing shall hail 'Protest' and display a red flag and is not entitled to a hearing. This changes rules 60.2(a)(1) and 63.2(a).
- 1.5. Teams shall provide their own red protest flags (at least 3). Each flag shall measure at least 8 inches by 8 inches. Flags will not be affixed to the boat. [NP]
- 1.6. RRS 20.4 is changed so that the following arm signals are required in addition to the hails:
 - (1) For 'Room to tack', repeatedly and clearly pointing to windward; and
 - (2) For 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward
- 1.7. The US Sailing prescriptions to the preamble to Part 5, Section B and rule 63.1 are deleted.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located on Tech Score.

2.2. Changes to the sailing instructions shall be approved by the Chief Umpire and the ISSA representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. **CODE OF CONDUCT:** ISSA Code of Conduct shall be in effect.

4. **SCHEDULE AND FORMAT:**

- 4.1. The number of races each day will be at the discretion of the regatta chair.
- 4.2. Rotation schedules and boat assignments will be posted on Tech Score after the skipper’s meeting.
- 4.3. Appendix D4.3 (b) does not apply. No incomplete rounds will be scored, but races sailed in an incomplete round may be used as tiebreakers.
- 4.4. The intended format is to sail a Qualifying Round using a single round-robin of all twelve teams, followed by a Championship division double round-robin including the top six schools. Schools placing seventh through twelfth in the qualifying round will sail a double round-robin Silver division. All scores will carry over. (126 races)
- 4.5. The intended format may be changed in accordance with ISSA PR 11.3. [NP] If it is deemed necessary to change the format, the following protocol will be consulted:
 - 4.5.1. Plan B - A qualifying round of 12 teams, followed by a top 6/bottom 6 round and a final 4. (102 races)
 - 4.5.2. Plan C - A qualifying round of 12 teams, followed by a top 6/bottom 6 round. (96 races)
 - 4.5.3. Plan D - A qualifying round of 12 teams, followed by a top 6 or top 4 round. (81 or 72 races)
 - 4.5.4. Plan E - If only the Qualifying Round has been completed, the results will stand as the championship. If any of the subsequent round robins (Top 6/bottom 6) have been completed, the results of completed round robins will stand. Results from incomplete round robins will be used in tiebreakers only. This changes ISSA PR 11.1(c)
 - 4.5.5. Plan F - If the Regatta Chair, Chief Umpire, and ISSA Representative deem that it is unmanageable to complete the Qualifying Round in the time allotted, then the regatta reverts back to the results through Race #30. At that point each school will have sailed against each of the five other schools in their predetermined divisions. Schools will be ranked 1st through 6th within each division, and one of the following Sail-off Options will be followed:
 - 4.5.5.1. Option 1: The top two schools in each division will sail a Final Four Round (single or double round-robin as time allows). If time allows, additional round robins may be sailed to determine places 5-8 and 9-12.
 - 4.5.5.2. Option 2: The top school from each division will sail off for first and second place, and then the second-place school in each division will sail off for third and fourth place. These sail-offs will be the first to win two races. If time allows other races to determine places 5-12 may then be scheduled.
 - 4.5.5.3. Option 3: If time and conditions do not permit any more races, the top school in each division will tie for the Championship and the second-place team from each division will tie for third place. This changes PR 11.1.
 - 4.6.6 Plan G - If the Qualifying Round has not reached race #30 and no other equitable format has been able to be completed by the end of the time limit, then the regatta is discontinued and there will be no champion for 2026.
 - 4.6.7 Divisions: For the purposes of establishing divisions for a qualifying round, the following divisions have been established:

A Division SAISA #1 - Ransom Everglades PCISA #2 - San Marcos NESSA #1 - St. George	B Division: SAISA #2 - Gulliver PCISA #1 - Point Loma NESSA #2 - Tabor
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MASSA #2 - Christchurch MISSA #2 - Arrowhead NWISA #1 - Bainbridge	MASSA #1 - Severn SEISA #1 - Jesuit High School MISSA #1 - Jones College Prep
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5. COURSES AND MARKS:

- 5.1. Courses will be in accordance with ISSA PR Appendix 10 (Digital N Course)
- 5.2. Rounding marks will be yellow cylinders. Start and finish pins will be orange cylinders.

6. START/FINISH AND SIGNALS:

- 6.1. Races will start in accordance with ISSA PR 7.9.
- 6.2. ISSA PR 7.9(c) shall not apply.
- 6.3. The start/finish line will be between a flag on the race committee boat and a mark. The start flag will be orange. The finish flag will be blue.

7. BOATS and BREAKDOWNS:

- 7.1. Boats will be sailed as provided. Except that mainsheet purchase may be adjusted to 3:1 or 4:1.
- 7.2. Competitors are responsible for inspecting their assigned boats before each race for possible breakdowns and missing equipment.
- 7.3. Competitors shall report any damage, breakdown, or loss of equipment, however slight, to the regatta representative managing rotations on the changing dock immediately upon arriving on shore and to the race committee finish-boat on the water immediately after all boats in their race have finished. Compliance with this instruction is required regardless of whether a scoring change for a breakdown is being requested. Failure to make this report will be subject to such penalty as the protest committee may impose, including loss of one or more race wins. [DP]
- 7.4. Requests for redress shall be filed in the same manner, with the same reporting rules, as protests.
- 7.5. Rule D5.2 is changed as follows, “displaying a red flag” is changed to “displaying a red flag and/or hailing ‘breakdown’”.
- 7.6. Rule D5 applies to breakdowns. However, rules D5.3 and D5.4 are changed as follows – in each, “race committee” is changed to “protest committee.”
- 7.7. Breakdowns shall be scored in accordance with ISSA PR 11.2. Compensation shall be consistent with ISSA PR Appendix 5.

8. PROTESTS:

- 8.1. Umpires may use a solid green flag in lieu of a green and white flag, and may use a solid black flag in lieu of a black and white flag.
- 8.2. For protests not involving a rule listed in rule D2.2, competitors shall inform an umpire or the race committee at the finish or at the first opportunity prior to rotating boats or going ashore.
- 8.3. The protest time limit is 15 minutes from the time the team rotates out of boats.
- 8.4. Should a redress, or scoring change hearing be necessary ashore, the time, place and nature of the hearings will be posted on the Official Notice Board no later than 30 minutes after the race committee signal boat docks.
- 8.5. Video, data and/or photographs taken from any source shall not be presented by the competitors as evidence at protest hearings. This changes RRS 63.4.

9. SCORING: Scoring will be in accordance with ISSA PR 11.

10. SAFETY:

- 10.1. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore. [NP]

10.2. The race committee or umpires may request a boat to retire from the race at any time should their safety be in question.

11. SPONSOR:

This event is being supported by the soft drink Cheerwine and Rooster!



