



2026 Downeast Championships

May 16, 2026

**New England Scholastic Sailing Association
Maine Maritime Academy**

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the ISSA Procedural Rules, The Racing Rules of Sailing 2025-2028, and by the Sailing Instructions. Anything written in the Sailing Instructions shall carry more weight than other rules.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the "Official Notice Board" near the entrance of the garage bay.

3 BOATS

3.1 420's will be provided to all competitors.

3.2 All standing rigging will be preset before the regatta to make the boats as evenly matched as possible. Standing rigging shall not be adjusted or modified without authority of the Race Committee.

3.3 The tension of the top full batten may not be adjusted.

3.4 The penalty for not complying with 3.2 and 3.3 above will be disqualification from all races sailed in which the instruction was broken.

4 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted in the morning on the Official Notice Board prior to the launches departing for the floats.

5 SCHEDULE OF RACES

Saturday May 17

1030 Competitors' meeting

1100 Launches depart Waterfront w/ sailors

1145 First Warning Signal

1645 No starts after this time

6 RACING AREA

The racing area will be in Smith Cove. Competitors must avoid the restricted areas described at the competitors' meeting.

7 COURSES

Courses will be presented at the competitors' meeting. The committee boat will notify competitors of the course to be sailed prior to start of each sequence.

8 MARKS

The windward, offset, leeward, and jibe marks will be inflated balls. The pin will be a yellow cylinder.

9 THE START

9.1 Races will be started using RRS Appendix U – Audible Signal Racing System (US SAILING Prescription) The sound signal will be a horn.

9.2 The starting line shall be a fixed flag on the committee boat, and a yellow cylinder at the pin end.

10 RECALLS

10.1 Individual recalls will be hailed by sail number from the RC boat. The RC also intends to display the X flag and sound a single blast for individual recalls (RRS 29.1) Responsibility to start correctly lies with each competitor. Failure to hear the hail from the RC shall not be grounds for redress.

10.2 Following a General recall, the Race Committee may fly an I Flag invoking RRS 30.1 (Round the ends rule) There will be no "Automatic I flag" rule in effect.

10.3 Following multiple General recalls, the Race Committee may fly a black flag invoking RRS 30.4 (Automatic DSQ if over early within one minute of start)

11 THE FINISH

The finish line may be the same as the start line, or it may be at the top of course between the windward mark and the offset mark.

12 PROTESTS

12.1 Protests shall be written on forms available on the rotation float and delivered to the protest officer immediately following the set in which the race in question was sailed.

12.2 Protests, including the sail number being protested, must be reported to the Race Committee immediately after finishing the race in question.

12.3 The jury will hear protests in the approximate order of receipt, beginning as soon as possible after the protests have been received.

13 BOAT ASSIGNMENTS AND ROTATION – Tech Score and posted on Regatta Notice Board

14 COACHING - Coaching shall be done in between sets, from the floats only. Launches are for spectating only.