

2026 GOLDEN BEAR REGATTA

February 21-22, 2026

SAILING INSTRUCTIONS

VENUE: Encinal Yacht Club – Alameda Estuary
ORGANIZING AUTHORITY: Pacific Coast Interscholastic Sailing Association

1. RULES

The regatta will be governed by the rules as defined by *The Racing Rules of Sailing*, the prescriptions of US SAILING, the ISSA Procedural Rules (as modified by PCISA), the rules of the CFJ Class (except as any of these are altered by the Sailing Instructions, or the ISSA Procedural Rules), the Notice of Race, and by these Sailing Instructions.

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located at the Encinal Yacht Club (EYC) or made orally to all competitors on the water.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than ½ hour after the start of the competitor's meeting on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

4. ROTATION

4.1 Boats will be rotated between races. The rotation schedule will be posted on TechScore.

4.2 Rotations will be made on the EYC floating docks unless otherwise specified at the competitors' meeting, or on the water.

5. BOATS & SAILS

5.1 All boats need to be inspected by a designated regatta representative before launching or racing. All teams will be responsible for rigging and unrigging the boat that they sail in the first rotation of the regatta each evening and morning. In most cases this will be the boat that was brought, borrowed or chartered for the regatta. Failure to properly care for boats and/or sails may subject a team to protest under this SI.

5.2 Each team will be issued a set of PCISA sails and jib sheets. Teams will be responsible for their originally issued set of sails and jib sheets and for returning those items at the end of racing on Sunday. Final race results will not be posted until all sets of sails have been returned. Sails should be clean, dry (if possible), and rolled carefully on a clean surface (not on blacktop), and placed in their bags (unless otherwise instructed). Sails **MUST BE STORED INSIDE** the boat they are assigned to during the night on Saturday unless specific other instructions are given by the Race Committee.

6. COMPETITORS' MEETINGS

MANDATORY Competitors' meetings will be held on Saturday, February 22 at 10:30am and on Sunday, February 23 at 10:00am.

7. SCHEDULE OF EVENTS (all times approximate and subject to change)

Saturday, February 21, 2026	Sunday, February 22, 2026
9:00-10:30am Check-in and Boat Inspection	9:30am PCISA Annual Meeting
10:30am Competitors Meeting (Mandatory)	10:00am Competitors Meeting (Mandatory)
11:30am Racing begins	11:00 am Racing Begins
Lunch is served to all sailors	Lunch is served to all sailors
There is no designated end time for racing on Saturday	3:30pm No Warning Signal after this time
	As Soon After Racing as Possible Awards Ceremony

8. RACING AREA

The Racing Area will be in the Alameda Estuary, with rotations made from the “U”-shaped area of the EYC floating docks only, unless otherwise specified by the RC. Coaches and spectators can view the racing from EYC’s docks and from a grassy park just south of EYC’s boatyard (there is a walking path from the parking lots behind the EYC sheds).

9. THE COURSE

9.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 The number of the course to be sailed will be hailed and/or displayed from the Race Committee boat.

10. MARKS

The description of the marks and buoys will be given at the Mandatory Competitors meeting.

11. START/FINISH

11.1 Races will be started in accordance with RRS Rule Appendix U.

11.2 The start line will be between a staff displaying an orange flag on the Race Committee signal boat and a mark, or a staff displaying an orange flag in/on a 2nd Race Committee boat. The finish line will be between a staff displaying a blue flag on a Race Committee boat and a colored buoy. The start and finish lines will be sighted from the course side of all marks.

11.3 No Warning Signal for a race will be given after 15:30 on Sunday.

12. INDIVIDUAL RECALL

The Race Committee may attempt to hail a boat’s sail number; however, it is the responsibility of each boat to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting

redress. Code Flag 'X' shall be used (No Sound Signal) to signal any individual recalls. This modifies Appendix U4 (ISSA PR 7.9 (b)).

13. GENERAL RECALLS

A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules the "Round-the-Ends" provisions of RRS 30.1 shall then apply to all subsequent starting sequences for that race, without the need for any signal to be given (ISSA PR 7.9 (c)). The three-minute starting sequence signal will begin soon after. Flag I need not be displayed. This modifies RRS 30.1 (ISSA PR 7.9 (c)).

14. RETIREMENT

A boat that retires from a race shall notify a Race Committee boat before leaving the race area. If that is impossible, then immediately after arriving ashore, the competitor shall notify a regatta representative.

15. ALTERNATIVE PENALTIES

RRS 44.1 and 44.2 are in effect.

16. PROTESTS

Protests must be filed in writing within 20 minutes after the last boat reaches the dock for each rotation. Protests will be heard at EYC and may be heard between rotations or as soon as possible after racing.

17. SCORING

Scoring will be in accordance with ISSA Procedural Rule 9.

18. BREAKDOWNS

Breakdowns will be in accordance with ISSA Procedural Rule 9(e) and Appendix 3.

19. COACHING

19.1 All coaching, crew rotation, exchange of clothing/food/drink and communication shall only occur on docks at EYC. Coaches are not allowed on the water.

19.2 Spectator boats are discouraged, given the confined racing area and excellent land-based viewing. Any spectator boats must be anchored at least 100 feet outside the perimeter of the race course to avoid creating wake, and spectators shall have no contact with any competitor except when rendering assistance under RRS Rule 1.1, or as instructed by the Race Committee.

20. PARTICIPATION

20.1 With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission of the Race Committee, is subject to disciplinary actions by the PCISA.

20.2 Unless competing or serving on or for the Race Committee, no competitor shall be on the water.

21. TROPHIES

Trophies will be awarded to teams placing 1st, 2nd, and 3rd in Gold and Silver fleet.

Attachment A

