

**GOLD**  
**2026 PCISA Pacific Coast Championship**  
**For the William Wakeman Trophy**  
US Sailing Center – Long Beach, CA  
May 2-3, 2026

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the current ISSA Procedural Rules (as modified by the PCISA District Rules).
- 1.2 The Organizing Authority (OA) is the Pacific Coast Interscholastic Sailing Association (PCISA) in conjunction with the US Sailing Center – Long Beach, CA (USSCLB).

**2. COMMUNICATION WITH COMPETITORS**

- 2.1 A Competitor's Meeting will be held outside at the USSCLB at 1000 hours on Saturday, May 2<sup>nd</sup>.
- 2.2 Official notices will be posted on the official regatta notice board located on Techscore.
- 2.3 Any changes to the Sailing Instructions will be posted by 1015 on the day they are to take effect, except any change to Sailing Instruction 3: Schedule of Races will be posted by 1930 the day before it takes effect.

**3. SCHEDULE OF RACES**

- 3.1 The regatta format will be a single round robin as per ISSA PR 7.4.
- 3.2 The scheduled time of the first warning signal is 1130 hours on Saturday, May 2<sup>nd</sup> and 1100 hours on Sunday, May 3<sup>rd</sup>. There will be no warning signal after 1530 hours on Sunday, May 3<sup>rd</sup>.

**4. BOATS & SAILS**

- 4.1 Each Team will be provided a complete CFJ Class Legal Boat. The teams will enter these boats in the rotation and sail these boats in all races per the rotation.
- 4.2 Each boat is required to use the sails supplied by PCISA.
- 4.3 Competitors shall report all loss or damage to equipment, however slight, to the race committee signal boat on the water or the race committee representative on shore at the first reasonable opportunity.
- 4.4 Each team is responsible for rigging the boat they are to sail each morning and THOROUGHLY inspecting the boat at the earliest possibility.

**5. ROTATIONS**

Boat assignments will be in accordance with the rotation posted on Techscore. [scores.hssailing.org](https://scores.hssailing.org)

**6. RACING AREA**

The racing area will be announced at the competitors' meeting. All boats will launch from and return to the USSCLB each day. The race committee may move the course by verbally notifying all competitors on the water.

**7. COURSES & MARKS**

- 7.1 The courses are described in Illustration A.
- 7.2 No later than the warning signal, courses will be announced from the race committee signal boat.
- 7.3 Marks of the course will be inflatable-colored buoys.
- 7.4 Leeward Marks can be gates. If there are two leeward marks, treat them as a gate. If only one leeward mark is present, it should be rounded to port.

**8. THE START**

Starting System - RRS Appendix U - Sound-Signal Starting System (US SAILING Prescription) shall be used as changed in SI 9.1 below. The start line will be between a staff displaying a solid-colored flag or shape on the race committee signal boat at the Starboard end of the line and an inflatable mark or a pin with a flag at the Port end of the line. This pin/flag may be on a 2<sup>nd</sup> race committee boat at the Port end of the line.

## 9.1 RECALLS

Individual Recall - When, at a boat's starting signal, any part of her hull, crew, or equipment is on the course side of the starting line, or she must comply with RRS 30.1, the race committee shall promptly display Code Flag X (or a designated flag or device). The flag shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions and have complied with RRS 30.1, if it applies, but not later than two minutes after the starting signal, whichever is earlier. The race committee may also attempt to notify individual boats by hailing their sail numbers. However, it is each boat's responsibility to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting redress. (Changes RRS 29.1 and U4-5).

9.2 General Recall – The race committee may signal a general recall by multiple sounds and the hail of “general recall” and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule) shall apply, and no signal need be given. (Changes RRS 30.1)

## 10. THE FINISH

The finish line will be between a staff displaying a flag or shape on a race committee boat and an inflatable buoy or a flag on a Race Committee boat.

## 11. TIME LIMITS

If a boat is delaying the finish of a race or the rotation, the race committee may end the race and score the boat in its current position.

## 12. PROTESTS AND REQUESTS FOR REDRESS

12.1 Protests and requests for redress shall be written on protest forms supplied by the OA. Protest forms are available from the race committee representative on shore. Protests shall be filed with the race committee representative on shore within 30 minutes of the last boat reaching the dock after the racing each day. This may change ISSA PR 15.

12.2 Protests will be handled in accordance with ISSA Procedural Rules. The Jury may hear protests between races on the water or in a designated location determined by the race committee.

## 13. COACHING

13.1 All Coaching shall be done from the beach. If on the water coaching becomes necessary and is announced by the RC it shall be done only from **Authorized Coach and/or Alternate Boats** as designated by the OA. Coach boats shall stay well clear of the racing area while boats are racing.

13.2 Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1, or as instructed by the race committee.

## 14. PARTICIPATION

14.1 With the exception of RRS Rule 4, each school shall compete in all scheduled races, or if unable to compete, shall take care of their assigned boat(s). Any school breaking this rule, without permission of the race committee, is subject to severe disciplinary actions by the Race Committee and/or PCISA.

14.2 Unless competing, no competitor shall be on the water except on the designated *Alternate Boats* except for brief periods on RC or Coach Boats while being substituted.

## 15. SAFETY

15.1 Competitors who require assistance from rescue boats should signify by waving open hands overhead.

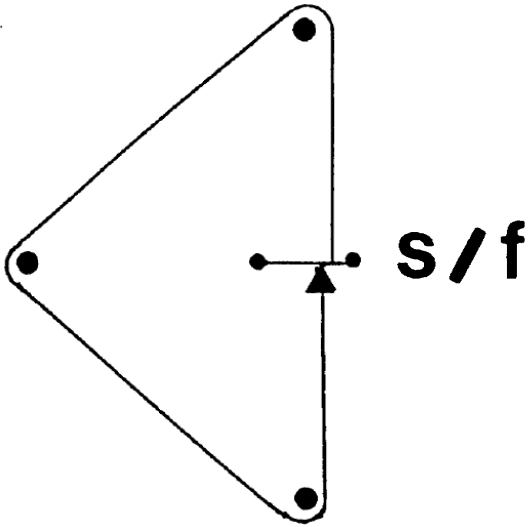
15.2 A competitor who retires from a race shall notify the race committee as soon as possible.

## 16. RIGHT OF APPEAL

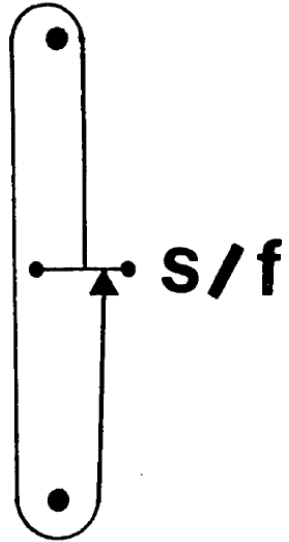
Pursuant to RRS 70.3(b) in accordance with ISSA Procedural Rule 18 there shall be no appeal of decisions of the Protest Committee or Judges at this event.

# Illustration A

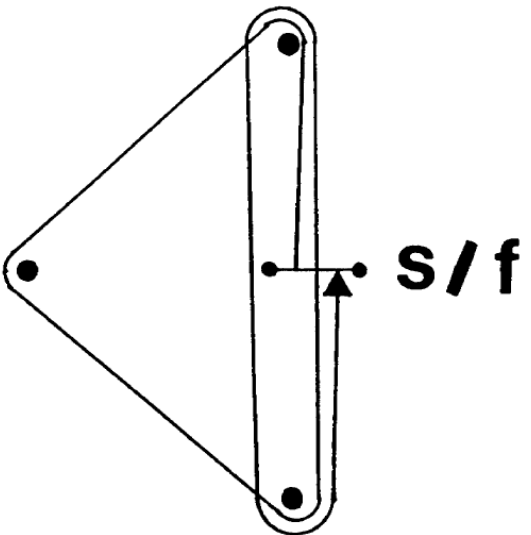
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