



IL State Championship

Tier 2

Saturday, May 16, 2026

Hosted by Sheridan Shore Sailing School

20 Harbor Drive, Wilmette, IL

1. RULES

1.1 This regatta is governed by the following documents:

- (a) The Racing Rules of Sailing 2025-2028 (RRS);
 - (b) The prescriptions of US Sailing;
 - (c) The Procedural Rules of the Interscholastic Sailing Association (ISSA PR);
 - (d) The Bylaws and District Rules of the Midwest Interscholastic Sailing Association (MISSA);
 - (e) The Notice of Race;
 - (f) These Sailing Instructions;
- and any amendments thereto.

1.2 In the event of a conflict between the governing documents, these Sailing Instructions will take precedence.

1.3 The Organizing Authority is Midwest Interscholastic Sailing Association (MISSA). The Host Organization is Sheridan Shore Sailing School. In accordance with Rule 70.3(b) and ISSA PR 18, the decisions of the protest committee are final. US Sailing Permission has been granted.

1.4 **RRS 60.4(a)(2) is changed** as follows: "(2) if it alleges a breach of a rule of Part 2 or Rule 31 and is from a boat that was not involved in, and did not see, the incident"

2. OFFICIAL NOTICE BOARD AND COMMUNICATIONS

2.1 The Official Notice Board for this event is located at scores.hssailing.org. Courtesy notices may also be posted on Clubspot.

2.2 Any changes to these Sailing Instructions will be posted on the Official Notice Board before 0900 on the day the change takes effect.

2.3 Changes to the Sailing Instructions may be made on the water in accordance with RRS 90.2(c) by hailing competitors, flying Code Flag "L", and relaying the change via VHF to coaches and support personnel. Changes affecting future races will be posted once ashore.

2.4 The Race Committee will make courtesy broadcasts on a VHF channel as listed in the Supplemental Sailing Instructions and shared at the Competitors' meeting. All coaches shall carry a VHF radio capable of communicating on US Marine frequencies.

2.5 [NP] Errors and omissions in courtesy broadcasts are not grounds for a request for redress. **This changes RRS 61.1(a) and 61.4(b)(1).**

3. SIGNALS MADE ASHORE

3.1 Signals made ashore will be verbally announced.

3.2 When flag AP is displayed ashore, "1-minute" is replaced with "not less than 30 minutes" in Race Signal AP.

4. SCHEDULE OF RACES

4.1 The schedule for each race day is as follows:

Saturday, May 16, 2026

0830 - Check in/Registration/Rigging of boats.

0900 - Competitor's Meeting.

0930 - First warning, with racing for the remainder of the day.

5. RACING AREA

5.1 The racing area will be the open waters of Lake Michigan generally near Wilmette Harbor, as designated by the Race Committee. The approximate course location will be shared at the Competitors' Meeting.

6. COURSES

6.1 The diagram(s) with the course will be available at the Competitor's meeting on Saturday morning and TechScore.

6.2 The race committee may designate course selection orally and/or from a whiteboard located on the race committee boat.

6.3. In accordance with ISSA PR 7.8(c), after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. ***This changes RRS 33.***

7. MARKS

7.1 Marks will be red and yellow inflatable buoys.

8. THE START

8.1 The starting line is between a staff displaying an orange flag on the Race Committee boat at the starboard end and a yellow inflatable buoy at the port end.

8.2 The starting sequence shall be a 3-minute dinghy start per RRS Appendix U.

8.3 Individual Recalls for 420s will be made in accordance with ISSA PR 7.9(b). The Race Committee will attempt to hail the sail number(s) of the boat(s) identified. Failure to hear a hail is not grounds for redress.

8.4 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. ***This changes RRS A5.1 and A5.2.***

9. THE FINISH

9.1 The finish line is between a staff displaying a blue flag on the Race Committee boat at the starboard end and a yellow mark at the port end of the finish line.

10. HEARING REQUESTS

10.1 The protest time limit is 30 minutes after the Race Committee's dockside time following the last race of the day.

10.2 Protest forms are available in the clipboard marked "Protest Forms" on a chair outside the sailing school classroom that is located on the water level of the Wilmette Harbor Club building.

11. SCORING

11.1 A minimum of three (3) races in each division are required to be completed to constitute a series.

11.2 A team's series score shall be the total of their race scores per ISSA PR 9.

12. EQUIPMENT AND SAFETY

12.1. Competitors must provide their dry suits and have them on hand at the venue on each day of racing. The host may require dry suits to be worn by all competitors, this will be announced on each day of racing.

12.2. A competitor's failure to wear a dry suit while racing on a day where dry suits are required by the host will be scored DSQ by the RC without a hearing. ***This changes RRS 63.1.***

12.3 All competitors must wear a Coast Guard-approved personal flotation device (PFD) at all times while on the water.

12.4 [DP] Competitors, Coaches, and support persons shall comply with reasonable requests from race officials.

12.5 Breakdown requests shall be filed in the same manner as protests. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 5.

13. COACHING

13.1 It is the responsibility of coaches to know the limits of their competitors and to withdraw competitors from racing if conditions exceed those limits.

13.2 Coaches must stay clear of the racing area unless assisting competitors. Coaching should take place to leeward of the start line.

13.3 On the water safety: Coaches or support staff are to operate above an idle speed within 100 feet of competitors in sailboats, or in the surrounding course area, unless responding to an emergency situation. The start, finish, and rotation areas all are no-wake zones. Coaches not adhering to this will be required to anchor for the remainder of the regatta, or leave the racing area

13.4 All coaches and support staff are required to wear an ECOS (Engine Cut Off System) device and a personal flotation device (PFD) at all times while operating a powerboat.

13.5 Coaches and support staff are required to follow Coast Guard legal capacity while operating their coach boats or support boats. Vessels not operating within legal capacity will be required to leave the race area.

14. OFFICIAL NOTICE FOR ALL TEAMS

14.1 Sheridan Shore Sailing School, Wilmette Harbor Club, Metropolitan Water Reclamation District, and their officers, members, employees, and Race Committee assume and accept no responsibility for property damage to any boat or personal injury to any skipper, crew, or friends incurred while participating in this regatta, including pre- and post-race activities. It is the responsibility of the skipper, along with his/her coach, advisor, and/or parent(s) to assess the condition of his/her boat, whether or not he/she owns said boat, and its suitability for the weather expected during the race, and to decide whether to start or continue any race.

15. REGATTA CONTACTS

Katie Tinder, Executive Director

Sheridan Shore Sailing School

651-491-9994 / katie@sheridanshore.org

Grace Goszkowicz, Assistant Youth Program Manager

Sheridan Shore Sailing School

231-215-1903 / grace@sheridanshore.org