

# NYISA SE Team Race League Qualifier

MASSA is the Organizing Authority

Hosted by

Larchmont Yacht Club

April 12, 2025

## SAILING INSTRUCTIONS

### **1 RULES**

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*, including Appendix D and the *Interscholastic Sailing Association Procedural Rules (ISSA PR)*.

1.2 The red flag requirement in RRS 60.2(a)1 and RRS D2.2(a) is modified as follows:  
RRS D2.2(a) is changed by replacing the phrase “display a red flag” with “conspicuously display a raised open hand.”

### **2 NOTICES TO COMPETITORS**

Notices will be announced orally to coaches and when possible, competitors.

### **3 CHANGES IN SAILING INSTRUCTIONS**

Any changes in the sailing instructions will be announced orally.

### **4 SCHEDULE OF EVENTS**

#### **Saturday**

Report Time (LYC Junior Building)	1200
Competitors' Meeting	1210
First Warning	1300 (approx.)

### **5 FORMAT**

5.1 The format will be determined by the regatta chair depending on time and conditions. The preferred format is as follows:

5.2 A double round robin will be preferred.

5.3 If above is not possible in the allotted time, an alternate format will be announced by the regatta chair to provide maximum racing.

5.4 Scoring is in accordance with *ISSA PR 11*.

### **6 BOATS & EQUIPMENT**

6.1 Z420s will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2 The standing rigging shall not be adjusted.

6.3 The penalty for infringing instruction 6.1 and/or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.

6.5 Breakdowns will be decided using *RRS D5* and *ISSA PR Appendix 5*.

### **7 ROTATION**

The rotation of boats will be in accordance with the provided rotation online. Rotations will occur from the Z420 dock unless otherwise directed.

### **8 MARKS**

All marks will be red, orange, or white balls.

### **9 COURSES**

9.1 The Digital “N” course will be used as illustrated in *ISSA PR Appendix 10*.

9.2 The starting and finishing lines will be between a boat with a staff from which an orange flag is displayed and a nearby mark.

### **10 STARTING SYSTEM**

Races will be started in accordance with *RRS Appendix U* and *ISSA PR 7.9*.

### **11 RECALLS**

11.1 Recalls will be signaled in accordance with *ISSA PR 7.9(b)*.

### **12 PROTESTS & UMPIRING**

12.1 When possible, umpiring will be provided in accordance with *ISSA PR Appendix 7*, except as modified below.

12.2 Coaches may be asked to umpire races. To remove bias or the potential for bias, in the case of a disagreement between coaches, a BLACK AND WHITE flag will be flown.

12.2 Protests will be heard by two separate coaches than those who initially saw the incident in a THREE MINUTE JUSTICE format as follows:

12.3 Each competitor shall be given 1 minute to describe the scenario, the coaches hearing the protest shall have 1 minute to deliberate.

12.4 Whenever possible, protests shall be heard between races.

### **13 SCORING**

*ISSA PR 11* will apply.

### **14 SAFETY**

14.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2 Starts will not be delayed to accommodate capsized boats.

14.3 The RC reserves the right to require any competitor to retire from racing for safety reasons.

14.4 Un-seamanlike, unsafe, and/or reckless boathandling that damages and/or risks damage to boats and/or endangers competitors and/or spectators will be grounds for disqualification and removal from the event.

### **15 COACHING**

*ISSA PR 8* shall apply.