



Sailing Instructions

2025 FWBC Cowtown Cattleman's Cup Regatta

Hosted by:

Nolan Catholic High School Sailing Team
and the Fort Worth Boat Club

10000 Boat Club Road, Fort Worth Texas

May 17, 2025

Posted: May 10, 2025

1. Rules:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing (RRS), the Prescriptions of US Sailing, the ISSA Procedural Rules, The SEISA District & West League Rules, this Notice of Race and the Sailing Instructions.
- 1.2. The Organizing Authority (OA) is the Fort Worth Boat Club and Nolan Catholic High School Sailing Team, in conjunction with SEISA.

2. Notice to Competitors:

Official notices including changes to sailing instructions will be posted on the Official Notices Board located outside the Doggie Room. Changes to the sailing instructions may be made on the water.

3. Schedule:

Saturday, May 17, 2025:

- | | |
|------|--|
| 0830 | Check in / rigging – FWBC Doggie Room |
| 0915 | Mandatory Competitors Meeting – FWBC Doggie Room |
| 1030 | First warning signal |
| 1700 | No warning signal will be given after this time |

4. Courses and Marks:

- 4.1. The course will be L2 as illustrated in SI 15. (This is the ISSA LA2 course without the 1A Mark.)
- 4.2. The Windward Mark will be a Yellow tetrahedron, Gates will be a Yellow tetrahedron. The start / finish mark will be a red or orange sphere.
- 4.3. After the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. Orange Tetrahedron will be used for change of course.
- 4.4. In accordance with ISSA PR 7.8(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

5. Start, Finish, and Recalls:

- 5.1. Races will start in accordance with ISSA PR 7.9.
- 5.2. Individual recalls will be made in accordance with RRS Appendix U4.
- 5.3. General recalls will be signaled by a series of short whistles or horn blasts. After a general recall, Rule 30.1 (I Flag Rule), the round the ends provision shall apply to that race except Flag I need not be displayed in accordance with ISSA PR 7.8(a) (Changes RRS 30.1)
- 5.4. The starting/finish line will be between a staff displaying an orange flag on the RC signal boat and the course side of the starting mark (a red or orange sphere).
- 5.5. Race Committee will be on Channel 68.

6. Breakdowns:

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

7. Protests:

- 7.1. Protest procedures will be in accordance with ISSA PR Part VI.
- 7.2. Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8. Scoring:

- 8.1. Scoring will be in accordance with ISSA PR 9.

9. Coaching:

- 9.1. Competitors may receive coaching, including instructions, assistance, equipment or sustenance, only while on shore or in a designated coach area after they swapped boats.

10. Safety:

- 10.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets and buoyancy aids are not permitted.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. Format:

11.1. This regatta will have 1 fleet, sailed and scored together.

12. Trophies:

12.1. 1st, 2nd will be awarded.

13. Waiver of Liability:

13.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent of permitted by law.

14. Rights to use name and likeness:

14.1. By participating in this even, competitors automatically grant to the Organizing Authority and the event sponsors, the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

15. Course Diagram:

Course	Mark Rounding Order
WA2	Start-1-1a-2s/2p-Upwind Finish
LA2	Start-1-1a-2s/2p-1-1a-Downwind Finish
WA3	Start-1-1a-2s/2p-1-1a-2s/2p-Upwind Finish



