Fairfield County Sailing League
2025 Match Racing Championship

NOROTON YACHT CLUB
23 Baywater Drive, Darien CT 06820
Wednesday, May 14th, 2025

SAILING INSTRUCTIONS

1. RULES:
1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the Interscholastic Sailing Association ("ISSA") Procedural Rules ("PRs"), and the Scholastic Dinghy Class Rules, all as modified by both the Notice of Race ("NoR") and these Sailing Instructions ("SIs")
1.2. In the event of a conflict between the NoR and the SIs, the SIs shall apply.

2. CHANGES TO THE SAILING INSTRUCTIONS: Any change(s) to the Sailing Instructions will be announced orally by the PRO before the first race they are to take effect.

3. BOATS:
3.1. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee Finish Boat on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

4. SUBSTITUTIONS:
4.1. There shall be no restrictions on substitutions of sailors between races, except that once a sailors participates in a race for one team, that sailor may not sail for any other team in the regatta
4.2. Teams may not switch skippers while racing

5. COURSES AND MARKS: Shall be described at the Sailors' Meeting. The *intention* of the Race Committee ("RC") shall be to primarily use the course depicted in Appendix A.

6. CHANGE OF COURSE AFTER THE START: Any mark of the course may be moved in accordance with PR 7.8(c).

7. STARTING AND FINISHING:
7.1. Races shall be started using the 3 minute sequence sound signal system described in RRS Appendix U.
7.2. The 2 minute sound signal of the starting sequence shall be considered the time at which the boats' preparatory signal is displayed, regardless of whether a flag is in fact displayed at that time.
7.3. At a boat's preparatory signal, her hull shall be completely outside the line that is at a 90º angle to the starting line through the starting mark at her assigned end. In the pairing list, the boat listed on the left-hand side is assigned the port end and shall conspicuously display a blue flag while racing. The other boat is assigned the starboard end and shall conspicuously display a yellow flag while racing.
7.4. Within the thirty second period following a boat's preparatory signal, her hull shall cross and clear the starting line, the first time from the course side to the pre-start side.
7.5. The starting and finishing line shall be described at the Sailor's Meeting

8. PROHIBITED ITEMS AND ACTIONS:
8.1. Except in an emergency or in order to prevent damage or injury, or when directed or authorized by an umpire, the following are prohibited:
    8.1.1. Any additions, omissions or alterations to the equipment supplied, including the addition of lines, blocks, or other hardware to the boats.

8.1.2. The use of any equipment for a purpose other than that intended or specifically permitted.

8.1.3. The replacement of any equipment without the sanction of the RC.

8.1.4. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.

8.1.5. Moving equipment from its normal stowage position except when being used.

8.1.6. Adjusting or altering the tension of standing rigging,

8.1.7. Using the any spar or pole to wing out the foresail.

8.1.8. Marking directly on the hull, deck, spars or rigging with permanent ink.

8.1.9. **Anything else described by the Event Chair and/or Noroton Yacht Club staff during the Sailor's Meeting.**

9. **REGATTA CONTACTS/REGATTA CHAIRS:**
   Meg Leary – DARIEN HIGH SCHOOL– Event Chair   mleary2020@gmail.com   (203) 219-6606
   Stokes Carrigan - GREENS FARMS ACADEMY - FCSL Rep   scarrigan@gfacademy.org   (610) 246-1706

APPENDIX A: Image of <u>Intended</u> Course

(In the event that there is only one mark in the vicinity of 2s/2p, it shall be rounded to starboard)

M	COURSE: WINDWARD / LEEWARD for match racing	
Signal	**Mark Rounding Order**	
M2	Start – 1 – 2s/2p – 1 – Finish	
M3	Start – 1 – 2s/2p – 1 – 2s/2p – 1 – Finish	