



**NWISA Combined Division Regatta
April 6-7, 2024
Seattle, WA**

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the Racing Rules of Sailing for 2021-2024, the prescriptions of US SAILING, the ISSA Procedural Rules, the NWISA District Rules, the Notice of Race, and the Sailing Instructions.
- 1.2. The US Sailing prescriptions to 63.2 are deleted and will not apply.
- 1.3. Under rule 70.5(a), the right of appeal is denied.
- 1.4. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect.
- 1.5. CFJ class rules will not apply.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices including changes to sailing instructions will be posted on the official notice board located on the Sail Sand Point office door.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore shall be displayed from the SSP flagpole or a race committee boat at the dock.
- 4.2. When flag AP is displayed ashore, a warning signal shall not follow within 20 minutes of its removal.

5. BOATS AND FORMAT:

- 5.1. This regatta will be sailed in CFJs
- 5.2. SSP will provide 8 CFJs. Additional teams will be asked to bring CFJs as designated by the NWISA Regatta Registration Page. Boats may be stored overnight in the SSP facility.
- 5.3. Active and Mixed teams may sail in the Gold fleet. Multiple teams per school may enter into the Gold Fleet. Teams will be seeded into Gold or Silver fleets depending on performance in past regattas.
- 5.4. The Gold and Silver fleets will follow the combined division format of this regatta. Gold Fleet A and Gold Fleet B will sail at the same time. They will sail two races in their set and then rotate on the Rotation Dock designated below. Silver Fleet A and Silver Fleet B will then sail their two races in their set and then rotate back to Gold Fleet.

6. SCHEDULE:

Saturday, April 6, 2024

0930 Report Time

0945 Rig Boats

1000 Mandatory Coaches Meeting

1015 Mandatory Competitors Meeting

1100 First Warning

Racing will continue throughout the day

Sunday, April 7, 2024

0900 Report time

1000 First Warning

1500 No Warning Signal After

1530 Results and Awards Presentation

7. COURSES AND MARKS:

7.1. The race committee will display the course flag prior to the warning signal and note.

7.1.1. Number 1 flag (white with red dot) – course 1

7.1.2. Number 2 flag (blue with white dot) – course 2

7.1.3. Number 3 flag (vertical red white and blue stripes) – course 3

7.2. Marks will be round either fender-style buoys or inflatable conical and cylindrical race marks that may match the color of the attached course diagram.

7.3. In accordance with *ISSA PR 7.8(c)* after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

7.4. See Course Appendix attached.

8. SHORTENING AND ABANDONING RACES:

8.1. In accordance with *ISSA PR 7.8(d)* races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

9. THE START:

9.1. The start line will be between a staff on the Race Committee Boat displaying an orange flag and an orange buoy.

9.2. Races will start using *RRS US Sailing Prescription Appendix U – Sound Signal Starting System* in accordance with *ISSA PR 7.9(a)*.

9.3. Individual recalls will be made in accordance with *ISSA PR 7.9b/ICSA PR 18b)ii*.

9.4. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of *RRS 30.1* shall automatically apply. The I-Flag need not be displayed in accordance with *ISSA PR 7.9(c)* (Changes *RRS 30.1*).

9.5. The Race Committee will attempt to hail boats that are over early. This is only a courtesy. The order, promptness, and/or volume of individual recalls shall not be grounds for redress.

10. FINISH AND RECALLS:

10.1. The finish line will also be between a Race Committee boat displaying an orange flag and an orange buoy.

10.2. The race officer may, if there is a clear order among boats that fail to finish within a timely manner, choose to finish those remaining boats in place. This changes *RRS Rule 35*.

10.3. After finishing the final race of a set, competitors shall sail directly to the rotation dock to switch pairs.

11. BREAKDOWNS:

- 11.1. Breakdown requests shall be filed in the same manner as protests.
- 11.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.
- 11.3. If boats and/or gear are damaged, the Race Committee shall be notified as soon as possible after the damage occurred. Damage to boats or equipment will be handled per the NWISA District Rules.

12. PROTESTS:

- 12.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 12.2. Protest forms/written submission is required for a valid protest and will be submitted to the Regatta Chair at the soonest possible opportunity.
- 12.3. Protest forms are available at the registration table. Completed protest forms shall be delivered to the SSP main office within the protest time limit.
- 12.4. The protest time limit for each fleet is 30 mins after the last competitor in the respective fleet arrives back at the dock after each day's racing.
- 12.5. Competitors seeking redress and/or reporting a breakdown should follow the same protest procedure and notify the race committee or a support boat as soon as possible. If possible, they should attempt to finish the race(s).
- 12.6. Three minute justice will be held after protests have been filed.

13. SCORING:

- 13.1. Scoring will be in accordance with ISSA PR 9.

14. TRAVEL AND TRANSPORTATION:

- 14.1. Teams are responsible for their own transportation. The address of the regatta site is: 7861 62nd Ave NE Seattle WA 98115. Directions to the racing venue can be found at <https://www.sailsandpoint.org/about-us/contact/>.

15. COACHING:

- 15.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 15.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

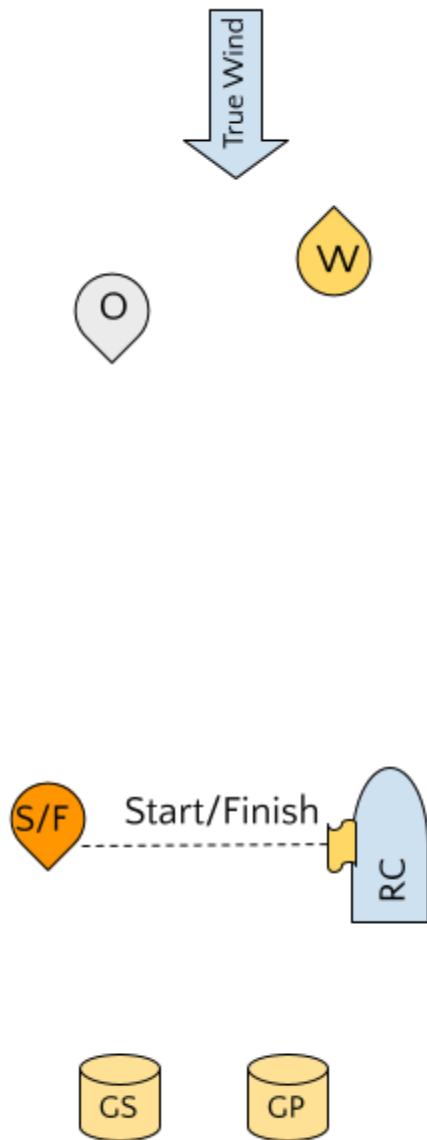
16. SAFETY:

- 16.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 16.2. A boat that requires assistance in order to recover from a capsize shall retire from that race.
- 16.3. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

17. REGATTA CONTACTS:

	Name	Telephone	Email
Regatta Chair:	Nora Gallogly	(206) 525-8782 ext. 103	nora@sailsandpoint.org
NWISA Rep:	Ashley Nelson	(253) 720-9374	sailingdirector@gigharborjuniorsailing.org
NWISA At Large Rep:	Scott Wilson	(360) 303-1759	scottjwilson@gmail.com
SSP Head Coach:	Alec Wade	(206) 525-8782 ext. 104	alec@sailsandpoint.org

Gold and Silver Fleet Course Diagram



GS Rounded to Starboard.
All Other Marks Rounded
to Port.

The Start/Finish Line is
OPEN.

Course 1:

S-W-O*-GS/GP**-F
(Upwind Finish)

Course 2:

S-W-O*-GS/GP**-W-O*-
GS/GP**-F (Upwind Finish)

Course 3:

S-W-O*-GS/GP**-W-O*-
F (Downwind Finish)

*The offset mark is ignored
if not present

**If a gate mark is missing,
the remaining gate mark
shall be rounded to port

**Figures and course not
drawn to scale, all
angles approximate**