

MISSA CENTRAL BAKER QUALIFIER

Lake Forest Sailing

April 20 & 21, 2024

Organizing Authority: Midwest Interscholastic Sailing Association

Tier 2

SAILING INSTRUCTIONS

1. RULES

- 1.1. The event is governed by the rules as defined in: *The Racing Rules of Sailing*, the prescriptions of US Sailing, [The ISSA Procedural Rules](#), The [MISSA Supplemental Rules](#), The Notice of Race (NOR), and these Sailing Instructions (SI). In the event of a conflict between the governing documents and the Sailing Instructions, the Sailing Instructions shall take precedence.
- 1.2. Under RRS 70.5(a), there shall be no appeal of the decision of a protest or request for redress. US Sailing's permission has been granted.
- 1.3. RRS Appendix D applies. Races will be umpired per RRS D2. The umpires will constitute the Protest Committee.
- 1.4. The following rules are changed or removed for this event:
 - 1.4.1. RRS D4.2(b) is changed by SI 7.
 - 1.4.2. ISSA PR 16 through 18 do not apply. See RRS Appendix D for handling protests and hearings.
 - 1.4.3. ISSA PR Appendix 1 does not apply.
- 1.5. The ISSA Championship Conditions can be found at <https://hssailing.org/documents/ISSA-National-Championship-Conditions-040722.pdf> and the Scholastic Dinghy Class Rules can be found at <https://hssailing.org/documents/scholastic-dinghy-class-rules.pdf>.
- 1.6. Electronic devices with GPS or communication functionality are not allowed.

2. NOTICE TO COMPETITORS

- 2.1. Official notices including changes to SIs will be posted on the official notice board online at the [MISSA Central Baker Tech Score 2024 Site](#)
- 2.2. Any change to the Schedule of races will be posted by 2000 on the day before it will take effect.
- 2.3. Changes to SI 7 may be made on the water and will be effective immediately and will be announced to all teams either orally or by radio.

3. BOATS/ DAMAGE/ BOSUN

- 3.1. Club 420s provided by Lake Forest Sailing shall be sailed as provided. No modifications are permitted to running or standing rigging except for the following:
 - 3.1.1. The "max on" of the vang cascade may be shortened by taking up line by tying a new bowline on the primary cascade. Should a team want to tighten the vang "max on" they shall ask permission from the OA or Bosun prior to starting any race. Vang max on or max off will not be grounds for redress.

- 3.2. If boat damage cannot be attributed to a team or teams, the repair costs will be divided evenly between all teams competing. In the event of a collision or damage to a boat, this fee structure will apply: Each half hour to repair is \$100. Repairs are at the discretion of the host club, Lake Forest Sailing.
 - 3.3. BOSUN - The Bosun is part of the Technical Committee, they shall be on the racecourse taking notes on all boat contact, mark contact and report all information to the OA.
 - 3.4. Boats involved in contact must wait in the rotation area leeward of Marks 3 & 4 to report contact to the Bosun. The Bosun shall be hailed on VHF 72 by the team's coach.
 - 3.5. The boats have been equalized in performance potential to the extent possible and organized into fleets.
 - 3.6. An alternate boat may be substituted in case of breakdown. The same set of sails shall be used unless there is damage to the original sails.
 - 3.7. Claims regarding the performance of the boats will not be grounds for a redress request. This changes rule 62.1(a)
- 4. CODE OF CONDUCT & SPORTSMANSHIP**
- 4.1. Competitors shall handle the boats and equipment with proper care and seamanship both on land and afloat.
 - 4.2. Trash shall be properly disposed of on shore and afloat. Extra garbage bags are available next to the Harbor Pavilion fireplace.
 - 4.3. Abnormal cleaning needed after the regatta, by LFS staff will be assessed and billed to the same degree as SI 3.2
 - 4.4. All competitors and support persons shall comply with reasonable requests from race officials.
- 5. SIGNALS MADE ASHORE**
- 5.1. Signals made ashore will be displayed from the Lake Forest Launch Basin Hoist at the west wall of the launch basin
 - 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 6. SCHEDULE OF RACING**
- 6.1. A meeting of all competitors will be held each morning at 0830 at the Lake Forest Harbor Pavilion. A debrief may be offered after racing by the umpires on Saturday May 6th.

Saturday April 20

0900 Check-in & rigging of boats @ boat compound.

0920 Coaches meeting @ harbor hoist.

0930 Competitors meeting @ harbor pavilion.

1015 First warning

Sunday April 21

0900 Rigging of boats @ boat compound

0920 Coaches meeting @ harbor hoist.

1000 First warning

1500 No race will start after this time.

7. REGATTA FORMAT

7.1. The intended initial format for the event is:

7.1.1. One full round-robin amongst all teams. This may be altered to two round-robins at anytime given time and weather constraints.

7.1.2. A gold or “championship” round comprised of a number of teams as determined by the OA, Chief Umpire and PRO.

7.1.3. A silver round comprised of a number of teams as determined by the OA, Chief Umpire and PRO.

7.1.4. Scores carry forward from any and all round-robins onwards to any and all gold/championship or silver rounds.

7.2. The OA, in consultation with the MISSA Representative, Principal Race Officer and Chief Umpire, may terminate or alter format in progress, change assigned boats, change the order of races or make such other arrangements as may be necessary to conclude the event. This changes RRS D4.2(b) and ISSA PR 12.3

8. RACING AREA

8.1. The racing area will be on the open waters of Lake Michigan east of the Lake Forest Launch Basin

9. COURSE

9.1. The course used for the event will be a Digital N as described in ISSA PR Appendix 6.

9.2. Descriptions of course marks will be verbally communicated at the competitors meeting. The OA may change the shape & color of any mark of the course. In the event of course mark descriptions changing on the water, the changes will be described orally and or over VHF 72.

10. THE START

10.1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

10.2. A boat that does not start within 2 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing and scored according to RRS Appendix D3.1(a).

11. CHANGING THE NEXT LEG OF THE COURSE

11.1. The Race Committee may change the next leg of the course that begins at a rounding mark by changing the position of the next mark or the finishing line, but no mark shall be moved when any boat is on the leg that it terminates.

11.2. Subsequent legs may be changed to maintain the course configuration. There will be no visual or audible signals for a course change. No leg of the course will be deleted. This changes RRS 32 and 33.

12. THE FINISH

12.1. The finish line is between a staff displaying a blue flag on the signal vessel at the starboard end and the course side of the port-end finishing mark.

13. HEARING REQUESTS

13.1. Hearing requests will comply with RRS Appendix D1.2(e). RRS App D 2.6 Applies.

13.2. Hearings will be held on the water during rotations or ashore at the Lake Forest Sailing Shed within the Boat Compound.

14. CLOTHING AND EQUIPMENT

14.1. All competitors are required to bring their own dry suit for this event.

14.2. Due to water temperature, competitors may be required to wear a dry suit. This requirement will be updated for each day of racing and communicated at the competitors' meetings.

14.3. Competitors failure to wear a dry suit while racing on a day where dry suits are required by the OA, the team will be scored DSQ by the RC without a hearing. This changes RRS 63.1

15. COACHING & SUPPORT PERSONS

15.1. All coaches shall be registered as a coach on their team's ISSA registration page.

15.2. All coaches shall assist when and where necessary for safety or at the request of the Race Committee.

15.3. Only registered coaches shall go afloat in the racing or launch from the Lake Forest Launch Basin on any and all days of racing.

15.4. Lake Forest Sailing will not provide coach boats. All coaches shall bring a coach boat(s) capable of safely rotating their teams in wavy Lake Michigan conditions.

15.5. Coaches should be prompt rotating teams and should do so close to the starting area yet in a manner not to interfere with boats within their warning signal.

15.6. Support or Spectator boats must request and then receive written email permission to launch a spectator boat from the Lake Forest Launch Basin from Will Howard, Lake Forest Sailing Director (HowardW@Cityoflakeforest.com). The host venue has the right to decline any support/ spectator requests.

16. RISK STATEMENT

16.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race.

16.2. The OA and the Host will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during or after the regatta.

17. FURTHER INFORMATION

For sailor or parent questions regarding this regatta, please ask your team leader or coach before emailing the host venue.

Will Howard
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Lake Forest Sailing
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