



**Sailing Instructions**  
 - NorCal #5, Saturday, February 10  
 - NorCal #6, Sunday, February 11  
**Encinal Yacht Club**



**1 RULES**

- 1.1 The regattas will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the current ISSA and PCISA Procedural Rules, the Notice of Series for the 2023-2024 Norcal Series, the Notice of Race, and these Sailing Instructions.
- 1.2 Each team must provide their own class legal CFJ, including sails and all rigging. Boats will not be rotated. Sail numbers assigned by BAYS shall be used.
- 1.3 All Silver Fleet boats shall fly an identifying ribbon at the top of their mainsail (provided at check-in).

**2 NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board on the whiteboard outside the EYC Regatta Room located downstairs, directly inside from the main lawn.

**3 CHANGES MADE TO SAILING INSTRUCTIONS**

- 3.1 Any change to the SIs will be posted by 1045 hours on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

**4 SCHEDULE** (all times approximate and subject to change)

Nor Cal #5 - Saturday, Feb 10, 2024		Nor Cal #6 - Sunday, Feb 11, 2024	
9:30am – 10:30am	Registration/Rigging/Lunch	9:30am – 10:30am	Registration/Rigging/Lunch
10:30am	Competitors' Meeting	10:30am	Competitors' Meeting
11:30am	First Warning	11:30am	First Warning
4:00pm	No Starts After	4:00pm	No Starts After
4:30pm	Awards	4:30pm	Awards

**5 NUMBER of RACES**

- 5.1 A minimum of one race shall constitute a completed regatta.

**6 RACING AREA**

- 6.1 The course will be located inside the Oakland/Alameda Estuary in front of Encinal Yacht Club.

**7 COURSES**

- 7.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left. The number of the course to be sailed will be hailed or displayed from the Race Committee boat before each race.

**8 MARKS AND START / FINISH LINES**

- 8.1 Marks of the course will be large yellow buoys, with a small orange offset at the windward mark.
- 8.2 The starting line will be between an orange flag on the Race Committee (RC) start boat at the starboard end of the line and an orange flag on the “pin” boat at the port end of the line.
- 8.3 The finishing line will be between a blue flag on the RC finish boat and a small orange buoy to the starboard of the RC boat.

**9 THE START & RECALLS**

- 9.1 Races will be started in accordance with RRS Rule Appendix U.
- 9.2 Individual recalls will be made in accordance with RRS Appendix U4.

- 9.3 The RC may attempt to hail a yacht's sail number; however, it is the responsibility of each yacht to make a proper start. Failure to be hailed or hear a hail is insufficient cause for redress, in accordance with RRS Appendix U5.
- 9.4 A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules, after a General Recall, the "Round-the-Ends Rule" provisions of RRS 30.1 shall apply. Flag I need not be displayed (this changes RRS 30.1).
- 9.5 The starting order will be GoldFleet first, Silver Fleet next. When fleets are waiting to start, please wait in a designated area that will be announced at the Competitor's Meeting.

## **10 TIME LIMITS**

- 10.1 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes rule 35.
- 10.2 The race committee reserves the right to finish a boat in place to prevent a delay in racing.

## **11 ALTERNATIVE PENALTIES, PROTESTS AND REQUESTS FOR REDRESS**

- 11.1 Competitors may clear themselves by taking a one-turn penalty after fouling another competitor.
- 11.2 Protests will be handled in accordance with ISSA Procedural Rules Section 16
- 11.3 Protest forms are available at the scoring table in the EYC Regatta Room. Completed protest forms shall be returned to the same location within the protest time limit.
- 11.4 The time limit for submitting protest forms is 20 minutes after the RC start boat arrives back at the dock at the end of racing each day.
- 11.5 The schedule of protest hearings will be posted on the official notice board and involved parties must remain within hailing distance. Hearings will be held in the Protest Room located just outside the EYC regatta room.
- 11.6 Decisions of the Protest Committee will be final as provided in rule 70.5.
- 11.7 Failure to hear a course, postponement, hearing or recall signal shall not be grounds for redress.

## **12 SCORING**

- 12.1 Scoring will be in accordance with ISSA Procedural Rules

## **13 SAFETY REGULATIONS**

- 13.1 All competitors must wear a USCG-approved PFD.
- 13.2 A competitor who retires from racing shall notify the Race Committee as soon as possible.
- 13.3 Any boat interfering with commercial traffic will be disqualified from the race. The race committee also reserves the right to abandon any race due to vessel traffic. Boats must clear the racing area if instructed by the race committee or a support boat.

## **14 COACHING AND SUPPORT BOATS**

- 14.1 After the preparatory signal for a race, coaching will not be permitted until a competitor has finished that race.
- 14.2 Coach and support boats should all carry working VHF radios. RC intends to monitor Ch. 68.

## **15 PRIZES**

- 15.1 Awards will be given to the top three teams in each fleet (Gold and Silver) for each regatta.

## **16 DISCLAIMER OF LIABILITY**

- 16.1 Competitors participate in the regattas entirely at their own risk. See RRS 3, Decision to Race. The team coach/parent/adult is the final authority for each team. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

# Attachment A

Except for the leeward gate, denoted in the diagram by the number two (2), all marks shall be left to port.

