



NWISA Fleet Race District Championship
May 6-7, 2023
Cascade Locks, OR



SAILING INSTRUCTIONS

1. RULES:

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the ISSA Procedural Rules, the Scholastic Dinghy Class Rules, and the NWISA District Rules.
- 1.2 Under rule 70.5(a), the right of appeal is denied.
- 1.3 Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect.
- 1.4 The Organizing Authority (OA) is the North West Interscholastic Sailing Association in conjunction with host Columbia Gorge Racing Association (CGRA) and the Hood River High School Sailing Program.

2. NOTICE TO COMPETITORS:

- 2.1 Official notices, including changes to the sailing instructions or the schedule, will be posted on the official notice board located at the CGRA office. Any changes to the sailing instructions will be posted no later than 1000 on Saturday and 0930 on Sunday unless a change is made during the competitors meeting. Signals made ashore will be displayed on the flag pole at the CGRA office. When the AP is displayed ashore, "1 minute" is replaced by "Not less than 15 minutes" in race signal AP.

3. SCHEDULE:

Friday, May 5

1400 Deadline to deliver FJs, registration open.

Saturday, May 6

0930 Report time and final registration.
1000 Mandatory competitors' meeting & registration ends.
1030 First warning; sailing will continue throughout the day.

Sunday, May 7

0930 Report time.
1000 First warning; sailing will continue throughout the day.
1530 No race will be started after this time.
Results and awards presentation will begin as soon as possible after boats are derigged at the CGRA office.

4. BOATS:

- 4.1 Races will be sailed in FJs. It is each team's responsibility to ensure their boat is in good working order prior to the first race.
- 4.2 Per ISSA PR 7.11, the standing rigging of boats shall not be altered without approval of the Race Committee. The penalty for breaking ISSA PR 7.11 will be disqualification from all races sailed in which that rule was broken.
- 4.3 Competitors have the option to rig mainsheets 3:1 or 4:1, and sail with the main sail loose footed.

5. COURSES AND MARKS:

- 5.1 Courses will be in accordance with ISSA PR 7.8. See diagram below.
- 5.2 The Start/Finish line will be unrestricted.
- 5.3 The race committee may designate course selection orally or on a placard affixed to the committee boat.
- 5.4 All marks will be round buoys, cylinders, or tetrahedrons of various colors.
- 5.5 In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

6. SHORTENING AND ABANDONING RACES:

- 6.1 In accordance with ISSA PR 7.8(d) races will not be shortened, but a race may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.
- 6.2 If a boat is delaying the finish of a race, the race committee may end the race and score the boat in its current position, or score the boat DNF at its discretion. And, a boat shall not start later than 2 minutes after her starting signal. A boat that starts later than 2 minutes after her starting signal shall be scored DNS. This changes Rule A4.

7. START, FINISH, AND RECALLS:

- 7.1 Races will start in accordance with ISSA PR 7.9(a).
- 7.2 Individual recalls will be signaled in accordance with ISSA PR 7.9(b).
- 7.3 General recalls will be signaled in accordance with ISSA PR 7.9(c).
- 7.4 The start/finish line will be between a staff displaying an orange flag on a race committee boat and the course side of an orange buoy on the pin end.

8. BREAKDOWNS:

- 8.1 Breakdown requests shall be filed in the same manner as protests.
- 8.2 Breakdowns shall be scored in accordance with ISSA PR 9(e). The protest committee will follow the guidelines in ISSA PR Appendix 3.
- 8.3 If boats and/or gear are damaged, the Race Committee shall be notified as soon as possible after the damage occurred. Damage to boats or equipment will be handled per the NWISA District Rules.

9. PROTESTS:

- 9.1 Protest procedure will be in accordance with ISSA PR Part VI.
- 9.2 Protests will be heard at the end of the day, or during postponements by the protest committee.

10. SCORING:

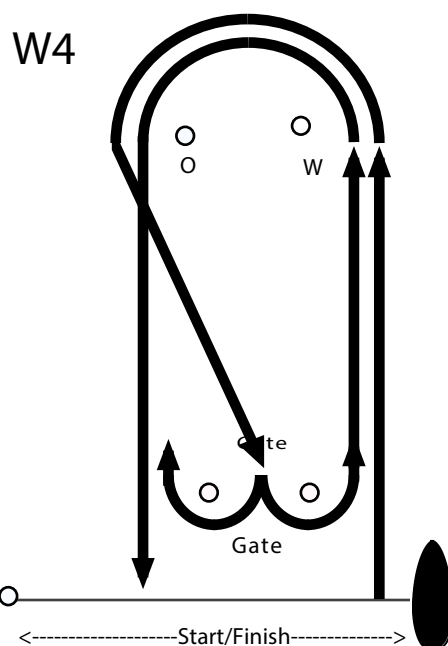
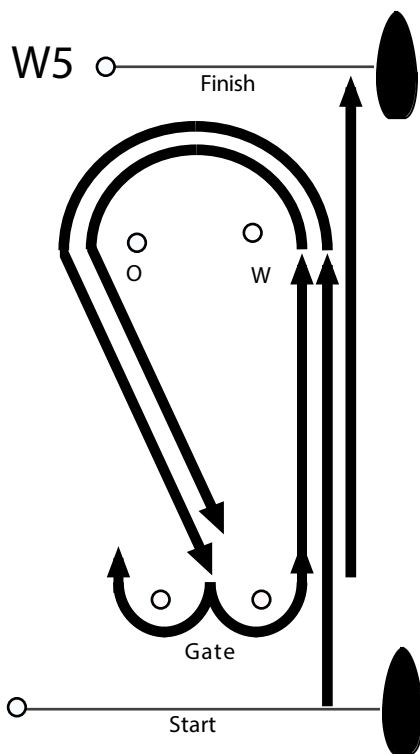
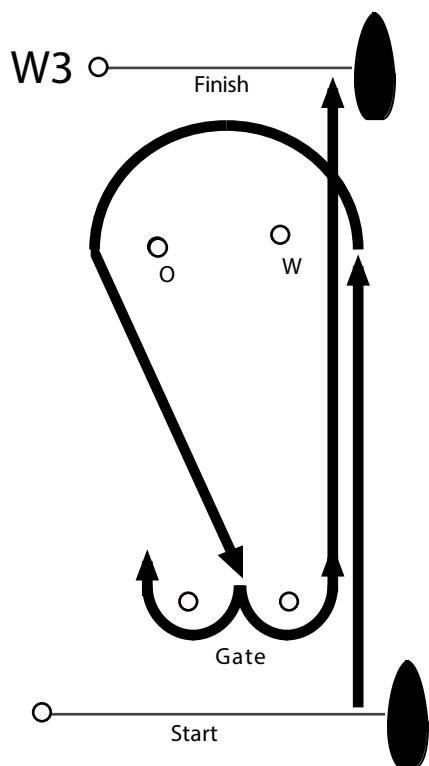
- 10.1 Scoring will be in accordance with ISSA PR 9.
- 10.2 To comply with ISSA PR 4.3 Record of Participation, RP information must be completed online at ts.hssailing.org before the expiration of the Protest Time Limit.

11. COACHING:

- 11.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from Friday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.
- 11.2 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

12. SAFETY:

- 12.1 Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 12.2 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 12.3 All sailors must properly wear a wet suit or dry suit.
- 12.4 The Columbia River Gorge can be a windy environment with large swell. Each sailor must determine if they have the skill to sail in the given conditions. Coaches should help guide their sailors who may not have the necessary heavy weather skills to safely compete.
- 12.5 The safety boats will come to the aid of a boat in distress at their judgement. A boat in distress cannot refuse assistance from a safety boat.



Courses :

- W3: S - W - O - G - F
- W4: S - W - O - G - W - O - F
- W5: S - W - O - G - W - O - G - F
- WL1: S - W - G - F
- WL2: S - W - O - G - F

A boat may leave on either side, or touch, a mark that does not begin or end the leg she is sailing without penalty.

Actual buoy colors and shapes may vary from what is shown.

