

CONNECTICUT STATE INVITATIONAL

TWO DIVISION FLEET RACE



SAIL BLACK ROCK Captain's Cove Seaport, Black Rock, CT Sunday, May 21, 2023

SAIL BLACK ROCK, which hosts the teams of Sacred Heart University, Weston HS and BRASS (Black Rock Advanced Sailing Squad) is pleased to offer a one day, two division, interscholastic fleet racing invitational.

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the ISSA Procedural Rules, and the NESSA Procedural & District Rules
- 1.2. In accordance with RRS rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. ISSA PR 5.1 (Conduct) shall be in effect for the entire regatta. This rule applies to all invitees, including, but not limited to; sailors, coaches and parents. All invitees are expected to display proper manners and positive attitudes at all times. No barefoot sailing is permitted.
- 1.4. The Organizing Authority is SAIL BLACK ROCK Foundation.

2. SCHEDULE:

- 2.1. 0930 -Competitors' Meeting – mandatory attendance
1500 - No first warning for any race will start after this time, except if the regatta is not "official" yet, in accordance with the ISSA PR in which case, racing can continue until the regatta is official.
- 2.2. Changes to the schedule will be posted on the official notice board located in the sailing school classroom.

3. RACING AREA: The race area will be defined at Competitors' Meeting but will be most likely be in the vicinity of St. Mary's Point at the western entrance to Black Rock Harbor, on Long Island Sound

4. COURSES: The Race Committee will determine the courses as prescribed in ISSA PR 7.7. Courses will be defined at Competitors' Meeting but may be modified at any time by RC. RC will make auditory announcements of course changes, if any, to all sailors on race course.

5. SCORING: The regatta will be scored in accordance with ISSA Procedural Rules. TechScore will be updated in real time.

6. COACHING & SUBSTITUTES:

- 6.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the time they arrive at the regatta site unless explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

On the water coaches must be on the Grand Banks Trawler. ISSA PR 8 defines other coaching limitations and obligations.

Teams are limited to a total of 6 sailors and one active coach. Additional coaches will be asked to assist RC with race management.

WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

REGATTA CONTACTS/REGATTA CHAIRS:

Henry Millette – Regatta Organizer - henry_millette@greenwich.k12.ct.us (914) 552-7405

Dave White – SAIL BLACK ROCK – Event Chair - dave@dhwhiterealestate.com (203) 249-4434

LOGISTICS

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Shore Access and Departure – No sailors will have access to shore after first warning. All sailors will be on the water 1.5 miles offshore for the entire day. **Except for an emergency, no sailor will be brought back to shore.** Departures from shore venue at end of regatta will be approximately at 1600 hours.

Parking – Abundant parking around the Sailing School Building, which is larger white building on the boardwalk.

Gear/Dressing – Dress in Sailing School classroom or in Sailing School heads. Please keep gear and gear bags in cars. Nothing is to be left on boardwalk, outside on deck of sailing school building or in classroom.

Lunch – Bring your own for on the water nourishment. Seaport Restaurant is open. New Stop and Shop is two blocks away, McDonald's, Popeye's, Wendy's, Subway and Dunkin' Donuts are 5 minutes by car. Chipotle and Five Guys is 10 minutes away in Fairfield. Lunches will be stored on support powerboats.

Water – Plastic water bottles are banned. Refill stations are available on shore in Sailing School head and at water stations on powerboats on race course.

Drysuits – Please have dry suits or full wet suits available, RC will announce if required at Competitors' Meeting.

Safety – Harbor has occasional commercial traffic consisting of large oil and gravel barges with tugs. They have the right of way and cannot change course or stop quickly. Keep clear of commercial channel to permit their transit. All sailors, coaches and spectators on the water must be wearing an approved PFD, unless directed otherwise by RC. Proper boat shoes/boots to be worn by all sailors, coaches and spectators at all times.

Heads – Our sailing school building has heads, showers and washer/dryer. Support powerboats including Mini-barge, RC, Grand Banks for on the water access.

Boat Launch – (9) Z420s are dry stored on floats on island dock across the harbor. Competitors are ferried in inflatables – 12+ passengers at a time.

Equipment- (9) Z420s (2014) with recent Blue Ribbon North Sails.

Racing Area – Black Rock Harbor, Bridgeport, CT on Long Island Sound. Harbor can be shallow in areas and there are rocks. We have several racing areas but most likely we will be racing off St. Mary's Point on Long Island Sound at the western side at the mouth of Black Rock Harbor. Racing areas may change in afternoons, dependent upon wind strength and direction, sea conditions and tide. Please pay attention at Competitors' meeting concerning hazards in the racing areas.

Rotations – Every two races for each division - As per TECTSCORE boat rotation numbers

Power Boats – We have an 18’ red lobster boat (Beach Plum)) for RC. It has a cabin, head and holds 4 adults, Grand Banks 32 with mini-barge will be anchored in starting area for offset staging of sailors and division rotations and white AVON RIB for marks and rescue.

Capsize – A designated rescue boat with rescue swimmer will be identified at Competitor’s meeting. It is important to move quickly to right the boat and avoid turtling because the bottom can be thick, smelly black mud.

HOTELS –

Inn at Fairfield Beach, Fairfield, CT – updated motel across from Fairfield Beach, nautically decorated studios & suites for 2-4 persons (add. guests on air mattresses) - \$140-\$250 -ask for 10% university discount, additional person \$25- book side away from bar - recommended

Inn at Long Shore, Westport, CT – only 12 rooms and suites on waterfront golf course and marina. River and Long Is. Sound views from classic 1890 European style mansion with fine dining restaurant. Complementary continental breakfast. Expansive lawn leading to private beach \$159-\$259 – 2-4 persons per room. 15 minute drive, - highly recommended

Black Rock Inn/Best Western, Fairfield, CT - \$139 (2 in room) - suites available for 4-6 – hot breakfast included- do not book first floor, I-95 side or any pet friendly rooms – adequate business hotel

Fairfield Circle Inn, Fairfield, CT - \$159 (2 in room) – suites available, Circle Diner on site– new outdoor pool, - 2015 fully renovated motel into 3-star first class facility – book pool side - highly recommended

Delamar Southport – Southport, CT - \$289+ luxury 5-star hotel with spa/fitness center and artisan fine dining, suites available, book side away from I-95, highly recommended as best luxury hotel within 25 miles

Après Sail – Downtown Fairfield is just a few miles away. Also dining and nightlife along Fairfield Avenue in nearby Black Rock section of Bridgeport. Sacred Heart University and Fairfield University campuses are less than 10 minutes away in the Town of Fairfield.

Contacts –

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Dave White – Event Chair 203 249-4434 dave@dhwhiterealestate.com

Deus ventum movet, hominis velum aptarat