



**SAILING INSTRUCTIONS**  
**2023 PCISA HIGH SCHOOL SILVER**  
**DOUBLE HANDED CHAMPIONSHIP**  
**For the Steve Grove Trophy**



**Hosted by Encinal Yacht Club (EYC) & Pacific Coast Interscholastic Sailing Association (PCISA)**  
**April 29-30, 2023**

**1. RULES**

The regatta will be governed by the current ISSA Procedural Rules (as modified by the PCISA District Rules), the Racing Rules of Sailing, the prescriptions of US Sailing, and by the Sailing Instructions..

**2. NOTICES TO COMPETITORS**

2.1 Notices to competitors will be posted on the official notice board in the EYC Regatta Room on the ground floor, or made verbally to all competitors on the water.

**3. CHANGES TO SAILING INSTRUCTIONS**

3.1 Any change to the SIs will be posted by 1045 hours on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

**4. ROTATION**

4.1 Boats will be rotated between races. A rotation schedule will be found on the PCISA techscore website and on the official Notice Board onsite.

4.2 Rotations will be made on the EYC docks.

**5. BOATS**

5.1 All boats need to be inspected by a designated regatta representative before launching for racing.

5.2 All teams will be responsible for rigging and derigging the boat that they sail in the first rotation of the regatta each evening and morning. In most cases this will be the boat that was brought, borrowed or chartered for the regatta.

5.3 Each team will be issued a set of PCISA sails and jib sheets. Teams will be responsible for their originally issued set of sails and jib sheets and for returning those items at the end of racing on Sunday. Final race results will not be posted until all sets of sails have been returned. Sails should be clean, dry (if possible), and rolled carefully on a clean surface (not on blacktop), and placed in their bags (unless otherwise instructed). Sails **MUST BE STORED INSIDE** the boat they are assigned to during the night on Saturday unless specific other instructions are given by the Race Committee.

5.4 Competitors shall report any damage or loss of equipment, however slight, to the race committee / regatta organizing authority's representative immediately upon completion of the race in which it occurs. Failure to properly care for boats and/or sails may subject a team to protest under this SI.

**6. SCHEDULE - please note the schedule is revised from the Notice Of Race**

Saturday, April 29, 2023	Sunday, April 30, 2023
9:00am - 10:30am Registration /Rig/ Inspection	9:00- 10:00am Rigging of boats
10:30am Competitors Meeting (Mandatory)	10:30am Competitors Meeting
11:30am First Warning	11:30am First Warning
	12:30pm-1:30pm Lunch served between rotations
12:30pm-1:30pm Lunch served between rotations	4:00pm No Start after this time
	Awards Ceremony as soon as possible after racing

All times are approximate. Changes will be posted on the Regatta Notice Board.

## **7. RACING AREA/VENUE**

7.1 The sailing area will be the Oakland/Alameda Estuary in front of Encinal Yacht Club.

7.2 Team members, coaches and spectators will be able to watch the racing from EYC's docks, upper deck, and from a grassy park just south of EYC's boatyard.

## **8. COURSES**

8.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left. The number of the course to be sailed will be hailed or displayed from the Race Committee boat before each race.

## **9. MARKS AND START/FINISH LINES**

9.1 Marks of the course will be large yellow cylindrical buoys, with a small orange offset at the windward mark.

9.2 The starting line will be between an orange flag on the Race Committee (RC) start boat at the starboard end of the line and either: a. a small orange buoy at the port end of the line; or, b. an orange flag on a second RC start boat that replaces the small orange buoy on the port end of the line.

9.3 The finishing line will be between a blue flag on the RC finish boat and a small orange buoy to the starboard of the RC boat.

## **10. THE START & RECALLS**

10.1 Races will be started in accordance with RRS Rule Appendix U.

10.2 Individual recalls will be made in accordance with RRS Appendix U4.

10.3 The RC may attempt to hail a yacht's sail number; however, it is the responsibility of each yacht to make a proper start. Failure to be hailed or hear a hail is insufficient cause for redress, in accordance with RRS Appendix U5.

10.4 A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules, after a General Recall, the "Round-the-Ends Rule" provisions of RRS 30.1 shall apply. Flag I need not be displayed (this changes RRS 30.1).

## **11. TIME LIMITS**

11.1 Boats failing to finish within 15 minutes after the first boat sails the course and finishes may be scored DNF (Did Not Finish) without a hearing. This changes rules 35.

11.2 The RC reserves the right to finish a boat in place to prevent a delay in racing.

## **12. PROTESTS & REDRESS REQUESTS**

12.1 Protests will be handled in accordance with ISSA Procedural Rules Section 16.

12.2 Protest forms are available at the scoring table in the EYC Regatta Room. Completed protest forms shall be returned to the same location within the protest time limit.

12.3 Competitor protests must be filed in writing within 20 minutes after the last boat reaches the dock for each rotation.

12.4 Any Race Committee protest of a competitor will be lodged within 30 minutes after the RC boat reaches the dock after the last race of the day.

12.5 The schedule of protest hearings will be posted on the official notice board in the EYC Regatta Room. Hearings tentatively plan to be held in the Protest Room located just outside the EYC Regatta Room.

## **13. SCORING**

13.1 Scoring will be in accordance with ISSA Procedural Rules

## **14. SAFETY & SPECIAL CLOTHING**

14.1 U.S. Coast Guard Approved PFDs are required in accordance with ISSA PR 2.2

14.2 A competitor who retires from a race shall notify the Race Committee as soon as possible

14.3 In accordance with ISSA PR 2.4 all competitors shall wear a uniform designating their high school. The uniform shall be a pinnie (similar to a thin T-shirt) worn over the lifejacket, or a lifejacket with the school's designation on the back.

14.4 Any boat interfering with commercial traffic will be disqualified from the race. The race committee also reserves the right to abandon any race due to vessel traffic. Boats must clear the racing area if instructed by the race committee or a support boat.

## **15. COACHING & SPECTATING**

15.1 Coaches/coach boats are not allowed on the water at any time during racing.

15.2 Spectator boats will not be allowed in the vicinity of the racing area. There is excellent viewing available from Wind River Park on the East side of EYC.

15.3 All coaching, crew rotation, exchange of clothing/food/drink and communication shall occur between race rotations on the docks at EYC unless otherwise instructed by the Race Committee.

15.4 No outside food will be allowed on the upstairs deck of the yacht club. Only people purchasing food or drink from the EYC dining room are welcome to sit on the upstairs porch area.

15.5 No tents, banners, or outside tables will be allowed on the EYC lawn.

15.6 EYC pool is limited to EYC members only.

## **16. PRIZES**

16.1 Prizes will be awarded to schools placing 1st, 2nd, and 3rd. The Steve Grove perpetual Silver PCC trophy will be awarded to the top school that doesn't have a team competing in Gold PCCs.

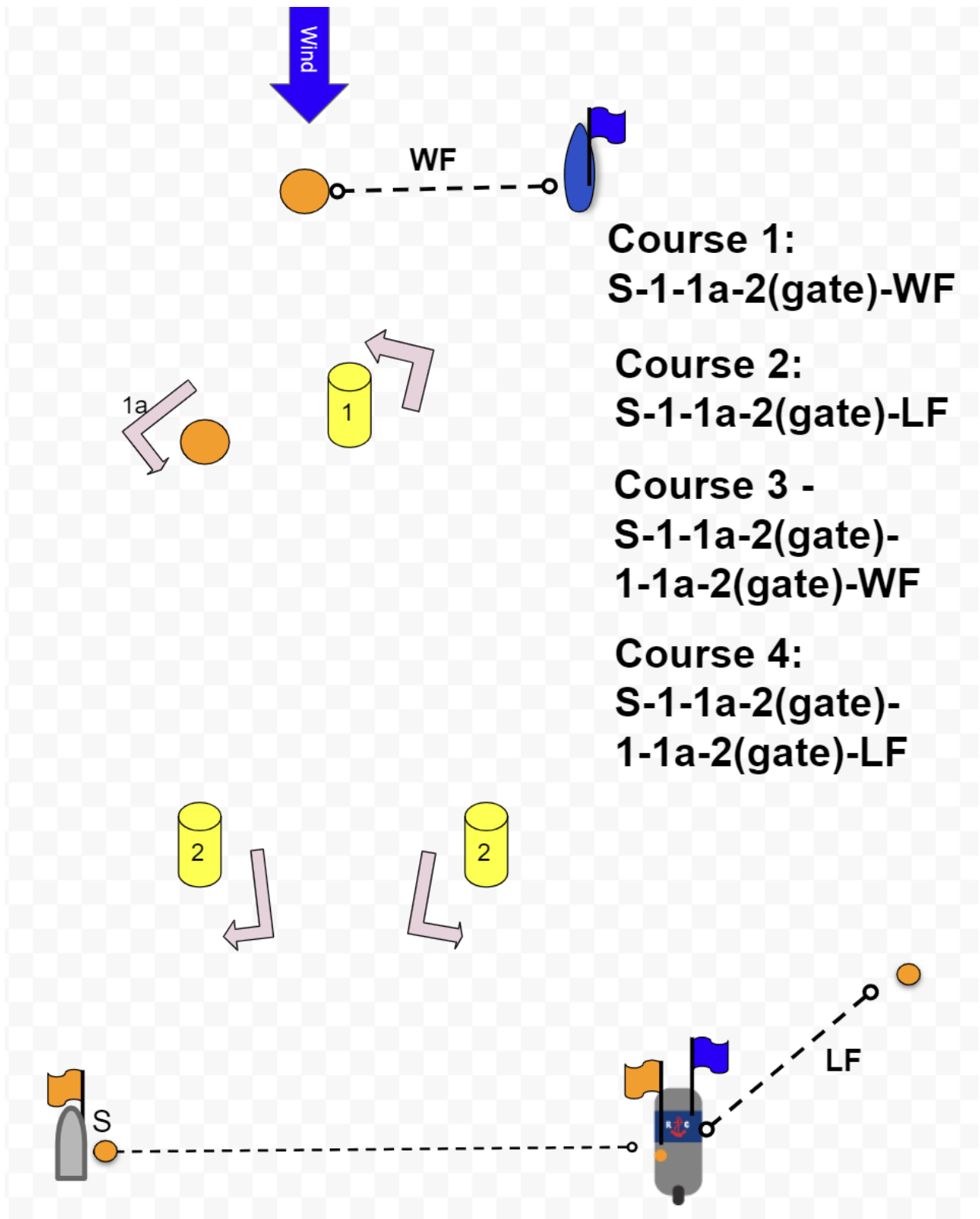
## **17. DISCLAIMER OF LIABILITY**

17.1 Competitors participate in the regattas entirely at their own risk. See RRS 3, Decision to Race. The team coach/parent/adult is the final authority for each team. Neither the RC nor OA will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **18. OFFICIAL NOTICE FOR ALL PCC PARTICIPANTS:**

As per ISSA PR 5.1, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation and/or other discipline expectations occurring from one day prior to the Regatta until the end of the final day of the Regatta may be the basis for disciplinary action. Discipline problems and this regulation's enforcement will be handled promptly by an adult Discipline Hearing Board which will consist of three adult members; the Regatta Chairperson, a PCISA Officer and the protest committee chairperson. Said Board shall, at a time and method selected by them, meet to hear said problem and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the entire regatta, shall be final without appeal permitted.

# Attachment A



Except for leeward gate, all marks left to port.