



2022 North Regional Regatta  
March 5-6  
Sail Sand Point, Seattle, WA

Sailing Instructions

1. **RULES:**

- 1.1. The regatta will be governed by the Racing Rules of Sailing for 2021-2024, the prescriptions of US SAILING, the ISSA Procedural Rules, the NWISA District Rules, this Notice of Race, and the Sailing Instructions.
- 1.2. The US Sailing prescriptions to rule 60, 63.2 and 63.4 are deleted and will not apply.
- 1.3. Under rule 70.5(a), the right of appeal is denied.

2. **Notice to Competitors**

- 2.1. Official notices including changes to sailing instructions will be posted on the official notice board located on the Sail Sand Point office windows. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. **BOATS AND FORMAT:**

- 3.1. SSP will provide 8 CFJs. Additional teams will be asked to bring CFJs as designated by the NWISA Regatta Registration Page.
- 3.2. The rotation type for this regatta is the Standard ISSA +1 each set. The division switch style is a Franny: automatic offset. There will be two races in each set.
- 3.3. The rotations are listed on techscore, which can be found at the following link <https://ts.hssailing.org/view/3772/rotation>

4. **SCHEDULE:**

**Saturday, March 5**

1000	<u>Report time.</u> Registration.
1045	Mandatory Competitors' Meeting.
1100	Registration ends.
1130	First warning; sailing will continue throughout the day.

**Sunday, March 6**

0900	<u>Report time.</u>
1000	First warning; sailing will continue throughout the day.
1500	No race will be started after this time,
1530	Results and Awards Presentation.

Any changes to the schedule will be posted on the Official Notice Board located at the Sail Sand Point office.

## **5. RACING AREA:**

All races will be sailed within Sail Sand Point Boundaries, drawn between Magnuson Point and Juanita Point as the southern boundary and between the north end of Matthews beach and the north end of O. O. Denny Park as the northern boundary . Boat rotations will occur off the Sail Sand Point concrete dock located on the east side of the pier.

## **6. COURSES AND MARKS:**

- 6.1. See Course Appendix attached.
- 6.2. The race committee will designate course selection orally and by displaying the corresponding flags.
- 6.3. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

## **7. START, FINISH, AND RECALLS:**

- 7.1. Races will start in accordance with ISSA PR 7.8(a).
- 7.2. Individual recalls will be made in accordance with RRS Appendix U4.
- 7.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 7.4. General recalls will be signaled by a series of short whistles.
- 7.5. The start line will be between a Race Committee boat displaying a yellow flag and an orange buoy.
- 7.6. The finish line will be between a Race Committee boat displaying a blue flag and a white buoy.

## **8. PROTEST:**

- 8.1. Protests procedure will be in accordance with ISSA PR Part VI.

## **9. SCORING:**

The regatta will be scored in accordance with ISSA Procedural Rule 9.

## **10. TRAVEL AND TRANSPORTATION:**

Teams are responsible for their own transportation. The address of the regatta site is: 7861 62nd Ave NE Seattle WA 98115. Directions to the racing venue can be found at <https://www.sailsandpoint.org/about-us/contact/> .

## **11. COACHING:**

- 11.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from Saturday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.
- 11.2. Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

## **12. SAFETY:**

- 12.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 12.2. A boat that requires assistance in order to recover from a capsized shall retire for that race and return ashore.
- 12.3. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

## **13. CONDUCT:**

- 13.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage

use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841.

- 13.2. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.

#### 14. REGATTA CONTACTS:

	<b>Name</b>	<b>Telephone</b>	<b>Email</b>
Regatta Chair:	Jack Killalea	(206) 525-8782 ext. 104	<a href="mailto:jack@sailsandpoint.org">jack@sailsandpoint.org</a>
Head Coach:	Carlos Morales	(206) 525-8782 ext. 103	<a href="mailto:carlos@sailsandpoint.org">carlos@sailsandpoint.org</a>
SSP Representative:	Nora Gallogly	(206) 525-8782 ext. 103	<a href="mailto:nora@sailsandpoint.org">nora@sailsandpoint.org</a>
NWISA Representative:	Shawn O'Connor	(360) 929-5111	<a href="mailto:soconnor1318@gmail.com">soconnor1318@gmail.com</a>

Course Diagram:

