



MSS Conference Regatta #2
Organized by MISSA
Hosted by
White Bear Sailing School
56 Dellwood Ave
White Bear Lake, MN 55110
April 30th, 2022



Sailing Instructions (SI's)

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The ISSA Procedural Rules 2021-2024 available at <https://hssailing.org/documents/ISSA-PR-2021-2024.pdf> apply.
- 1.3 The MISSA Supplemental Rules available at <https://missa.hssailing.org/about/missa-district-rules> apply.

2 SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted no later than 0930 CDT on the day it will take effect.

3 COMMUNICATION

- 3.1 The online official notice board is located at <https://scores.hssailing.org/s22/mss-conference/notices/>
- 3.2 On the water, the race committee will make courtesy broadcasts to competitors & coaches on VHF radio on channel 69.

4 BOATS

- 4.1 Club 420s will be provided by the White Bear Sailing School.

4.2 Boats will be sailed as provided. No modifications to the rigging are allowed.

5 SCHEDULE

5.1 *Saturday, April 30th*

5.2 0920 - Short Skippers Meeting

1000 - Start of first race

1500 - No race after this time

*Sailors will eat lunch during rotations when they are onshore

6 RACING AREA

6.1 All races will be sailed in close proximity to the White Bear Sailing School

7 COURSES

7.1 Courses are shown below in SI Addendum B including the angles between legs, the order in which marks are to be passed, and the side on which each mark is to be passed.

8 FORMAT

8.1 The planned format is for rotations to occur throughout the day with A & B divisions sailing two races on and two races off. Rotations will occur on the WBSS floating dock.

9 MARKS

9.1 Marks will be either orange or green buoys.

10 START/FINISH

10.1 The start and finish will be between an orange buoy and the WBYC RC boat.

11 COACHING

11.1 Coaches are allowed to coach from the water. Coach boats are not provided. Failure to provide your own coach boat, does not mean other coaches can not coach from the water.

12 SAFETY REGULATIONS

12.1 All individuals are required to use discretion and safety precautions when deciding whether or not sailors have proper gear and/or ability to sail in heavy winds and cold water and air temperature.

13 RISK STATEMENT

13.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

