

2022 DONALD GREENE REGATTA
Lake Cochituate
Natick, MA

Sailing Instructions

Hosts: Lincoln-Sudbury Regional High School
Report Time: 0900, April 30, 2022
Location: 225 Commonwealth Rd., Natick
Lake Cochituate, MA

1. RULES:

1.1 - This regatta will be governed by the current Racing Rules of Sailing, the Notice of Race, the [ISSA Procedural Rules](#), the [NESSA Procedural Rules](#), and these Sailing Instructions.

2. Format

- 2.1 - The format will be a standard two fleet regatta with fleet A racing 2 races followed by fleet B racing 2 races, etc. At least 3 races per fleet must be sailed.
- 2.3 - In the event of insufficient or difficult wind conditions, the format may be modified to suit conditions with verbal notice to competitors and coaches.

3. Schedule of Races

3.1 - Registration is 0900. Races will begin as soon as possible. No race shall start after 1600.

4. Course(s)

4.1 - The Race Committee will determine the courses based on conditions, with a strong preference for a W4. Depending on conditions, the 2nd race of a set may change to a W3. If so, the competitors will be informed at the start boat before the warning signal.

5. Marks

5.1 - All marks are yellow or red/orange. Race committee boat and finish shall be a vertically raised oar or a WHS flag.

6. Start

- 6.1 - Starts will be a 3 minutes sequence.
- 6.2 - A horn or whistle shall be sounded for boats OCS, but no flag shall be flown.
- 6.3 - Race Committee will attempt to hail boats OCS. In the event of a general recall, the I flag rule will be in force for the 2 race set. After the next rotation the I flag will discontinue until another general recall. Flag I need not be displayed. (This changes RRS 30.1.)

7. Penalties and Exonerations

- 7.1 - Protests will be exonerated on the water by a single circle.
- 7.2 - Protests not exonerated by sailing a circle will be heard on land between races for that fleet.
- 7.3 - Rule T1 (Post-Race Penalties) may be used to exonerate a penalty before a hearing begins. A 30% penalty as calculated in rule 44.3(c) will be given. (That is 7 places added for a 24 boat fleet.)

8. Protests and Requests for Redress (RFR)

- 8.1 - The boat being protested must be notified at time of incident and after the finish.
- 8.2 - The RC must be notified of intent to protest.

9. Our Boats and Sails

9.1 - Standing rigging may not be adjusted by the competitors. Mainsheet purchases may not be adjusted by the competitors.

- 9.2 - Competitors must report all damage or loss of equipment, however slight, to the Race Committee finish boat, the mark boat, or to the dock master upon returning to the rotation float. Failure to do so may result in disqualification from the last race sailed.
- 9.3 - Breakdowns resulting from anything that could have been reasonably prevented by a thorough inspection of the sailors before racing shall not be subject to redress.
- 9.4 - All rudders have a tie down line that must be attached to the eye strap on the lower transom.
- 9.5 - Boat rotation is set so every sailor should be able to sail in each different schools' boats.

10. Safety

- 10.1 - Competitors who need assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 10.2 - Starts will not be delayed to accommodate competitors who capsize their boat. If a rescue boat deems it appropriate to offer assistance to a competitor, the competitor may not refuse said assistance.