

MISSA Singlehanded Championship

April 24 – 25, 2021

Hosted by: Lake Forest Sailing



SAILING INSTRUCTIONS

1. Rules

- 1.1 The regatta will be governed by the Racing Rules of Sailing for 2021-2024 (RRS), the Prescriptions of the United States Sailing Association (US SAILING), and the Official Procedural Rules for the Interscholastic Sailing Competition 2021-2024 (PR). The MISSA Supplemental rules available at <https://missa.hssailing.org/about/missa-district-rules> shall apply.
- 1.2 The Laser Standard, Laser Radial, and Laser 4.7 shall be sailed singlehanded. This modifies Laser Class 7(a).
- 1.3 Compasses are permitted in accordance with ILCA class rule 22.

2. Notice to Competitors

Notice to competitors will be posted on the Official Notice Board in the Boating Pavilion and on TechScore.

3. Changes to the Sailing Instructions

- 3.1 Changes to the Sailing Instructions will be posted to the Official Notice Board.
- 3.2 In Accordance with Racing Rule 90.2 (c) the Race Committee may orally announce changes in Sailing Instructions on the water before the warning signal for each race after displaying code flag “L”

4. Signals Made Ashore

- 4.1 Signals made ashore will be announced orally to all competitors.
- 4.2 Signals will be made at the check-in table near the LF Launch Basin Pavilion
- 4.3 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP. A notice will be communicated to registered coaches and need not be posted to the Notice Board as to when the AP ashore was displayed and removed.

5. Schedule of Races

- 5.1 The intended number of race for each division is 12. This changes the ISSA Procedural Rule 7.5 for this regatta.
- 5.2 Competitors and Coaches should communicate to the Race Committee if a longer break between sets is needed by sailors for a bathroom break to shore.
- 5.3 The following schedule will apply:
 - Saturday April 24, 2021
 - 0830h check-in & rigging of boats
 - 0945h competitor’s meeting @ LF Launch Basin Pavilion
 - 1030h first warning signal
 - 1630h no start after this time
 - Sunday April 25, 2021
 - 0730h protest hearing time slot if needed
 - 0830h report time and rigging of boats
 - 0915h competitor’s & coaches meeting @ LF Launch Basin Pavilion
 - 1000h first warning signal

1430h no start after this time

Awards to follow racing

6. Racing Area

The racing area will be on the open waters of Lake Michigan within 1 nautical mile of the LF Launch Basin.

7. The Course

The course options will be displayed on the notice board and described at the competitor's meeting. The intended course is a windward/leeward with a windward offset, leeward gates, and dog-leg finish to starboard of the Race Committee start/finish boat. This course is better known as the "Z-Trophy Course."

8. Marks

All race marks will be colored inflatable buoys.

9. Class Flags

The Laser Full Rig will be a the Laser Class Insignia Flag

The Laser Radial Rig will be a small Green Flag

The Laser 4.7 Rig will be a small Red Flag

10. The Start

10.1 Races will be started in accordance with US Sailing Prescription Appendix U – Sound Signal Starting System. A series of short sound signals will be made before the starting sequence begins.

10.2 The starting signals will be in accordance with ISSA PR 7.9.

10.3 The starting line will be between a staff displaying an orange flag on the Race Committee Boat and the course side of a starting buoy as the starting pin.

10.4 A boat starting later than 2 minutes after her starting signal will be scored Did Not Start without a hearing, this changes rules A4 and A5

11. Change to the Next Leg of the Course

After the starting signal, the Race Committee may change the position of any mark, provided that no yacht is on the changed leg. There will be no signal for such change. This modifies RRS 33.

12. The Finish

The finishing line will be between a staff displaying the Blue Race Committee flag on the RC Boat and the finishing buoy to starboard of the RC Boat. The RC may finish a race from an anchored RC Boat displaying the Blue Race Committee finishing flag and any mark of the course given a shortened course, sound signals and verbal communication will be given yet no other signals need be flown. This changes ISSA PR 7.8 (d).

13. Penalty Systems

13.1 RRS Appendix P will NOT apply, there will be no on the water observers.

13.2 ISSA Procedural Rule 16 will apply in full. Protest forms will be available upon request from the Race Committee Boat on the water or from the Regatta Organizer on land after racing.

13.3 Protests shall be written on an ISSA protest form supplied by the Regatta Orgaanzier upon request

13.4 Protests should be filed with the Race Committee as soon as possible with a filing deadline of 20 minutes after posted RC docking time.

13.5 The Protest Committee will hear protests in the approximate order of receipt and as soon as practicable. It is possible that Saturday protests will be scheduled for the allotted protest hearing time Sunday morning before the harbor launch.

14. Safety

- 14.1 ISSA (PR 2.2) applies to this event. Failure to comply with this rule may result in disqualification from the race during which the infraction occurred, or, at the Jury's discretion, from the regatta.
- 14.2 The Race Committee may, for reason of safety and health, order a yacht to not start a race, to withdraw from a race it has started, or stop racing all together. Yachts affected by such Race Committee orders shall be scored DNF or DNS, whichever applies. Competitor(s) subject to Race Committee orders shall not be eligible for redress.
- 14.3 No yacht shall leave the dock without being directed to do so by the Race Committee or Regatta Chairman at the competitor's meeting.
- 14.4 Proper cold-weather sailing attire for Laser sailing is required. If a competitor does not have adequate cold weather Laser sailing gear, dry suits may be required.
- 14.5 Face coverings are required on shore at all times. This applies to competitors, coaches, parents, and all Forest Park Beach patrons.

15. Support Boats

- 15.1 Coaches shall be afloat for safety. All competitors must have a designated coach who has their own safety boat capable of Lake Michigan conditions. No safety boat will be provided by Lake Forest Sailing except for Race Committee and Mark Set.
- 15.2 Only persons designated as the team coach, shall be afloat anywhere near the racing area.
- 15.3 All Coaches must check in with Regatta Chair (Will Howard) on Saturday morning April 24th before the Competitor's Meeting. To complete this check-in process coaches must turn in a completed sailor roster form to the Regatta Chair. This form can be found on the Tech Score Notice Board for the event.

16. Prizes

First through Third in each fleet will be awarded with trophies. There will be a Sportsmanship Award as decided by the coaches and regatta organizers.

17. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 3 and RRS 4. The organizing authority, nor the regatta host, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.