



Organizing Authority – MISSA  
 Hosted by Lake Forest Sailing



Notice of Race

**1. Rules**

- 1.1. The regatta will be run in accordance with the Racing Rules of Sailing; Interscholastic Sailing Association Procedural Rules, MISSA District Rules, this Notice of Race and the Sailing Instructions.
- 1.2. The following US Sailing Prescriptions will not apply; 63.1 and 63.2

**2. Entry**

- 2.1. Entry deadline will be Friday, April 9 at 5pm Central Standard Time. Any team entered at this point and later withdraws its entry or fails to show up at the event will be charged the regatta fee in full.
- 2.2. Berths will be assigned on a first come first serve basis; coaches or team leaders please email the teams intent to participate to HowardW@cityoflakeforest.com before April 9.
- 2.3. Team leaders should register their entire team here:  
<https://theclubspot.com/regatta/xYYx013Hqv>
- 2.4. The entry fee is \$180 per team
- 2.5. A refundable boat damage deposit of \$200 must be submitted for each school. This should be delivered in the form of a check made payable to “LF REC” and turned in at even check-in before the Competitor’s Meeting. In the event that damage cannot be attributed to a particular team, the repair costs will be divided evenly between all of the competing teams.
- 2.6. Competitors are responsible for bringing their own food and water. There will be no food or water provided nor for purchase on site.

**3. Eligibility**

- 3.1. This is a Tier 2 MISSA Event, open to all MISSA Central teams in good standing.
- 3.2. Berths for the Mallory Central Qualifier will be given to teams in a first come basis up to 18 teams.
- 3.3. Dry suits are required.

**4. Format**

- 4.1. This will be a 420-A and B fleet regatta with no rotations between sets.
- 4.2. 18 identical 420 boats will be provided and shall be sailed as provided
- 4.3. Each morning boat assignments will be drawn at random and posted to the online notice board

**5. Qualifying**

- 5.1. The top 8 teams earn berths to the MISSA Mallory Qualifier at The Foundry OH May 15-16, 2021. Teams must accept their berths in accordance with MISSA Supplemental Rule 5.10.

**6. Schedule**

April 17, 2021		April 18, 2021	
0930	Check in/Rig/Launch	0930	Rig/Launch
1000	Competitor’s Meeting	1000	First Warning
1030	First Warning	1530	No race start after this time

**7. Coaches**

- 7.1. Coaches must bring a coach boat and coach from the water for safety, this is mandatory as we will not be rotating from the dock nor coming to shore unless for emergencies.

## **8. Protest**

- 8.1. A competitor shall not communicate with anyone other than teammates or other competitors before reporting to the race committee and intention to file a protest. Breaking this rule may be grounds for closing the protest hearing.

## **9. Penalty Systems**

- 9.1. Decisions of the protest committee will be final as provided in RRS 70.5 (PR20b).
- 9.2. Appendix P will be used as modified by PR 14c.

## **10. Prizes**

- 10.1. Trophies will be awarded to the schools with teams finishing first through third based on the combined scores of the two divisions.

## **11. Disclaimer of Liability**

- 11.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race and RRS 4, acceptance of the rules. The organizing authority will not accept liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 11.2. All competitors and coaches must turn in individual and complete City of Lake Forest liability waivers as provided on the registration site. These may also be requested by emailing [HowardW@cityoflakeforest.com](mailto:HowardW@cityoflakeforest.com)

## **12. COVID Safety Protocols**

- 12.1. All competitors, coaches and support persons shall be required to wear face coverings while on Forest Park Beach property, including while on the docks. 6ft social distancing must be observed at all times possible.
- 12.2. Prior to launching each individual sailor's daily health screening form must be turned in by the team representative ,(coach or team captain or designated team representative). These will be available on techscore and at the LFS Sailing Office
- 12.3. Hand sanitizer and washrooms will be available at all times.

## **13. Further Information**

- 13.1. Parking is available at Forest Park Beach- South. A limited number of City of LF parking passes will be available. It is the responsibility of individuals to secure a parking pass from the host authority. Limited amount available. Without a pass parking is restricted at the venue
- 13.2. The use of Drones for any reason at Forest Park Beach is strictly prohibited by anyone other than the host authority. Support persons, coaches, or sailors flying drones without written permission from the City of Lake Forest may incur penalties to their teams sailing scores.
- 13.3. The regatta will be hosted by Lake Forest Sailing and sailed on the open of waters of Lake Michigan.

## **14. Location**

- 14.1. Lake Forest Sailing, Forest Park Beach – South Access  
Take Deer Path RD east until it dead ends at Lake RD. Go RIGHT on LAKE RD and follow until it brings you down the hill to the sailing parking lot. There is no actual address but google maps will direct you if you enter "Lake Forest Sailing."

## **15. Contact**

- 15.1. E-Mail Only – Will Howard- Sailing Director – [HowardW@cityoflakeforest.com](mailto:HowardW@cityoflakeforest.com)

Attachment A

Please help keep Forest Park Beach clean by using trash receptacles and keeping gear bags with cars. Gear bags should not be left in the boat compound or under the boating pavilion.

Unfortunately Dogs and other pets are not allowed at Forest Park Beach.



## Attachment B

### Lodging Options & Directions for Lake Forest Sailing Events

There is no proper address for LFS. The best way to get directions is to put "Lake Forest Sailing" into google maps.

Lake Forest Sailing - 42.2505, -87.8189

From interstate 94 take the *route 60* exit East. Go *left* on to Waukegan rd for about ½ mile then go *right* onto Deer Path Rd. Take Deer Path until it dead-ends at Lake Rd. Go *right* on Lake Rd and follow it down the South access road hill to the LFS parking lot.

From route 41 take the Deer Path Rd. exit and go East towards downtown LF. Sta on Deer Path until it dead-ends at Lake Rd. Go *right* on Lake Rd and follow it down the South access road hill to the LFS parking lot.

1. Deer Path Inn  
255 E. Illinois Rd, Lake Forest, IL, 60045  
847.234.2280  
<https://www.thedeerpathinn.com/>  
1.5 miles to LFS
2. Hilton Garden Inn Lake Forest/ Mettawa  
26225 Riverwoods Blvd, Lake Forest, IL, 60045  
847.735.8374  
<https://www.hilton.com/en/hotels/ordlfgi-hilton-garden-inn-lake-forest-mettawa/>  
5.8 miles to LFS
3. Residence Inn by Marriot Chicago Lake Forest/Mettawa  
26325 Riverwoods Blvd, Mettawa, IL, 60045  
847.615.2701  
<https://www.marriott.com/hotels/travel/chilk-residence-inn-chicago-lake-forest-mettawa/>  
5.8 miles to LFS
4. Homewood Suites by Hilton Chicago-Lincolnshire  
10 Westminster Way, Lincolnshire, IL, 60069  
847.945.9300  
<https://www.hilton.com/en/hotels/chilshw-homewood-suites-chicago-lincolnshire/>  
9 miles to LFS

More local hotels available on google