

**FRIDAY NIGHT LIGHTS #3
AT SAIL NEWPORT
14 MAY 2021**

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US SAILING, the ISSA Procedural Rules, the NESSA Procedural Rules, this Notice of Race, and the Sailing Instructions (available one week prior to each event date).
- 1.2. The Organizing Authority (OA) is Sail Newport, The Prout School and Rogers HS.

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board on TECHSCORE. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect. Changes will be also promulgated at the Competitor's meeting.

3. SCHEDULE:

- 3.1. Report time will be 3:30pm. The number of races each day will be at the discretion of the regatta chairperson.
- 3.2. No first warning signal for a race after 6:00 pm. (changes NOR 6.5)
- 3.3. Boat assignments will be posted on TECHSCORE the day before the event. No boat rotations will be allowed.

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance with ISSA PR 7.8. (changes NOR Para 8).
- 4.2. The race committee may designate course selection orally.
- 4.3. All marks will be described at the Competitor's meeting.
- 4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND RECALLS:

- 5.1. Races will start in accordance with ISSA PR 7.9.
- 5.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 5.4. The start line will be between a staff with a flag and a mark.
- 5.5. The finish line will be between a staff with a flag and a mark.
- 5.6. An additional race committee boat may be placed on the pin/mark end of the Start line and may impose individual recalls per 5.2.
- 5.7. The regatta will be sailed in two divisions (A / B). Races for each division may be sailed simultaneously with the same start and finish.

6. BREAKDOWNS:

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

7. PROTESTS:

- 7.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8. SCORING: Scoring will be in accordance with ISSA PR 9.

9. COACHING:

- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area from the time they arrive at the regatta site until the regatta is done unless explicitly permitted by the regatta chair.
- 9.2. Furthermore, schools will be assigned a "team area" on shore by regatta chair.
- 9.3. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or alongside a dock.
- 9.4. Sail Newport will serve as Race Committee and fulfill all waterside support requirements.
- 9.5. Coaches are responsible for meeting COVID Screening requirements per RI guidelines. A list of participants shall be provided to event organizers for tracing purposes. Entry of RP forms in TECHSCORE can meet this requirement.

10. SAFETY / COVID PROTOCOLS:

- 10.1. Competitors shall wear USCG approved lifejackets as outlined in ISSA PR 2.2.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 10.3. Sail Newport building and piers are off limits to non-participants. A Participant is defined in 1.7.
- 10.4. Masks and 6 foot social distancing are required by all participants while on shore.
- 10.5. Spectators are not authorized on Sail Newport facilities, to include porches, decks and docks. Those wishing to observe competitions are urged to comply with RI State Guidelines and respect Ft Adams State Park requirements established by the Dept of Environmental Management.
- 10.6. No changing areas/locker rooms are available on site. Recommend sailors arrive dressed in a manner that a changing room is not required.
- 10.7. Public Restrooms are available on the ground floor back side of the Sail Newport building as well as the Ft Adams Visitors Center.
- 10.8. Socials/cookouts are not authorized this year due to the COVID Pandemic protocols. We look forward to bringing them back in future years.

11. WAIVER OF LIABILITY:

- 11.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.
- 11.2 The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

12. REGATTA CONTACTS:

Joe Cooper, The Prout School	bushranger147@gmail.com	(401) 965-6006
Brad Donnelly, Rogers High School	braddonnelly13@gmail.com	(808) 779-2354
Nick Ewenson, Sail Newport	nick.ewenson@sailnewport.org	(401) 846-1983 x135