



# NorCal 1-Day #5 and #6 Regattas PYSF-Westpoint Feb 1<sup>st</sup> and 2<sup>nd</sup>, 2020

## Sailing Instructions

### 1 RULES

1.1 The regattas will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the current ISSA and PCISA Procedural Rules, the Notice of Series for the 2019-2020 Nor Cal Series, the Notice of Race, and these Sailing Instructions.

1.2 Each team must provide their own class legal CFJ, including sails and all rigging. Boats will not be rotated. Bow numbers may be provided by PCISA and shall be affixed in accordance with the Sailing Instructions. Sail numbers assigned by BAYS shall be used.

### 2 NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board in the PYSF Classroom located at the three blue containers

### 3 CHANGES MADE TO SAILING INSTRUCTIONS

3.1 Any change to the SIs will be posted by 1000 hours on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect..

### 4 SCHEDULE (all times approximate and subject to change)

Nor Cal #5 - Saturday, Feb 1, 2020	Nor Cal #6- Sunday, Feb 2, 2020
9:30am–10:30am Registration/Rigging	9:30am–10:30am Registration/Rigging
10:30am Competitors' Meeting	10:30am Competitors' Meeting
11:30am First Warning	11:30am First Warning
4:30pm No Starts After	4pm No Starts After
5pm Awards	5pm Awards

### 5 NUMBER of RACES

5.1 For each regatta, ten races are scheduled for each fleet (conditions permitting).

5.2 A minimum of one race shall constitute a completed regatta.

### 6 RACING AREA

6.1 The primary course will be located outside Redwood Creek, in South San Francisco Bay. Depending on conditions, the race area can be inside the turning basin.

## **7 COURSES**

7.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left. The number of the course to be sailed will be hailed or displayed from the Race Committee boat before each race.

## **8 MARKS AND START / FINISH LINES**

8.1 Marks of the course will be large red cones,

8.2 The starting line will be between an orange flag on the RC start boat at the starboard end of the line and an orange buoy at the port end of the line.

8.3 The finishing line will be between an orange flag on the RC finish boat at the starboard end of the line and a small orange buoy at the port end of the line.

## **9 THE START & RECALLS**

9.1 Races will be started in accordance with RRS Rule Appendix S.

9.2 Individual recalls will be made in accordance with RRS Appendix Q6, which states: "Individual recalls shall be signaled by the hail of the sail number (or some other clearly distinguishing feature) of each recalled boat. Flag X need not be displayed."

9.3 A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules, after a General Recall, the "Round-the-Ends Rule" provisions of RRS 30.1 shall apply. Flag I need not be displayed (this changes RRS 30.1).

## **10 TIME LIMITS**

10.1 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes rules 35.

10.2 The race committee reserves the right to finish a boat in place to prevent a delay in racing.

## **11 ALTERNATIVE PENALTIES, PROTESTS AND REQUESTS FOR REDRESS**

11.1 Competitors may clear themselves by taking a one-turn penalty after fouling another competitor.

11.2 Protests will be handled in accordance with ISSA Procedural Rules Section 16

11.3 Protest forms are available at the scoring table in the PYSF Classroom Area. Completed protest forms shall be returned to the same location within the protest time limit.

11.4 The time limit for submitting protest forms is 20 minutes after the RC start boat arrives back at the dock at the end of racing each day.

11.5 The schedule of protest hearings will be posted within 10 minutes after the protest time limit. Three minute hearings will be held in the Protest Room located just outside the EYC regatta room.

11.6 Decisions of the Protest Committee will be final as provided in rule 70.5.

11.7 Failure of a competitor to hear a course, postponement, or recall signal shall not be grounds for redress.

## **12 SCORING**

12.1 Scoring will be in accordance with ISSA Procedural Rules

## **13 SAFETY REGULATIONS**

13.1 All competitors must wear a USCG-approved PFD.

13.2 A competitor who retires from a racing shall notify the Race Committee as soon as possible

13.3 Any boat interfering with commercial traffic will be disqualified from the race. The race committee also reserves the right to abandon any race due to vessel traffic. Boats must clear the racing area if instructed by the race committee or a support boat.

## **14 COACHING AND SUPPORT BOATS**

14.1 After the preparatory signal for a race, coaching will not be permitted until a competitor has finished that race.

14.2 Coach and support boats should all carry working VHF radios. RC intends to monitor Ch. 68.

## **15 PRIZES**

15.1 Awards will be given to the top three teams in each fleet (Gold and Silver) for each regatta.

## **16 DISCLAIMER OF LIABILITY**

16.1 Competitors participate in the regattas entirely at their own risk. See RRS 4, Decision to Race. The team coach/parent/adult is the final authority for each team. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.