

SAILING INSTRUCTIONS
2019 NORCAL CHAMPIONSHIPS
March 30-31 2019

Hosted by Pacific Coast Interscholastic Sailing Association (PCISA)
 Venue: Peninsula Youth Sailing Foundation Redwood City, CA
 1200 Chesapeake Drive, Redwood City

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing, the ISSA Procedural Rules, the PCISA district Rules, the Notice of Series, the Notice of Race, and the Sailing Instructions.
- 1.2 The Organizing Authority (OA) is the Pacific Coast Interscholastic Sailing Association in conjunction with Peninsula Youth Sailing Foundation.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the PCISA website regatta link and/or the whiteboard next to the check in table.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the SIs will be posted by 11:00 hours on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take place.

4. ROTATION

- 4.1 Boats will be rotated between races. Rotation happens only within your team between A and B divisions. Boat will not be rotated through the fleet.
- 4.2 Rotations will happen at the public boat ramp. Rotation location can be changed at any time by the race officials.

5. BOATS & EQUIPMENT

- 5.1 Each team is responsible for providing one class legal CFJ in excellent condition. Secure hull and tank plugs are mandatory, and teams should have spare parts.
- 5.2 All teams must provide their own sails with designated NorCal League assigned sail numbers.

6. SCHEDULE OF EVENTS

Saturday March 30, 2019		Sunday March 31, 2019	
9:30-10:30	Report Time/Check In	10:00	Report Time
11:00	Competitors Meeting	11:00	Competitors Meeting
12:00	First Warning	12:00	First Warning
		3:30	No Warning after this time

7. SAILING AREA

The sailing area will be inside the Redwood City turning basin, right off the public launch ramp area. Coaches & spectators can view the racing from the shoreline. No coaches are allowed on the water.

8. COURSE/FORMAT

- 8.1 See Attachment A below for course diagram. Rounding Marks will be described at the Competitor's Meeting. Note that except for a leeward gate, all marks are left to port.
- 8.2 In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

9. START/FINISH

- 9.1 Races will start in accordance with ISSA PR 7.8(a).
- 9.2 Both the Start and Finish Line will be between an orange flag displayed on the Starboard side, and an orange buoy on the port side.

10. RECALLS

- 10.1 Individual recalls will be made in accordance with RRS Appendix S6.
- 10.2 General recalls will be signaled by a series of short whistles. After a general recall, the round-the-ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b).

11. SHORTENING, ABANDONING OR RESAILING A RACE

In accordance with ISSA PR 7.7 (d) races will not be shortened; they will be abandoned.

12. PROTESTS & REDRESS REQUESTS

- 12.1 Protests will be handled in accordance with ISSA Procedural Rules Section 16.
- 12.2 Protest forms are available at the regatta tent. Completed forms shall be returned to the same location within the protest time limit.
- 12.3 Competitor protests must be filed in writing within 20 minutes after the last boat reaches the dock for each rotation.
- 12.4 The schedule of protest hearings will be posted on the whiteboard under the regatta tent. Hearings will be held at the regatta tent or an area specified by regatta organizers.

13. SCORING

Scoring will be in accordance with ISSA Procedural rules.

14. SAFETY

- 14.1 U.S. Coast Guard approved PFDs are required in accordance with ISSA PR 2.2
- 14.2 A competitor who retires from a race shall notify the Race Committee as soon as possible.

15. COACHING AND SPECTATING

All coaching, crew rotation, exchange of clothing/food/drink and communication shall only occur on docks designated at the Competitors Meeting. Coaches are not allowed on the water. Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1.1, or as instructed by the Race Committee.

16. PRIZES

Prizes will be awarded to teams place 1st, 2nd, 3rd in each fleet.

Attachment A: PYSF Course Sheet

Course 2: S-W-S

Course 3: S-W-L-F

Course 4: S-W-L-W-S

Course 5: S-W-L-W-L-F

