



BALTIMORE COUNTY SAILING CENTER

A recreation council of Baltimore County Recreation and Parks

Address: 2200 Rocky Point Rd, Baltimore, MD 21221

(410) 391-0196

SAILING INSTRUCTIONS

2019 Spring Maryland State Varsity Championships for the benefit of the Eastern County Family Resource Center May 4-5

1. Rules

- 1.1. The regatta will be governed by the 2017-2020 Racing Rules of Sailing (RRS), except as any of these are changed by the Sailing Instructions or any appendices to the Sailing Instructions.
- 1.2. The organizing authority is the Baltimore County Sailing Center

2. Eligibility & Entry

- 2.1. Schools and sailors must qualify according to MDISA and MASSA procedures and confirm attendance through the MDISA director by the deadline set by MDISA rules.
- 2.2. The event is limited to teams from 18 competing schools.
- 2.3. There is no entry fee for the regatta.

3. SAFETY

- 3.1. A Coast Guard-approved PFD must be worn and fully secured at all times while afloat, except for brief periods while adding or removing clothing.
- 3.2. A boat retiring from a race shall notify a race committee boat before leaving the course, or, when that is impossible, the Regatta Office immediately after arrival ashore.
- 3.3. If the safety of the crew or boat is in jeopardy or if the progress of the regatta is affected, the Race Committee may require a boat to accept assistance and retire from the race.

4. Schedule of Events

Saturday May 4

9:00 am

9:15 am

Immediately After

Competitors Meeting

Report Time

Competitors Meeting

First Warning

Sunday May 5

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9:00 am
9:45 am
4:00 pm

Report time
First Warning
No Race Start After

5. Format

- 5.1. A complete round robin in Flying Juniors will be attempted.
- 5.2. Both divisions will race at the same time.
- 5.3. Rotations will occur at the beach.

6. Boats & Equipment

- 6.1. Flying Juniors will be provided. Competitors shall not modify any boat or cause them to be modified in any way.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Signal Boat on the water.
- 6.4. Breakdowns will be decided using ISSA Procedural Rules. Loss of cotter pins and rings will not be considered as a breakdown. Failure of knots (except at the head of the main when it was determined there was not an opportunity to check it) will not be considered as a breakdown.

7. THE START

- 7.1. Races will be started in accordance with ISSA PR 7.8.
- 7.2. Individual recalls will be made in accordance with RRS Appendix S.
- 7.3. General recalls will be signaled by series of short whistles. This modifies RRS 29.2 and Race Signals.
- 7.4. Note that ISSA PR 7.8(b) states that following a general recall, the "Round-the-Ends Rule" provisions of RRS 30.1 will be automatically in effect for that race. There will be no visual signal. This modifies RRS 30.1 and Preparatory Signals.
- 7.5. The "Round-the-Ends Rule" provisions of RRS 30.1 may apply for any start if hailed prior to the starting sequence. This signal may be made orally. Flag I need not be displayed (Changes RRS 30.1).

- 8. CHANGE OF THE NEXT LEG OF THE COURSE** - The race committee may change the position of any mark after the starting signal, provided that no boat is on that leg of the course. There will be no signal for any change. This changes RRS 33.

9. PROTESTS

- 9.1. A boat need not fly a red flag immediately after an incident to signify a protest, but she must comply with PR 16(a) and RRS 61.1. A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 16(b). Protests and requests for redress (including breakdowns) must be submitted to the Race Committee at the regatta desk within 30 minutes of the protestor reaching the beach for lunch if an incident occurred in the morning races or within 30 minutes of the protestor reaching the beach at the end of the day for afternoon races. Forms will be available at the regatta desk.

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9.2. Hearings will be held on the beach as soon as possible and may be held between sets of races.

10. Scoring

10.1. Scoring will be in accordance with ISSA PR 11.

11. East Family Resource Center

11.1. The Eastern Family Resource Center is our local homeless shelter which houses families in need. The Resource Center is more than just a homeless shelter it is a transitional home which helps these families in need get back on their feet. The center provides job training, health care, family services and a whole lot more.

11.2. We have started a joint program with the Eastern Resource Center this summer to give these homeless kids an opportunity to participate in our Chesapeake Experience camp every Monday evening all summer. They will sail, kayak, and fish while learning a number of STEM/Reach modules. Most importantly, it will give these children a chance to be outside. We believe this opportunity will help make their lives better while they deal with some unfortunate situations.

11.3. While touring the center we realized that MDSA High School Sailing can help the EFRC as well. We are asking that teams bring donations of the following items that the EFRC desperately needs to the regatta.

- Twin sized sheets
- Twin sized blankets
- Towels
- 18 gal. & 30 gal. plastic totes with lids
- Baby wipes
- All sizes of pampers & pull up pampers for infants/toddlers
- Toiletries