

# CONNECTICUT STATE CHAMPIONSHIP SAILING INSTRUCTIONS

## TWO DIVISION FLEET RACE



### SAIL BLACK ROCK Captain's Cove Seaport, Black Rock, CT Saturday, April 27, 2019

***SAIL BLACK ROCK, which hosts the teams of Sacred Heart University and Fairfield University, is pleased to offer a one day, two division, interscholastic fleet racing championship.***

1. **RULES:**

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the ISSA Procedural Rules, and the NESSA Procedural & District Rules
- 1.2. In accordance with RRS rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. ISSA PR 5.1 (Conduct) shall be in effect for the entire regatta. This rule applies to all invitees, including, but not limited to; sailors, coaches and parents. All invitees are expected to display proper manners and positive attitudes at all times. No barefoot sailing is permitted.
- 1.4. The Organizing Authority (OA) is NESSA in conjunction with SAIL BLACK ROCK. SAIL BLACK ROCK hosts the intercollegiate sailing teams of Fairfield and Sacred Heart Universities.
- 1.5. **Schools are limited to six (6) team members - (6) sailors and 1 coach. Spectators are welcome.**

2. **SCHEDULE:**

**0900 – Special Mini Presentation - attendance optional – Sail Black Rock Head Coach Peter Coleman, two time America's Cup Crew, Twice Olympic First Alternate and Mallory Cup Winner, will speak on his life in competitive sailing.**

- 2.1. 0930 -Competitors' Meeting – mandatory attendance  
1600 - No first warning for any race will start after this time, except if the regatta is not "official" yet, in accordance with the ISSA PR in which case, racing can continue until the regatta is official.
- 2.2. Changes to the schedule will be posted on the official notice board located in the sailing school classroom.

3. **RACING AREA:** The race area will be defined at Competitors' Meeting but will be most likely be in the vicinity of St. Mary's Point at the western entrance to Black Rock Harbor, on Long Island Sound

4. **COURSES:** The Race Committee will determine the courses as prescribed in ISSA PR 7.7. Courses will be defined at Competitors' Meeting but may be modified at any time by RC. RC will make auditory announcements of course changes, if any, to all sailors on race course.

5. **SCORING:** The regatta will be scored in accordance with ISSA Procedural Rules. TechScore will be updated in real time.

6. **COACHING:**

6.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from the time they arrive at the regatta site until the regatta is done unless explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

**SUBSTITUTES, COACHES AND POSSIBLY SOME SPECTATORS WILL BE STAGED NEAR THE STARTING LINE ON SUPPORT BOATS. ALL TEAMS MUST PROVIDE HEAD COUNTS FOR SUBSTITUTES, COACHES AND SPECTATORS PRIOR TO THE REGISTRATION DEADLINE> Send counts to event chair via email. [dave@dhwhiterealestate.com](mailto:dave@dhwhiterealestate.com). On the water coaches are limited to one per team and will be a common coach boat.**

ISSA PR 8 defines other coaching limitations and obligations.

**WAIVER OF LIABILITY:**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**REGATTA CONTACTS/REGATTA CHAIRS:**

Jonathan Harley – NESSA VP

[jonathanharley@cox.net](mailto:jonathanharley@cox.net)

Dave White – SAIL BLACK ROCK – Event Chair - [dave@dhwhiterealestate.com](mailto:dave@dhwhiterealestate.com) (203) 249-4434

Sam Jones – Regatta Committee - - [sam.jones@uwalumni.com](mailto:sam.jones@uwalumni.com).

## APENDIX A

### CT STATE CHAMPS Competitors @ SAIL BLACK ROCK – Total 14 berths

Fairfield Ludlowe  
The Williams School  
Greenwich High School  
Hotchkiss  
Daniel Hand High School  
Stamford Varsity Sailing  
Xavier High School  
The Sound School  
Choate Rosemary Hall  
Brunswick  
Greenwich academy  
Fairfield Prep  
Staples High School  
Darien High School

Wait Listed – Rye Country Day

# CONNECTICUT STATE CHAMPIONSHIP LOGISTICS

## TWO DIVISION FLEET RACE



**SAIL BLACK ROCK**  
Captain's Cove Seaport, Black Rock, CT  
Saturday, April 27, 2019

***SAIL BLACK ROCK, which hosts the teams of Sacred Heart University and Fairfield University, is pleased to offer a one day, two division, interscholastic fleet racing championship.***

**Pizza Party – Immediately following racing; pizza and soft drink Regatta Ginger Beer will be served compliments of Regatta Ginger Beer. Awards will be presented for placing skippers and crew.**

**Shore Access and Departure – No sailors will have access to shore after first warning. All sailors will be on the water 1.5 miles offshore for the entire day. No sailor will be brought back to shore except for an emergency. Departures from shore venue at end of regatta will be approximately at 1730 hours.**

**Parking – Abundant parking around the Sailing School Building, which is larger white building on the boardwalk. Lock cars.**

**Gear/Dressing – Dress in Sailing School classroom or in Sailing School heads. Please keep gear and gear bags in cars. Nothing is to be left on boardwalk, outside on deck of sailing school building or in classroom.**

**Lunch – Bring your own for on the water nourishment. Seaport Restaurant is not open. New Stop and Shop is two blocks away, McDonald's, Popeye's, Wendy's, Subway and Dunkin' Donuts are 5 minutes by car. Chipotle and Five Guys is 10 minutes away in Fairfield. Lunches will be stored on support powerboats.**

**Water – Plastic water bottles are banned. Refill stations are available on shore in Sailing School head and at water stations on powerboats on race course.**

**Drysuits – Please have dry suits or full wet suits available, RC will announce if required at Competitors' Meeting.**

**Safety** – Harbor has occasional commercial traffic consisting of large oil and gravel barges with tugs. They have the right of way and cannot change course or stop quickly. Keep clear of commercial channel to permit their transit. All sailors, coaches and spectators on the water must be wearing an approved PFD, unless directed otherwise by RC. Proper boat shoes/boots to be worn by all sailors, coaches and spectators at all times.

**Heads** – Our sailing school building has heads, showers and washer/dryer. Support powerboats including Mini-barge, RC and Grand Banks have heads for on the water access.

**Boat Launch** – (14) FJs are dry stored on floats on island dock across the harbor. Competitors are ferried in inflatables – 14+ passengers at a time.

**Equipment**- (14) older matching FJs with recent blades, running and standing rigging and newer square top mainsails. Please be sure to tie in the rudders with tillers through shock cord and line tie in to pad eye, check tanks for water and check hiking straps lines.

**Racing Area** – Black Rock Harbor, Bridgeport, CT on Long Island Sound. Harbor can be shallow in areas and there are rocks. We have several racing areas but most likely we will be racing off St. Mary's Point on Long Island Sound at the western side at the mouth of Black Rock Harbor. Racing areas may change in afternoons, dependent upon wind strength and direction, sea conditions and tide. Please pay attention in Competitors' meeting concerning hazards in the racing areas.

**Rotations** – Rotations will be available with real time updates on TechScore. Rotations are off hull and sail number, which should match. Rotations will be made on the water off Grand Banks flanked by mini-barge and pontoon platform, conditions permitting after 2 races. **All boats must stay in channel and stay close in along docks for adequate water depth. Do not cut across cove, as you may run aground.**

**Power Boats** – We have an 18' red lobster boat (Beach Plum) for RC. It has a cabin, head and holds 4-6 adults, a 22' grey RIB which holds 16 for rescue/coach, a 13' Whaler for marks, a 17' red inflatable for judges/coaches/rescue (holds 12 adults), and a 14' grey RIB which holds 6 for coaches/rotation management. Grand Banks 32 with pontoon and mini-barge will be anchored for offset staging of sailors and division rotations.

**Capsize** – Red inflatable is typically rescue boat. It is important to move quickly to right the boat and avoid turtling because the bottom is thick, smelly black mud.

#### **HOTELS** –

Inn at Fairfield Beach, Fairfield, CT – updated motel across from Fairfield Beach, nautically decorated studios & suites for 2-4 persons (add. guests on air mattresses) - \$140-\$250 -ask for 10% university discount, additional person \$25- book side away from bar - recommended

Inn at Long Shore, Westport, CT – only 12 rooms and suites on waterfront golf course and marina. River and Long Is. Sound views from classic 1890 European style mansion with fine dining restaurant. Complementary continental breakfast. Expansive lawn leading to private beach \$159-\$259 – 2-4 persons per room. 15 minute drive, - highly recommended

Black Rock Inn/Best Western, Fairfield, CT - \$139 (2 in room) - suites available for 4-6 – hot breakfast included- do not book first floor, I-95 side or any pet friendly rooms – adequate business hotel

Fairfield Circle Inn, Fairfield, CT - \$159 (2 in room) – suites available, Circle Diner on site– new outdoor pool, - 2015 fully renovated motel into 3 star first class facility – book pool side - highly recommended

Delamar Southport – Southport, CT - \$289+ luxury 5 star hotel with spa/fitness center and artisan fine dining, suites available, book side away from I-95, highly recommended as best luxury hotel within 25 miles

**Après Sail** – Downtown Fairfield is just a few miles away. Also dining and nightlife along Fairfield Avenue in nearby Black Rock section of Bridgeport. Sacred Heart University and Fairfield University campuses are less than 10 minutes away in the Town of Fairfield.

**Contacts** – Program Director, Dave White

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Sam Jones – Regatta Committee - - [sam.jones@uwalumni.com](mailto:sam.jones@uwalumni.com).

*Deus ventum movet, hominis velum aptarat*