

MDISA Junior Varsity Regatta

Organized by North East River Yacht Club
on behalf of NERHS

Saturday, April 28, 2018

Sailing Instructions

1 RULES

The regatta will be governed by the Racing Rules of Sailing 2017- 2020, the prescriptions of US SAILING, the Inter-Scholastic Sailing Association (ISSA) Procedural Rules, and these Sailing Instructions.

2 ELIGIBILITY & ENTRIES

- 2.1 Schools and sailors must qualify according to MDISA and MASSA procedures and confirm attendance through the MDISA director by the deadline set by MDISA rules.
- 2.2 The event is limited to teams from 11 competing schools.
- 2.3 There is no entry fee for the regatta.

3 SCHEDULE

Saturday, April 28th

Report Time	0930
Competitors' Meeting	0945
First Warning	1015 (approximately)
No Race Start After	1600

4 FORMAT

- 4.1 A complete round robin will be attempted.
- 4.2 Two "A" Division races will be sailed followed by two "B" Division races, unless an odd number of races are sailed by each division.
- 4.3 The Race Committee has the option of sailing three races in one rotation thus modifying the posted rotation.

5 BOATS & EQUIPMENT

- 5.1 Flying Juniors will be provided. Competitors shall not modify any boat or cause them to be modified in any way without consent of the race committee.
- 5.2 The standing rigging shall not be adjusted without consent of the race committee.
- 5.3 The penalty for infringing instruction 5.1 or 5.2 will be disqualification from all races sailed in contravention of those instructions.

- 5.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Boat on the water.
- 5.5 Breakdowns will be decided using ISSA Procedural Rules. Loss of cotter pins and rings will not be considered as a breakdown. Failure of knots (except at the head of the main when it was determined there was not an opportunity to check it) will not be considered as a breakdown.

6 ROTATION

The rotation of boats will be in accordance with the rotation sheet provided at the competitors' meeting and posted on the regatta notice board.

7 RACING AREA

The racing area will be in waters just outside the mooring field in front of North East River Yacht Club. (See appendix 1). North East River Yacht Club is located at 80 Bayside Drive, North East, MD 21901.

8 COURSES & MARKS

- 8.1 Course diagrams will be posted on the official regatta notice board. The course will be W2 unless the race committee hails an alternate course prior to the warning signal of a given race.
- 8.2 The windward and leeward marks will be inflatable orange cylinders.
- 8.3 The start and finish lines will be between an orange flag on the Race Committee boat and a nearby inflatable mark.
- 8.4 The Race Committee may change a mark's position before the leading boat has begun the leg leading to that mark. There will be no signal for a course change. This modifies RRS 33.

9 STARTING SYSTEM AND RECALLS

- 9.1 Races will be started in accordance with ISSA PR 7.8. (3 minute dinghy start)
- 9.2 Individual recalls will be made in accordance with RRS Appendix S.
- 9.3 General recalls will be signaled by series of short whistles and the general recall flag. The multiple sounds and the repeater for general recall modifies both ISSA PR and RRS.

10 PROTESTS AND REQUESTS FOR REDRESS

- 10.1 A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 16(b). Protests and requests for redress (including breakdowns) must be submitted to the Race Committee person on shore within 30 minutes of the protestor reaching the dock following the set of races involved in the incident. Forms will be available from the on-shore Committee person.

- 10.2 Hearings will be held on the shore as soon as possible and may be held between sets of races.

11 SCORING

Scoring will be in accordance with ISSA PR 11.

12 SAFETY

- 12.1 Competitors shall wear USCG approved Type III or V personal flotation devices (PFDs) at all times while in a boat after departure from the dock until return to the dock. Inflatable type PFDs are not permitted.
- 12.2 Competitors are encouraged to wear a dry suit, wet suit or other appropriate protective clothing for their own safety and comfort. The Northeast river (top of the Chesapeake Bay) is fresh water and the water temperature in the area has been trending above 65 degrees.
- 12.3 If the safety of the crew or boat is in jeopardy or if the progress of the regatta is affected, the Race Committee may require a boat to accept assistance and retire from the race.

13. SEAMANSHIP

Contestants are expected to handle boats and equipment in a safe and seamanlike manner. Sailing the boats into the dock used for rotations at more than a dead slow speed will be considered unseamanlike. The Race Committee, afloat or ashore, will protest such actions. Violation of this provision may be grounds for disqualification from the last race sailed or for excluding a team from any or all of the remaining parts of the event.

14. COACHING

- 14.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the race committee. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 14.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while assisting with race management.
- 14.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only while on shore or on the docks.
- 14.4 All support personnel are encouraged to bring their own portable chairs and foul weather gear.

15. TRASH DISPOSAL

15.1 Boats shall not put trash in the water. Sailors ashore shall place trash in the appropriate receptacles (Changes RRS 55).

15.2 Breach of this rule will be grounds for disqualification.

16. SUBSTANCE ABUSE AND BEHAVIOR

16.1 Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event.

16.2 Immediately before, during, and immediately after, no contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation or other discipline expectations occurring during the event may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the MASSA Board of Directors, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

17. DISCLAIMER OF LIABILITY

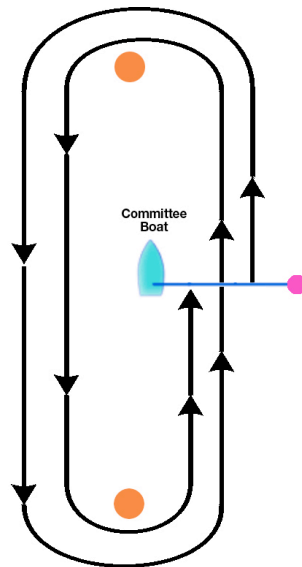
Competitors participate in the regatta entirely at their own risk. See RRS Part 1 – Fundamental Rules, #4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

APPENDIX 1

COURSE W2

**Windward
Leeward**

Course W2 is a Windward/Leeward course, twice around, with a windward finish. The start/finish line will be "OPEN" and not restricted during races so competitors may pass through while going to their next mark as desired.

Course W1 may be substituted if hailed from the Committee Boat, and is a modification of W2, instead being a Windward/Leeward course, ONCE around, with a windward finish.