

Sailing Instructions – Amended 4/27/2018
2018 MASSA Girl’s Fleet Race Championship - Sailing Instructions
Fort Monroe, Virginia - May 5-6, 2018

1 RULES:

- 1.1 The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing (RRS), the Interscholastic Sailing Association (ISSA) Official Procedural Rules, the Mid-Atlantic Sailing Association Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
 - 1.2 RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).
 - 1.3 In accordance with RRS 70.5(a) decisions of the protest committee are final, US SAILING permission has been granted.
 - 1.4 The Organizing Authority (OA) is the Mid-Atlantic Sailing Association (MASSA) in conjunction with hosts Virginia Interscholastic Sailing Association (VISA) and Youth Sailing Virginia (YSV).
- 2 **NOTICE TO COMPETITORS:** Official notices including changes to Sailing Instructions will be posted on the Official Notice Board located at the Kayak Dock Parking lot at Stilwell Dr., Hampton, VA. Changes to the Sailing Instructions shall be approved by the Race Committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3 SCHEDULE:

- 3.1 Saturday (May 5, 2018): There is no cut-off time for racing.
 - 8:00AM - Report time
 - 8:30AM - Competitors meeting.
 - 8:45AM - Depart to floating dock to rig boats
 - First race as soon as possible
- 3.2 Sunday (May 6, 2018): No race will start after 2:00PM, except for a sail-off, if needed.
 - 8:00AM - Report time
 - 8:30AM - Competitors meeting.
 - 8:45AM - Depart to floating dock to rig boats
 - First race as soon as possible
 - Trophy presentation will take place as soon possible after all boats are secured and all protest are resolved.
- 3.3 The number of races each day will be at the discretion of the Race Committee.
- 3.4 Rotation schedules and boat assignments will be posted on Tech Score and on the Official Notice Board.

4 COURSES AND MARKS:

- 4.1 Courses will be in accordance with ISSA Procedural Rule 7.7.
- 4.2 The Race Committee may designate course selection orally prior to every race.
- 4.3 All marks will be white or orange balls.

5 START, FINISH, AND RECALLS:

- 5.1 Races will start in accordance with ISSA Procedural Rule 7.8(a).
- 5.2 Individual recalls will be made in accordance with RRS Appendix U4 and U5.
- 5.3 General Recalls will be signaled by a series of short whistles. After a General Recall, the “Round-the-Ends Rule” provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA Procedural Rule 7.8(b) (Changes RRS 30.1).
- 5.4 The start line will be between a white ball (or a large pink flamingo) at the port end of the line and an orange flag on the start boat.

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5.5 The finish line will be between a white ball and an orange flag on the finish boat.

6 BREAKDOWNS:

- 6.1 Breakdown requests shall be filed in the same manner as protests.
- 6.2 Breakdowns shall be scored in accordance with ISSA Procedural Rule 9(e). Compensation shall be consistent with ISSA Procedural Rule Appendix 3.

7 PROTESTS:

- 7.1 Protests procedure will be in accordance with ISSA Procedural Rule Part VI.
- 7.2 Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 7.3 Protests forms will be available on a table near the notice board at the Kayak dock parking lot on Stilwell Dr.
- 7.4 Protests shall be filed within 30 minutes of reaching shore at the conclusion of the set, or sailing for the day, whichever comes first for the protestor.

8 SCORING: Scoring will be in accordance with ISSA Procedural Rule 9.

9 COACHING:

- 9.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 9.2 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only between sets on the floating dock, or on shore.

10 SAFETY:

- 10.1 Competitors shall wear US Coast Guard approved personal floatation device as outlined in ISSA Procedural Rule 2.2.
- 10.2 A boat that retires from a race shall notify the Race Committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 10.3 The Race Committee may request a boat to retire from the race at any time should their safety be in question.

11 FORMAT:

- 11.1 The Race Committee will attempt to complete two full rotations.
- 11.2 The regatta will be 1 division, navy rotation. Skipper/crew rotations will only occur between sets on the floating dock.
- 11.3 The Race Committee may request a boat that is significantly behind to retire from the race and will be scored their current position in order to expedite the racing.

12 TROPHIES:

- 12.1 Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta.