



2017 Z Trophy Regatta

Hosted By:
Sheridan Shore Sailing School
March 18, 2017



Sailing Instructions

1. RULES:

1.1. The regatta will be governed by: 2017-2020 Racing Rules of Sailing (RRS), prescriptions of the US Sailing Association, ISSA Procedural Rules, MISSA By-laws and District Rules, NOR, and the SI's.

2. CHANGES TO SAILING INSTRUCTIONS:

2.1. Any changes to the SI's will be posted on the Official Notice Board on the Sailing School office door.

3 GREEN INITIATIVE:

3.1 We are asking that all sailors, coaches and parents to bring reusable bottles. Going green with reusable bottles will benefit our wonderful Lake Michigan by reducing, reusing, recycling unnecessary waste and conserving plastic. Some of the greatest threats to future resources come from things we throw away every day. There is no resource more precious than the environment and it's our job to keep our planet green.

3.2 5-gallon water jugs will be out on the racecourse and dock area to facilitate the filling up of bottles.

4 BOSUN RULE:

4.1 In the event that 420 damage cannot be attributed to a particular team, the repair costs will be divided evenly between all the teams competing.

4.2 The Bosun will be on the race course taking notes on all boat contact, mark contact and report all info to the PC and OA.

4.3 After finishing each race, all competitors shall stop by the Leeward side of the RC/Bosun boat to report: any association with a protest, any contact or damage between boats or marks, and/or Penalty Turns taken. Failure to report information, may result in PC or OA Action.

4.4 Boats involved in contact must wait leeward of the RC/Bosun boat. The Bosun shall look at each boat involved. Any damage that the Bosun deems more than 10 minutes to repair is considered serious damage, Bosun will reported all info to the PC and OA. The PC may take action with information received from the Bosun, each team may lose their Damage Deposit and or pay for the damage.

5 IN ORDER TO PREVENT COLLISIONS IN THE RACING AREA:

5.1 The intent of these changes is to allow the Protest Committee (PC) to penalize a right of way boat for failure to avoid a collision that she could have avoided. Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the PC.

5.2 A boat may be penalized under rule 14 even if no damage or injury results. Specifically: RRS 14 (b) is omitted.

5.3 One-foot rule: The Protest Committee may consider one foot or less between boats as contact.

5.4 Discipline: In the event of a collision, the OA and or the Bosun may ban one or both skippers temporarily or permanently. When the PC decides that a boat has broken rule 14 and damage or injury resulted, the PC may ban one or both skippers temporarily or permanently.

6 RACING AREA/COURSES:

- 6.1 The course the Race Committee will be using is "Z Trophy." All mark roundings will be made to port. The Start will be between mark "Start" and a Green flag on the RC boat. After start is as follows:
- 6.2 After Start the 420 class will then head to mark "W1," between marks "L1 & L2," mark "W1," between marks "L1 & L2," and then head to Finish. The finish will be on the Starboard side of the RC boat between a Red flag and mark "Finish." See Appendix A.
- 6.3 Marks W1, L1, L2 and Start will be orange Tomato's; Mark Finish will be a white Tomato.
- 6.4 Starting sequence shall be 3-minute dingy starts. RC will announce the start order on a loudhailer, 1st start of the regatta will be the 420 Class B Division.
- 6.5 The Racing Area will be the waters of Lake Michigan directly off of the Wilmette Harbor.

7 INDIVIDUAL RECALLS/ PROTESTS:

- 7.1 Code Flag "X" may be displayed for individual recalls. It is the responsibility of the yacht to make a proper start. Failure of the Race Committee to make these signals or failure of a starter on the course side to see or hear these signals shall not relieve the offending yacht from restarting and is not grounds for redress.
- 7.2 Forms can be found in Sailing School Office, all protest forms must be handed in 30 minutes after RC Dock time, all Protest will be heard after racing.

8 COACHING:

- 8.1 It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.
- 8.2 The Race Committee shall designate the area where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area. Contact with competitors shall be limited to the designated area.
- 8.3 Team-leaders, chaperones, advisors, coaches and other support personnel shall not go afloat in the sailing area during the weekend, unless with the permission of the event chairperson.

9 OFFICIAL NOTICE FOR ALL TEAMS:

- 9.1 Sheridan Shore Sailing School, Wilmette Harbor Association, Metropolitan Water Reclamation District and its officers, members, employees, and race committee assume and accept no responsibility for property damage to any boat or personal injury to any skipper, crew, or friends incurred while participating in this regatta, including pre- and post-race activities. It is the responsibility of the skipper, along with his/her coach, advisor, and/or parent(s) to assess the condition of his/her boat, whether or not he/she owns said boat, and its suitability for the weather expected during the course of the race, and to decide whether to start or continue any race.

10 REGATTA CONTACTS:

Regatta Chair/OA: Zac Hernandez
Zac@sheridanshoresailingschool.org
www.sheridanshoresailingschool.org
Phone: 847.251.1110
PRO: Zac Hernandez
BOSUN: Ross Adams
PC: Ross Adams, Will Howard and Megan Bartley or other coach.

11 SCHEDULE:

Saturday
8:00 a.m. Report Time
8:30 a.m. Skippers meeting
9:15 a.m. 1st Start, if all teams ready we will start before
2:00 pm NO start after, unless one more race needed