

NESSA TEAM RACING CHAMPIONSHIPS
for
The FRITZ MARK TROPHY & The JIM TERKELSON TROPHY
Bowdoin College & SailMaine
MAY 20-21, 2017

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, including Appendix D, the prescriptions of US Sailing, the ISSA Procedural Rules, the NESSA Procedural Rules and District Rules, the Notice of Race, and these Sailing Instructions.
- 1.2. The Organizing Authority (OA) is the NESSA in conjunction with the host.
- 1.3. In accordance with ISSA PR 12, RRS D2.6 (Limited Umpiring) & RRS D2.2 (single flag procedure) shall apply.
- 1.4. In accordance with rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.5. ISSA PR 2.5 (Team Uniforms) is in effect.

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located at Bowdoin College sailing facility and SailMaine as well as posted on Tech Score. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE & FORMAT:

- 3.1. Report time for Saturday and Sunday will be 0900. Sailors meeting will follow shortly afterwards.
- 3.2. The number of races each day will be at the discretion of the regatta chair.
- 3.3. A double round-robin followed by a 4 team double championship round robin is planned for both regattas

4. COURSES AND MARKS:

- 4.1. Courses will be the Digital N in accordance with Appendix 6 of the ISSA PR.
- 4.2. The race committee may designate course selection orally.
- 4.3. All marks will be described at the sailors meeting
- 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND RECALLS:

- 5.1. Races will start in accordance with ISSA PR 7.8(a).
- 5.2. Individual recalls will be made in accordance with RRS Appendix U6.
- 5.3. After a general recall, ISSA PR 7.8(b) shall not apply.
- 5.4. The start line & finish line will be between a mark and an orange flag on the RC boat.

6. BREAKDOWNS:

- 6.1. Breakdown requests shall be filed in the same manner as protests.
- 6.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.

- 7. PROTESTS:** Protests procedure will be in accordance with ISSA PR Part VI, RRS Appendix D2.2, & RRS Appendix D2.6.

8. SCORING:

- 8.1 Scoring will be in accordance with ISSA PR 12.
- 8.2 ISSA PR 12.1 addresses TIES.

9. COACHING:

- 9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.
- 9.3. A coach who is also acting as a Race Committee is exempt from 9.2 between races.

10. SAFETY:

- 10.1. Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. TROPHIES:

- 11.1 Prizes will be awarded to the top four schools at both regattas.
- 11.2 The top school at the Mark will get the Fritz Mark trophy until next year's regatta under the provisions of NESSA PR Article M.
- 11.3 Schools finishing 1st and 2nd at the Mark trophy will also earn the right to represent NESSA at the ISSA Team Racing Championship (Baker Trophy) in Norfolk, VA the following weekend.
- 11.4 Schools finishing 3rd & 4th at the Mark trophy will earn the right to represent NESSA at the National Invitational Tournament (Founders Trophy) in Greenwich, CT the following weekend.
- 11.5 Schools finishing 1st at the Terk trophy will earn the right to represent NESSA at the National Invitational Tournament (Founders Trophy) in Greenwich, CT the following weekend.
- 11.6 If not all berths in the Baker and the NIT are filled, they will be offered to the school finishing next in line starting with the schools 5th through 8th place at the Mark and then schools 2nd through 8th at the Terk until all berths are filled.

- 12. WAIVER OF LIABILITY:** Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.