

**NESSA TEAM RACING CHAMPIONSHIPS**  
**for**  
**The FRITZ MARK TROPHY and the TERK TROPHY**  
**MIT**  
**MAY 21-22, 2016**

**SAILING INSTRUCTIONS**

**1. RULES:**

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, including Appendix D, the prescriptions of US Sailing, the ISSA Procedural Rules, the NESSA Procedural Rules and District Rules, the Notice of Race, and these Sailing Instructions.
- 1.2. The Organizing Authority (OA) is the NESSA.
- 1.3. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).
- 1.4. In accordance with rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.5 ISSA PR 2.5 (Pinnies) shall be in effect

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located on Tech Score . Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

**3. SCHEDULE & FORMAT:**

- 3.1. Report time for Saturday and Sunday will be 0845 (per NOR) with competitors meeting at 9:30.
- 3.2. The number of races each day will be at the discretion of the regatta chair.
- 3.3. A double round-robin followed by a 4 team double championship round robin is planned for both regattas

**4. COURSES, MARKS:**

- 4.1. Courses will be the Digital N in accordance with Appendix 6 of the ISSA PR.
- 4.2. The race committee may designate course selection orally.
- 4.3. All turning marks will be MIT balls (Yellow, Green and Pink)
- 4.4. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

**5. EQUIPMENT:**

- 5.1 FJ's and Fireflies will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

- 5.2. Mark trophy will utilize the FJ fleet and Terk will sail in the Fireflies for the duration of the event.
- 5.3. The standing rigging shall not be adjusted.
- 5.4. Mainsheets in the FJ's may be rigged with a 3:1 or 4:1 purchase.
- 5.5. The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 5.6. Competitors shall report any damage or loss of equipment, however slight, to MIT personal immediately after arriving at the pavilion.

**6. START, FINISH, AND RECALLS:**

- 6.1. Races will start in accordance with ISSA PR 7.8(a).
- 6.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 6.3. After a general recall, ISSA PR 7.8(b) shall not apply.
- 6.4. The start line & finish line will be between a mark and an orange flag on the RC boat.

**7. BREAKDOWNS:**

- 7.1. Breakdown requests shall be filed in the same manner as protests.
- 7.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.

- 8. PROTESTS:** Protest procedure will be in accordance with ISSA PR Part VI, RRS Appendix D2.5, & RRS Appendix D2.6.

**9. SCORING:**

- 9.1 Scoring will be in accordance with ISSA PR 12.
- 9.2 New ISSA PR 12.1 addresses TIES: Ties in a completed round-robin series shall be broken using only the results in the series, in order:
  - a) If the tied teams have raced more than once, the highest number of wins in all races between the tied teams.
  - (b) When conditions and time permit, as determined by the regatta chair, the chief umpire, and the NESSA representative, ties shall be broken by a sail-off between tied teams. In non-qualifying events, the sail-off requirement may be eliminated.
  - (c) If a sail-off cannot be completed, the highest number of race wins in all races between the tied teams.
  - (d) Then, the lowest total points scored in all races between the tied teams.
  - (e) If two teams remain tied, the winner of the last race between them.
  - (f) Then, the lowest average points scored in all races against common opponents.
  - (e) Finally via a game of chance.

**10. COACHING:**

- 10.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

**10.2.** Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

**10.3.** A coach who is also acting as a Race Committee is exempt from 9.2 between races.

**11. SAFETY:**

**11.1.** Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.

**11.2.** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

**12. TROPHIES:**

**12.1** Prizes will be awarded to the top four schools at the Mark trophy and the top two school in the Turk Trophy.

**12.2** The top school at the Mark will get the Fritz Mark trophy until next year's regatta under the provisions of NESSA PR Article M.

**12.3** Schools finishing 1<sup>st</sup> and 2<sup>nd</sup> at the Mark trophy will also earn the right to represent NESSA at the ISSA Team Racing Championship (Baker Trophy) in **Anacortes, WA** the following weekend.

**12.4** Schools finishing 3<sup>rd</sup> & 4<sup>th</sup> at the Mark trophy will earn the right to represent NESSA at the National Invitational Tournament (Founders Trophy) in Wayzata, MN the following weekend.

**12.5** The school that wins the Turk trophy will earn the right to represent NESSA at the National Invitational Tournament (Founders Trophy) in Wayzata, MN the following weekend.

**13. WAIVER OF LIABILITY:** Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**14. RIGHTS TO USE NAME AND LIKENESS:**

**14.1.** By participating in this event, competitors automatically grant to the Organizing Authority and the

event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the