NYISA-SE League Mallory Qualifier
United States Merchant Marine Academy
April 9, 2016

SAILING INSTRUCTIONS

1. **Rules**
   1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2013-2016, the prescriptions of US SAILING, the ISSA Procedural Rules, MASSA Procedural Rules, and these Sailing Instructions with the following exception: red flags will not be required for protests.

   1.2 Racing Rules listed below will be changed as indicated.

   A. Rule 63.7 will be replaced with: "If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions shall apply."

2. **Notices to Competitors**

   Notices to Competitors, including boat rotations, will be posted on the official regatta notice board located in the All-American Room in the Yocum Sailing Center on the second floor.

3. **Changes to the Sailing Instructions**

   Any change to the sailing instructions will be announced orally and posted on the Regatta Notice Board before the first race they are to take effect.

4. **Boats and Equipment**
   4.1. FJ boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
   4.2. The standing rigging shall not be adjusted.
   4.3. Mainsheets may be rigged with a 3:1 or 4:1 purchase.
   4.4. The penalty for infringing the above instructions shall be disqualification from all races sailed in contravention of these sailing instructions.
   4.5. Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
   4.6. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may grant redress for the failure of the main halyard masthead knot.

5. **Format**

   The format will be a single round robin two division regatta.

6. **Rotation of Boats**
   6.1. The rotation of boats will be in accordance with the provided rotation sheet on the official notice board and on Tech Score.
   6.2. No skipper or crew rotations will occur from a coach boat for the first race after a break ashore, unless announced by the regatta chairman that it is fair for all competitors to do so.

7. Schedule of Events

Saturday, April 9	0900	Report Time
	0915	Competitor's Meeting
	0945	Harbor Start
	1000	First Warning

8. Racing Area

The racing area will be Western Long Island Sound, East of the Throggs Neck Bridge, including Little Neck and Eastchester Bays.

9. Courses and Marks

9.1. The courses will be taken from course diagrams below and will be posted on the official notice board.

9.2. Rounding Marks will be red balls.

9.3. Start/Finish pins will be yellow balls.

10. Changes of course after the start

Any mark of the course may be moved in accordance with ISSA PR 7.7 (c).

11. Starting and Finishing

11.1. Races will be started in accordance with PR 7.8.

11.2. Code flag "A" and "B" will be used to signal each divisions start.

11.3. The "I" Flag may be displayed at any time. Meaning the 1 minute rule of round the ends is in effect. In accordance with PR 7.8b, RRS 30.1 (round the ends rule) shall automatically apply after a general recall and the "I" flag need not be displayed.

11.4. The starting line will be between a red flag on the race committee start boat and a yellow mark on the port end of the line.

11.5. The finish line will be between a red flag on the race committee finish boat and a yellow mark. The finish line orientation will be as posted on the course diagrams.

11.6. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

11.7. Starts will not be delayed due to capsized boats.

12. Recalls

12.1. Individual Recalls will be signaled with Code Flag "X" being displayed for 60 seconds. The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

12.2. The "I" flag may be used at any time during the event.

12.3. Multiple whistles and the hail of the words "General Recall" will signal a General Recall. The "first substitute" flag may be displayed to help with general recalls.

13. Alternative Penalties

13.1. Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

13.2. All penalties shall be reported to the Race Committee Finish Boat promptly after finishing

14. Judging

USMMA team members & Coach will serve as the regatta protest committee.

15. Protests

Protest shall be filed in accordance with the ISSA Procedural Rules.

16. Coaching

16.1 In accordance with PR 8.

16.2 A coach/alternate boat may be provided as described at the competitor's meeting.

17. NYISA-SE/MASSA Rep

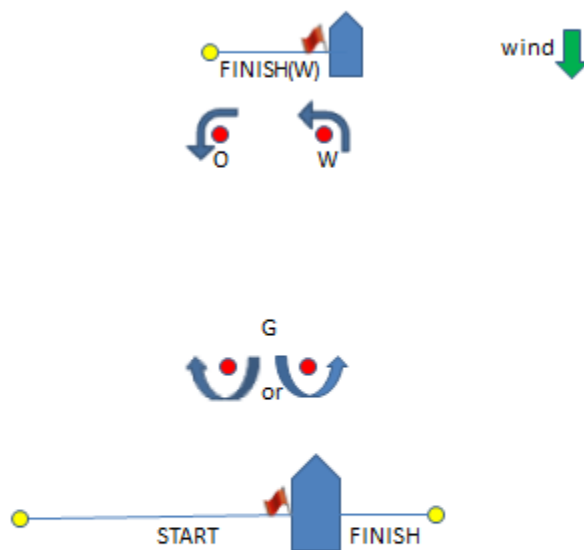The NYISA-SE/MASSA Rep for the regatta will be Alicia Martorella.

18. Safety

18.1.   All coaches, competitors, and alternates must wear USCG approved PFD's when afloat.

18.2.   A boat requesting assistance from support boats should signal by waving hands overhead.

18.3.   A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF".

18.4.   A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.

18.5.   The OA or RC reserve the right to send any competitor ashore with concern for their safety.

19. Disclaimer of Liability

Competitors' attention is drawn to RRS 4, Decision to Race. Competitors participate in the regatta entirely at their own risk.

Course Diagram – W/L

Windward / Leeward Courses

W3: START – W – O – G – FINISH(W)
W4: START – W – O – G – W – O – FINISH
W5: START – W – O – G – W – O – G – FINISH(W)