



2016 USSCMC Crossroads Regatta
March 19, 2016
Sailing Instructions
US SAILING Center of Martin County
1955 NE Indian River Dr. Jensen Beach, FL 34957



1. RULES

- 1.1 This regatta will be governed by the current ISSA Procedural Rules and SAISA Supplementary Rules, *The Racing Rules of Sailing*, the prescriptions of US SAILING, the Notice of Race, and as modified by these Sailing Instructions.

2. NOTICE TO COMPETITORS

- 2.1 Notices will be posted on the Official Notice Board at the US Sailing Center of Martin County.

3. CHANGES IN THE SAILING INSTRUCTIONS

- 3.1 Any changes in the Sailing Instructions will be posted on the Official Notice Board by the end of the competitors meeting on Saturday.

4. SCHEDULE OF RACES

- 4.1 Saturday, March 19
- | | |
|------|-------------------------------------|
| 0900 | Arrival and check-in, boat rigging |
| 0930 | Competitors' meeting |
| 1000 | Start of first race of the day |
| | Cookout to follow the day of racing |

Saturday, March 26 (Make-Up Date)

5. BOATS

- 5.1 This regatta will utilize 13 USSCMC 420s with sails.
- 5.2 The shroud standing rigging should be set in the 3rd hole aft down from the top (or the same rake dimension if shroud lengths differ), the travellers shall be fixed/tied at the centerline and mast steps shall be in the 2nd position from the front. In addition, these settings may not be changed at any time during the course of the regatta
- 5.3 Standing rigging shall not be adjusted once rigged.
- 5.4 Equipment problems should be reported to a race committee representative as soon as possible. Breakdowns will be handled per ISSA procedural rules.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the flagpole at the of the USSCMC dock.
- 6.2 When AP flag is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP.

7. RACING AREA

- 7.1 The racing area will be on the Indian River adjacent to the Sailing Center.

8. ROTATION

- 8.1 After each set of two races competitors will rotate boats.
- 8.2 The format for rotation of boats will be distributed at the Competitor's Meeting on Saturday and will be posted on the Official Notice Board as well.
- 8.3 Boats will be identified by the sail number for the rotation.

9. THE COURSE

- 9.1 Courses shall be approximately 15 minutes in length.
- 9.2 Course diagrams can be found in Appendix A.
- 9.3 The courses will be announced orally.
- 9.4 Rounding marks will be red marks

10. START

- 10.1 The starting line will be between a staff displaying an orange flag on the race committee boat, and a yellow mark.
- 10.2 Races will be started in accordance with ISSA Procedural Rule 7.8 which states: RRS Appendix S - Sound-Signal Starting System shall be used.

11. RECALLS

- 11.1 The Race Committee may also attempt to notify individual boats by hailing their sail numbers.

12. THE FINISH

- 12.1 The finish line will be between a staff displaying a flag on the Race Committee Finish boat and a yellow finishing buoy.
- 12.2 If one or more boats are unreasonably delaying the completion of a race, the race committee may score the boat(s) in place and terminate the race. This changes RRS 35 and A4.

13. SAFETY AND CONSERVATION

- 13.1 A boat which retires from a race is asked to notify the race committee before leaving the course area.
- 13.2 Competitors who require assistance from a safety boat should so signify by waving their arms overhead.
- 13.3 Competitors are strongly encouraged to use reusable water bottles. Multiple coolers of cold water will be available for refilling.

14. SCORING

- 14.1 Scoring will be in accordance with ISSA Procedural Rule 9 and 11.
- 14.2 Three races must be completed to constitute a regatta in accordance with ISSA Procedural Rule 17.4(c)

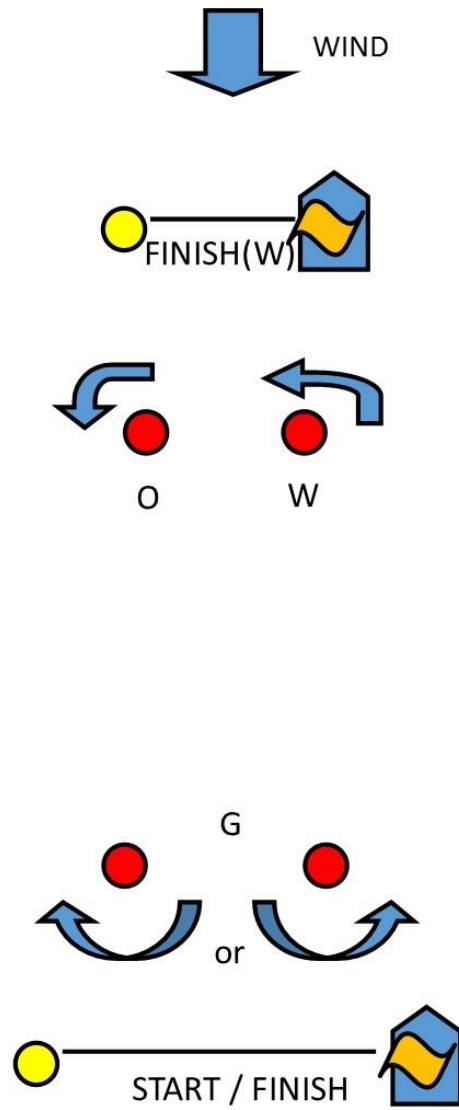
15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest procedure will be in accordance with ISSA Procedural Rules Section 16.
- 15.2 Procedure and compensation for breakdown points shall be in accordance with ISSA Procedural Rule 9(e) and ISSA Appendix 3.

16. COACHING

- 16.1 Unless it is with the permission of the Race Committee: team leaders, coaches and other support personnel shall not go afloat in the racing area during the event.
- 16.2 All coaching, crew rotations, exchange of clothing / food / drink, and communication shall occur from land or as instructed by the Race Committee.

APPENDEX A



W3: START - W - O - G - FINISH(W)

W4: START - W - O - G - W - O - FINISH

W5: START - W - O - G - W - O - G - FINISH(W)

