



# 2016 Central Mallory

Tier 2

Hosted By:

Sheridan Shore Sailing School  
20 Harbor Drive, Wilmette, IL 60091  
April 16<sup>th</sup>-17<sup>th</sup> 2016



## Sailing Instructions

### 1. RULES:

1.1. The regatta will be governed by the 2013-2016 Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, the Interscholastic Sailing Association Procedural Rules, MISSA By-laws and District Rules, Notice of Race, and the Sailing Instructions.

### 2. CHANGES TO SAILING INSTRUCTIONS:

2.1. Any changes to the schedule or Sailing Instructions will be posted on the Official Notice Board which will be found on the Sailing School office door.

### 3. BOAT DAMAGE:

3.1. In the event that 420 damage cannot be attributed to a particular team, the repair costs will be divided evenly between all the teams competing

### 4. RACING AREA:

4.1. The Racing Area will be the waters of Lake Michigan directly off of the Wilmette Harbor.

### 5. COURSES:

5.1. The course the Race Committee will be using is "Z Trophy." All mark roundings will be made to port (with the exception of the gate). The Start will be between mark "Start" and a Green flag on the RC boat.

5.2. After Start the 420 class will then head to mark "W1," inside of marks "L1 and L2," mark "W1," inside of marks "L1 and L2," then head to Finish. The finish will be on the Starboard side of the RC boat between a Red flag and mark "Finish." See Appendix A.

5.3. Marks W1, L1, L2, and Start will be orange Tomato's; Mark Finish will be a white Tomato.

5.4. Starting sequence shall be 3-minute dingy starts per RRS appendix S. 1<sup>st</sup> start of the regatta will be the 420 Class B Division.

### 6. SCORING:

6.1. The regatta will be scored using ISSA Procedural rules. No scores will be excluded.

### 7. INDIVIDUAL/ GENERAL RECALLS:

7.1 Code Flag "X" may be displayed for individual recalls. It is the responsibility of the yacht to make a proper start. Failure of the Race Committee to make these signals or failure of a starter on the course side to see or hear these signals shall not relieve the offending yacht from restarting and is not grounds for redress.

7.2 After a General Recall, the "Round-the-Ends Rule" RRS 30.1 shall apply. Code flag "I" need not be displayed.

### 8. COACHING

8.1 All coaches must be registered in accordance with MISSA By-Laws, Section 3 "Registration Coaches."

8.2 Team-leaders, chaperones, advisors, coaches and other support personnel shall not go afloat in the sailing area during the weekend, unless with the permission of the event chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

8.3 The Race Committee shall designate the area, which may be on shore or from a boat, where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area. Contact with competitors shall be limited to an area designated by the RC.

8.4 It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.

#### 9. OFFICIAL NOTICE FOR ALL TEAMS:

9.1 No contestant shall use, either on or off the water, during the regatta, marijuana or any other controlled substance, as defined in 21USCode 802, the possession of which, by that contestant, is unlawful under 21US Code841, or alcoholic beverages (distilled spirits, wine and beer) as defined in Chapter 51 of the US Internal Revenue Code, and intended for beverage use. Infringement of this regulation, and/or other discipline expectations may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing will be the regatta chairperson, a member of the ISSA board of directors, and the Protest Committee Chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the entire regatta, shall be final, without appeal.

9.2 Sheridan Shore Sailing School, Sheridan Shore Yacht Club, Wilmette Harbor Association, Metropolitan Water Reclamation District and its officers, members, employees, and race committee assume and accept no responsibility for property damage to any boat or personal injury to any skipper, crew, coach, parent, or friends incurred while participating in this regatta, including pre-and post-race activities. It is the responsibility of the skipper and crew, along with his/her coach, advisor, and/or parent(s) to assess the condition of his/her boat, whether or not he/she owns said boat, and its suitability for the weather expected during the course of the race, and to decide whether to start or continue any race.

#### 10. REGATTA CONTACTS

Regatta Chair: Zac Hernandez  
zac@ sheridanshoresailingschool.org  
www.sheridanshoresailingschool.org  
Phone: 847.251.1110

PRO: Kurt Thomsen

MISSA Rep: Zac Hernandez

#### 11. SCHEDULE:

##### **Saturday**

9:00am - Registration and boat set up

9:45am - Competitors Meeting – MANDATORY

10:45am - First Start. Races will continue through the day

4:30pm - No race will start after this time

##### **Sunday**

8:45am - Rigging of the boats and MISSA Meeting

9:30am - Competitors Meeting - MANDATORY

10:00am - Warning signal for first race

2:30pm - No race will start after this time – unless we need one more to complete set