



MASSA Spring Team Race Championship

*** Baker Qualifier ***

Norfolk Yacht & Country Club

April 30 – May 1, 2016

SAILING INSTRUCTIONS



1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), including Appendix D, the Interscholastic Sailing Association Procedural Rules (ISSA PR), and the MASSA Procedural Rules.
- 1.2 RRS D2.6 Limited Umpiring and RRS D2.5 (Two-Flag Rule) shall apply.

2 NOTICES TO COMPETITORS

- 2.1 Notices will be posted on the official regatta notice board located in the front window of the NYCC Dock House.

3 CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4 SCHEDULE OF EVENTS

Saturday

Report Time	0830 hrs
Rigging of boats	<i>immediately after check-in</i>
Competitors' Meeting	0900 hrs
First Warning	<i>as soon as possible after competitors' meeting</i>

Sunday

Report Time	0830 hrs
Rigging of boats	<i>upon arrival after 0830 hrs</i>
Launch	<i>immediately after rigging</i>
First Warning	<i>as soon as possible</i>
No Races After	1400 hrs
Awards Presentation	immediately after equipment is properly stowed

5 FORMAT

- 5.1 A single round robin, followed by a championship round of the top 6 teams, then followed by a final round of the top 4 teams *will be attempted*. In addition, a double final 4 round *will be attempted* on a separate course for the bottom 4 teams.
- 5.2 After the first round, no incomplete rounds will be scored, but races sailed in an incomplete round shall be used as tie-breakers where appropriate.
- 5.3 If above is not possible in the allotted time, the regatta chair and chief umpire shall consult, and the Regatta Chair and Chief Umpire shall decide and announce an alternate format.

6 BOATS & EQUIPMENT

- 6.1 FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be rigged behind the spreaders.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1, 6.2 and/or 6.3 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.
- 6.5 Breakdowns will be decided using PR Appendix 3 with the following additional clarification: Opening of threaded shackles (except at the head of the jib when not secured by the competitor and except if the threads are stripped) will not be considered a breakdown.

7 ROTATION

- 7.1 The rotation of boats will be posted on TechScore at <http://scores.hssailing.org>.
- 7.2 Rotations will occur at the designated NYCC floating docks.

8 MARKS

- 8.1 All marks will be red, orange, or white balls.

9 COURSES

- 9.1 The Digital "N" course will be preferred as illustrated in Appendix 1 attached hereto and PR Appendix 6.
- 9.2 The starting and finishing lines will be between a boat with a staff from which an orange flag is displayed and a nearby mark.

10 STARTING SYSTEM

Races will be started in accordance with RRS Appendix S and PR 7.8.

11 RECALLS

- 11.1 RRS 29.1 is modified as follows: When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line, the race committee shall display flag X. The flag shall be displayed until all such boats have properly restarted, but no later than one minute after the starting signal.
- 11.2 RC will attempt to hail sail numbers along with displaying flag X. Not hailing and/or a vessel not hearing her number hailed shall not be grounds for redress.

12 PROTESTS

- 12.1 See SI Section 1 "Rules"
- 12.2 Protest forms will be available at the official notice board
- 12.3 Written protests, including requests for redress and breakdowns, must be filed immediately upon arriving on shore.
- 12.4 Attempts will be made to hear protests between rotations if possible

13 ALTERNATIVE PENALTIES

- 13.1 RRS D2.5 will apply (this replaces D2.2).

14 SCORING

- 14.1 PR 12 will apply. Scores will be posted online via TechScore at <http://scores.hssailing.org>

15 SAFETY

- 15.1 Competitors shall wear USCG approved Type III Personal Flotation Devices (PFDs). Inflatable type PFDs are not permitted.
- 15.2 The race committee *may* require the use of wetsuits or dry-suits. This may be announced at the daily competitors' meeting, and need not be signaled. Sailors may use either wet or dry-suits.
- 15.3 Failure to comply with 15.1 and/or 15.2 will be grounds for disqualification from all races sailed in contravention of those instructions.
- 15.4 Competitors shall supply the equipment to meet the requirements of 15.1 and 15.2.
- 11.5 At its discretion, the Race Committee may require a competitor to retire from racing if the competitor is determined to be a risk to his/her own or others' safety, *especially if hypothermia or concussion is suspected.*

16 COACHING

- 16.1 PR 8 shall apply.
- 16.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 16.3 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while serving as an umpire or assisting with race management.
- 16.4 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only between races and only on the water near the docks, on the docks or ashore.

14. QUALIFYING TEAMS

14.1) Teams finishing in 1st and 2nd place qualify to advance to the Baker National Championship in Anacortes, WA

14.2) Teams finishing in 3rd and 4th place qualify to advance to the NIT Regatta in Wayzata, MN

14.3) Teams must confirm their intentions to advance to the Baker Nationals before leaving NYCC 5/1/16 and the NIT Regatta qualifying teams need to confirm no later than "end of business" Thursday 5/5/16

16. REGATTA CONTACT

Randy Stokes - Regatta Chairman

Email: rstokes@stokeslg.com

Tel. 757-635-4070

APPENDIX 1

Digital N Race Course



