



SAILING INSTRUCTIONS
2015 NEW JERSEY STATE HIGH SCHOOL CHAMPIONSHIPS REGATTA

**Co-hosted by the Monmouth University Sailing Team
And the Shrewsbury Sailing & Yacht Club
May 16, 2015**

1 RULES:

1.1 The regatta will be governed by the Racing Rules of Sailing 2013-2016, the prescriptions of US SAILING, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions.

2 NOTICES TO COMPETITORS:

2.1 Official notices including changes to sailing instructions will be posted on the official notice board in the SSSYC clubhouse.

3 SCHEDULE:

3.1 Saturday, May 16, 2015

0800 - Check in / Registration / Rigging / Launching of boats

0900 - Competitors' meeting

0930 - First warning signal

1700 - No race will start after this time, with the exception of any sail off, if needed. Racing may be concluded earlier at the discretion of the Regatta Chair.

Trophy presentation will follow sailing and boat stowage.

3.2 There will be two (2) divisions, A & B. The same number of races in each division will be scored. In the event that either division sails more races than the other, the last race(s) sailed will be dropped.

3.3 The race committee will attempt to run the number of races needed to achieve a full boat rotation, however a full rotation is not required to complete the regatta.

3.4 The final set of races at the end of each day for each division may consist of one, two or three races, as determined by the Regatta Chair.

4 COURSES AND MARKS:

4.1 Windward-leeward courses will be used. There will be an offset mark to port of the windward mark and a leeward gate to windward of the starting line. Generally Course W4, with 4 legs and downwind finish will be used, however Course W3 or W5 (W3 has 3 legs and W5 has 5 legs) with upwind finish may be used depending on wind direction; the course for each race will be displayed on the race committee boat or announced by the race committee via loudhailer prior to each race.

4.2 Marks will be red or yellow barrels .

4.3 In accordance with ISSA PR 7.7(c), after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

5 SHORTENING AND ABANDONING RACES:

5.1 Races may be abandoned at the Race Committee's discretion. Races may not be shortened.

6 START, FINISH, AND RECALLS:

6.1 Races will start in accordance with ISSA PR 7.8(a). A three minute starting sequence will be used, most likely with an automated horn system.

6.2 The start line will be between an orange flag on the race committee boat and an orange buoy.

6.3 The finish line will be between an orange flag on the finish boat (which may or may not be the race committee boat) and an orange buoy.

6.4 Individual recalls will be made in accordance with RRS Appendix S6.

6.5 General recalls will be signaled by a series of short whistles or horn signals. After any general recall, the 1-minute rule shall be in effect for the subsequent start(s) of that race; the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b).

7 BREAKDOWNS:

7.1 Breakdown requests shall be filed in the same manner as Protests.

7.2 Breakdowns shall be scored in accordance with ISSA PR 9(f). Compensation shall be consistent with ISSA PR Appendix 3.

8 ALTERNATIVE PENALTIES:

8.1 The Two-Turns Penalty (720), RRS 44.2, shall be used.

9 PROTESTS:

9.1 Protests procedure will be in accordance with ISSA PR.

9.2 Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

10 SCORING:

10.1 Scoring will be done using the Low Point Scoring System. No throw-outs.

11 COACHING:

11.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

11.2 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or at the SSYC dock.

12 SAFETY:

12.1 Wetsuits and dry suits are highly recommended and strongly encouraged and may be required if air or water temperatures are below 45 degrees.

12.2 Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted. Competitors are required to wear school pinnies. Any sailor who fails to comply with these rules will be penalized by the Regatta Chairman, without a hearing, by disqualification from the race(s) sailed.

12.3 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

12.4 Racing may be postponed or cancelled for the day if sustained winds exceed 20 knots or gusts exceed 24 knots, or if thunderstorms threaten or if the Regatta Chair determines that conditions warrant postponement or cancellation.

13 REGATTA PARTICIPATION FORMS:

13.1 Per ISSA PR 4.3 Each coach or team must complete a Record of Participation form for the team and submit to the Regatta Chair at the end of the regatta. Any team that fails to submit the completed form will be penalized, without a hearing, by the addition of 20 points to that team's final score.

14 WAIVER OF LIABILITY:

14.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.