



# SAILING INSTRUCTIONS

## NWISA DOUBLEHANDED CHAMPIONSHIP

April 25-27 2014  
Anacortes, WA

Host: The Anacortes High School  
Sailing Club



### 1. RULES:

The regatta will be governed by the 2013-2016 ISAF Racing Rules of Sailing, the prescriptions of US Sailing, this Notice of Race, the 2013-2016 ISSA Procedural Rules, and by the Sailing Instructions. However,

- (a) Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 14(c) will be in effect;
- (b) the US Sailing prescriptions to rules 60, 63.2 and 63.4 will not be in effect; and
- (c) under rule 70.5(a), the right of appeal is denied.

### 2. NOTICE TO COMPETITORS:

Official notices, including changes to sailing instructions or the schedule, will be posted on the official notice board located on the South entry door of the Seafarer's Park building.

### 3. SCHEDULE:

#### Friday, April 25<sup>th</sup>

- 1200-1600 Arrival and rigging of boats
- 1600-1830 Registration and informal practice races

#### Saturday, April 26<sup>th</sup>

0830 Report Time and Final Registration  
0900 Competitors meeting  
0930 Rigging of Boats  
1000 First Warning. Racing will continue throughout the day.  
Eat during boat rotation - no lunch break.  
Racing will continue until late, weather permitting.  
Dinner at Seafarers Memorial Park Building

#### Sunday, April 27<sup>th</sup>

0830 Report Time.  
0930 First Warning. Racing will continue throughout the day.  
Eat during boat rotation - no lunch break.  
1500 No race will be started after this time.  
1630 Awards presentation, or after completion of racing.

#### **4. BOATS:**

- 4.1 FJ's.
- 4.2 The penalty for breaking Procedural Rule 7.10 will be disqualification from all races sailed in which that rule was broken.
- 4.3 Competitors shall report any damage or loss of equipment, however slight, to the dockmaster or race committee immediately upon completion of the race in which it occurs.

#### **5. COURSES AND MARKS:**

- 5.1. Courses will per Appendix A at the end of these Sailing Instructions. However,
- 5.2. The race committee may designate course selection orally or by placards on the Start Boat.
- 5.3. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on the leg of the course that it terminates. No signals are required.

#### **6. SHORTENING AND ABANDONING RACES:**

In accordance with ISSA PR 7.7(d) races will not be shortened. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible. Abandonment will be signaled orally.

#### **7. START, FINISH, AND RECALLS:**

- 7.1. Races will start in accordance with ISSA PR 7.8(a).
- 7.2. Individual recalls will be made by hailing the sail number (or some other clearly distinguishing feature) of each recalled boat and flying Flag X. The failure to hail a sail number, the timing of such a hail, and the loudness of such a hail will not be considered grounds for redress.
- 7.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b).
- 7.4. The starting line will be between a flag staff on the starting boat and the course side of the pin end starting mark.
- 7.5. The finishing line will be between a flag staff on the finishing boat and the course side of the pin end finishing mark.

#### **8. BREAKDOWNS:**

- 8.1. A breakdown request shall be made as soon as reasonably possible after the race to the race committee or to a member of the protest committee.

#### **9. PROTESTS:**

- 9.1. Protests procedure will be in accordance with ISSA PR Part VI
- 9.2. Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

#### **10. SCORING:**

Scoring will be in accordance with ISSA PR 9.

## **11. COACHING:**

- 11.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 11.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or on the floating docks.

## **12. SAFETY:**

- 12.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 12.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

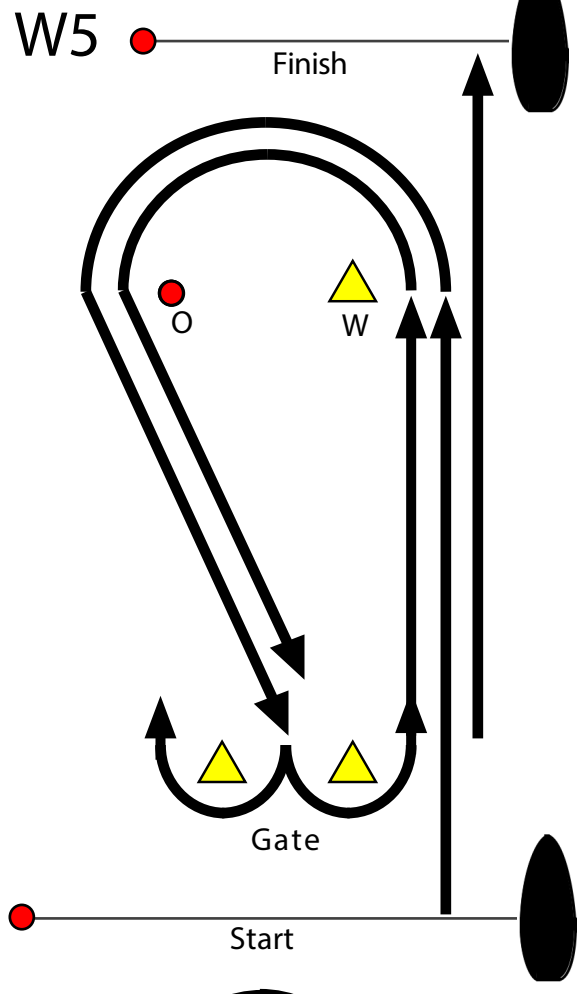
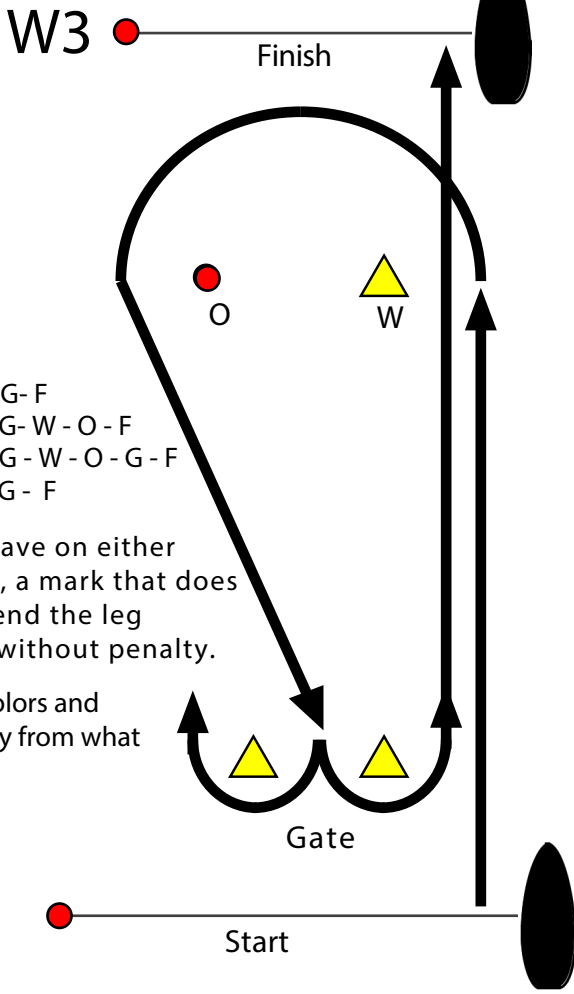
## **13. TROPHIES:**

Trophies will be awarded to schools placing 1st, 2<sup>nd</sup> and 3<sup>rd</sup> in the regatta.

## **14. WAIVER OF LIABILITY:**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See racing rule 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host organizations, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.



Courses :

- W3: S - W - O - G - F
- W4: S - W - O - G - W - O - F
- W5: S - W - O - G - W - O - G - F
- WL: S - W - O - G - F

A boat may leave on either side, or touch, a mark that does not begin or end the leg she is sailing without penalty.

Actual buoy colors and shapes may vary from what is shown.

