



**North Regionals
October 3rd & 4th, 2026
Zuanich Point Park Youth Sailing Dock
2600 N Harbor Loop Dr, Bellingham, WA**

Sailing Instructions

1. RULES:

- 1.1. The regatta will be governed by the current ISSA Procedural Rules, the Racing Rules of Sailing, the prescriptions of US Sailing, the Notice of Race and this Sailing Instructions, however:
 - 1.1.1. The US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect; and
 - 1.1.2. Under *RRS 70.5(a)*, the right of appeal is denied.
 - 1.1.3. If there is a conflict between Procedural Rules, the protest committee shall apply the Rule(s) that it believes to be the fairest.
 - 1.1.4. This regatta is classified as an “Open” event per NWISA District Rules.

2. NOTICES TO COMPETITORS

- 2.1. Official notices including changes to sailing instructions will be posted on the official notice board located at the registration tent near the top of the Youth Sailing Dock.
- 2.2. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect, except that a change to the schedule must be communicated by 1700 the day prior to when it takes effect.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore shall be displayed from a race committee boat at the dock.
- 3.2. When flag-AP is displayed ashore, a warning signal shall not follow within 20 minutes of its removal.

4. BOATS AND FORMAT

- 4.1. The regatta will be run as a two-division A/B event.
- 4.2. The event is non-rotational. Teams will stay in their boats all weekend.
- 4.3. Teams using the host-provided boats should still plan to bring a sail for their boat.

5. SCHEDULE:

Saturday, October 3

1000	<u>Report time.</u> Registration.
1045	Mandatory Competitors' Meeting.
1100	Registration ends.
1130	First warning; sailing will continue throughout the day.

Sunday, October 4

0900	<u>Report time.</u>
1015	First warning; sailing will continue throughout the day.
1500	No race will be started after this time.
1530	Results and Awards Presentation.

6. THE START

- 6.1. The start line will be between a staff on the Race Committee Boat displaying an orange flag and an orange buoy.
- 6.2. Races will start using *RRS US Sailing Prescription Appendix U - Sound Signal Starting System* in accordance with *ISSA PR 7.9(a)*.
- 6.3. Individual recalls will be made in accordance with *ISSA PR 7.9b/ICSA PR 18b)ii*.
- 6.4. General recalls will be signaled by a series of short sounds. After a general recall, the round the ends provision of *RRS 30.1* shall automatically apply. The I-Flag need not be displayed in accordance with *ISSA PR 7.9(c)* (Changes *RRS 30.1*).

7. COURSE AND MARKS

- 7.1. Race committee will display and verbally communicate the course prior to the warning signal.
- 7.2. Marks will be round fender-style buoys.
- 7.3. In accordance with *ISSA PR 7.8(c)* after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.
- 7.4. In accordance with *ISSA PR 7.8(d)* races will not be shortened, they will be abandoned.
- 7.5. If the windward offset mark is absent, round the windward mark as normal.
- 7.6. If there is only one leeward mark, round it to port instead of as a gate.
- 7.7. See Course Appendix attached.

8. THE FINISH

- 8.1. The Finish will be the same as the start line.
- 8.2. After finishing the final race of a set, competitors shall sail directly to the rotation dock.
- 8.3. The race officer may, if there is a clear order among boats that fail to finish within a timely manner, choose to finish those remaining boats in place. This changes *RRS Rule 35*.

9. PROTESTS AND REDRESS

- 9.1. Protests will be in the form of three minute justices. This changes *ISSA PR 16e*.
- 9.2. A coach or a person in a similar capacity may serve as part of a protest committee. This changes *ISSA PR 17*.
- 9.3. The time limit for filing protests shall be 30 minutes after the race committee reaches the shore after racing is done for the day.
- 9.4. Competitors seeking redress and/or reporting a breakdown should follow the same protest procedure and notify the race committee or a support boat as soon as possible. If possible, they should attempt to finish the race(s).

10. SCORING

- 10.1. The regatta will be scored in accordance with *ISSA/ICSA Procedural Rules*.
- 10.2. Teams failing to enter RP information by the end of Sunday shall be assessed an automatic penalty in accordance with the Procedural Rules.

11. TENTS

- 11.1. Team tents may be placed along the park's walkway to provide cover for sailors and spectators
- 11.2. Tents must be weighted or staked to prevent damage to property or persons
- 11.3. Tents, sailors, and gear may not block the Zuanich Park walkway in any way

12. PARKING AND TRAILER UNLOADING

- 12.1. Parking is limited at this venue and teams should make all possible efforts to carpool to reduce the number of cars in the space.

- 12.2. Trailers should be parked and unloaded at the Zuanich Point Park (2600 N Harbor Loop Dr, Bellingham, WA 98225) Boats should not be masted until on the dock.
- 12.3. Cars should not be left unattended in the loading zone area next to the Squalicum Boathouse.

13. COACHING

- 13.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from Saturday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.
- 13.2. Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

14. SAFETY

- 14.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 14.2. Due to the cold waters of Bellingham Bay, Whatcom Sailing reserves the right to require that all competitors wear a wetsuit if the conditions require. Sailors not wearing appropriate attire for the weather may be sent in by the race committee.
- 14.3. A boat that requires assistance in order to recover from a capsize shall retire from that race.
- 14.4. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 14.5. All visiting sailors must complete an [online waiver](#) before participating in the event.

15. CONDUCT

- 15.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in *21 US Code 802*), the possession of which, by that contestant is unlawful under *21 US Code 841*.
- 15.2. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under *RRS 69.1*. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.

16. REGATTA CONTACTS

	Name	Email
Regatta Chair/ Host:	Anna Morrow	coaches@whatcomsailing.com
PRO:	Cooper Snell	coaches@whatcomsailing.com

Course Appendix

Course 1: Start-1-1a-2s/p-1-1a-Finish



Course 2:

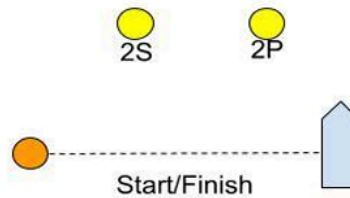
Start-1-1a-2s/p-1-1a-2s/p-1-1a-Finish

Start/Finish line is open

The offset mark is ignored if not present

If a gate mark is missing, the remaining gate mark shall be rounded to port

Angles are approximate



Course 3: Start-1-1a-2s/p-Finish

Course 4: Start-1-1a-2s/p-Finish(U)



Course 5:

Start-1-1a-2s/p-1-1a-2s/p-Finish

Course 6:

Start-1-1a-2s/p-1-1a-2s/p-Finish(U)

Start/Finish line is open

The offset mark is ignored if not present

If a gate mark is missing, the remaining gate mark shall be rounded to port

Angles are approximate

