

**ARNOLD BROWN REGATTA
SAIL MV BOATHOUSE
177 BARNES RD. OAK BLUFFS, MA 02568
SEPTEMBER 12, 2026**

SAILING INSTRUCTIONS

1. RULES:

1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the ISSA PR

Rules and the ISSA National Championship General Conditions and the Scholastic Dinghy Class Rules, and

the NESSA District Rules.

1.2. In accordance with RRS 70.3(b), decisions of the protest committee are final. US SAILING's permission has been granted.

1.3. The Organizing Authority (OA) is MVRHS Sailing Team and Sail Martha's Vineyard. .

1.4. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"

1.5. A protesting boat shall, at the first reasonable opportunity after finishing, notify the Race Committee of its intent to protest. Failure to do so makes her protest invalid. This changes rule 60.4 and ISSA PR 15b.

1.6 RRS Appendix V1, Alternative Penalties shall be in effect - Two turns for fouls in the zone, one turn otherwise. Refer to the rulebook for exact wording.

2. NOTICE TO COMPETITORS:

2.1. Official notices will be posted on the official notice board located on Tech Score.

2.2. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning

signal on the day it will take effect.

3. CODE OF CONDUCT:

3.1 The ISSA Code of Conduct (Procedural Rules Appendix 1, ISSA PR) applies to all competitors and event officials participating in and attending this event, as well as support persons, coaches, parents, and spectators who are ultimately responsible for their students.

3.2 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4. SCHEDULE:

4.1. Report time is listed in the NOR.

4.2. The number of races will be at the discretion of the regatta chair, Andrew Burr

4.3. Rotation schedules and boat assignments will be posted on Tech Score by the Sailor's meeting.

5. COURSES AND MARKS:

5.1. Courses will be in accordance with ISSA PR 7.8

- 5.2. The race committee may designate course selection orally.
- 5.3. All marks orange balls and high flyer start pin
- 5.4 In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.
- 5.5 In accordance with ISSA PR 7.8(d) races will not be shortened, but a race may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.
- 5.6 If a boat is delaying the finish of a race, the race committee may end the race and score the boat in its current position.

6. BOATS: Boats will be sailed as provided, except that mainsheets may be rigged 3:1 or 4:1. Bow lines should be kept free to use quickly, if needed.

7. START/FINISH AND SIGNALS:

- 7.1. Races will start in accordance with ISSA PR 7.9.
- 7.2. The start/finish line will be between a flag on the race committee boat and a mark (high flyer).

8. BREAKDOWNS:

- 8.1. Breakdown requests shall be filed in the same manner as protests.
- 8.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

9. PROTESTS: Protests procedure will be in accordance with ISSA PR Part VI

10. SCORING: Scoring will be in accordance with ISSA PR

11. SAFETY: A boat that retires from a race shall notify the race committee either before leaving the course, or
if that is impossible, immediately after arriving ashore

12. PRIZES: The top three schools will win berths to compete in the Roy Williams Invitational (NESSA ACC Qualifier)

- **NOTE TO COACHES:**

- I would like to request that coaches serve as judges for protests, if there are any.
- To give all teams equal opportunities for coaching:
- On the water coaching is not permitted between races within the same rotation.
- On the water coaching must not include the benefit of observations made on the water that cannot be made from ashore.

- **OBSTRUCTIONS & HAZARDS:**

- End of the Beach float - CHAIN PLATES – **DO NOT DOCK OR ROTATE HERE**

- Osprey Nest/Post area and Peninsula directly across the lagoon **SHALLOW** on Peninsula side and **LARGE ROCKS** around Osprey Nest/Post side.

12. REGATTA CONTACTS/REGATTA CHAIR:

Andrew Burr 646-342-3522 Andrewmeijaburr@gmail.com