



NOTICE OF RACE

SAISA North Point #1

October 11 - October 12, 2025

HOST HIGH SCHOOL: LAKE NORMAN HIGH SCHOOL

IMPORTANT: Registration will be done on Clubspot.com <https://lakenormannyc.org/regatta/mbIfLFRprV>.

If you are not already a Clubspot user, you will need to create an account. One registration per boat. New Participant can be school name. Under additional information, please indicate School Name and JV/Composite, or Varsity team. "Crew members" is optional. If you know who your team is and have their information you can put it in there if you like. Then click through to meals. Choose meals and adjust quantity. One lunch order per school, please. If you have any questions, please email highschoolsailing@lnyc.org.

1. RULES

This regatta will be governed by the current ISSA Procedural Rules ("ISSA PR"), SAISA Supplemental Rules ("SAISA SR"), the *rules* as defined in *The Racing Rules of Sailing* ("RRS") the Notice of Race, and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.

2. SCHEDULE OF RACES

Saturday October 11

0800 Arrival, check-in, and boat rigging

1145 Competitors' meeting

1230 First warning signal

Sunday October 12

0800 Arrival and boat rigging

0930 First warning signal

1500 No A division races after

3. FORMAT

This will be a two-division regatta. Teams will rotate per a rotation chart found on TechScore. Competitors should expect numerous short races. This event **will be two days**, and it will be the goal of the Race Committee to complete at least one full rotation. Three races in each division must be completed to constitute a regatta.

4. SCORING

4.1 Races will be scored using the Low Point Scoring System, RRS Appendix A as modified by ISSA PR 9.

4.2 Ties will be resolved as outlined in ISSA PR 11.1.

4.3 Protest hearings, if any, may take place between races.

5. TROPHIES

Prizes will be awarded as soon as possible after the last race sailed in the event.

6. COACHING

6.1 Coaches shall not go afloat in the sailing area during racing

6.2 Chaperones, parents, and other spectators shall not go afloat in the sailing area during racing.

6.3 The penalty for failing to comply with this requirement may be disqualification of all boats, competitors and team associated with the infringing support personnel.

7. TIME LIMITS

7.1 The race will be abandoned if no boats round the windward mark ten minutes after the start of the race or if the lead boat has not finished thirty minutes after the start of the race. Failure to meet the time limits will not be grounds for

redress.

- 7.2 Any boats that fail to finish within ten minutes of the lead boat's finish will be scored DNF without a hearing. However, at their discretion, race committee may assign finish places after time limits expire

8. CHANGES TO THE RACING RULES

- 8.1 Races will start pursuant to ISSA PR 7.9(a), using Appendix U, a US Sailing prescription. (This changes RRS 26)
- 8.2 After a General Recall, RRS 30.1 shall apply except Flag I need not be displayed. (This changes RRS 30.1)
- 8.3 The Race Committee will attempt to hail boats over early (OCS). Failure of a boat to hear the hail, an untimely hail, or the order of boats in the hail will not be grounds for redress. (This changes RRS 62.1)
- 8.4 Races may be shortened and/or abandoned at the discretion of the Race Committee. (This changes ISSA PR 7.8(d))
- 8.5 A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. (This changes RRS 44.1)
- 8.6 Pursuant to ISSA PR 8(b), before protesting, a competitor shall not communicate with anyone other than teammates or other competitors before reporting to the Race Committee an intention to file a protest. Breaking this rule may be grounds for closing the protest hearing. (This changes RRS 60)

9. ELIGIBILITY

- 9.1 All 2025-2026 member schools of SAISA North are eligible. Any SAISA teams may participate depending upon boat availability. All teams must be members in good standing with SAISA.
- 9.2 If a school wishes to participate, and has not yet paid ISSA/SAISA dues, they will be provided the opportunity to pay dues at check-in.
- 9.3 Registrations will be accepted first from North teams whose registration package is received by September 26, 2025. Registrations from other areas will then be accepted. Registration is on a first paid/first allowed basis.
- 9.4 Per 2018-2019 SAISA Supplemental Rules Version 1 Paragraph 4.6, Caribbean teams will be guaranteed a boat in all SAISA regattas as long as they notify regatta chair of their intent to participate by September 11, 2025.
- 9.5 Split teams, composite teams, and Junior Varsity teams are permitted to register per SAISA Supplemental Rules. Such Teams will not be scored officially for the regatta and the SAISA League Series in accordance with the Supplemental Rules. JV/Composite teams will be unofficially scored and posted online during regatta.
- 9.6 If six or more JV, Composite and Split teams register for a SAISA Points Regatta the Regatta Chair may decide to have a separate start on the same or different course for these teams.
- 9.7 An adult school representative/advisor is required to accompany each team and be responsible for the conduct on and off the water. The team representative, who may be an advisor, coach, or parent, is expected to have full authority to obtain medical treatment for their team members.

10. FEES & REGISTRATION

The entry fee shall be **\$70 per team**. Register and pay online at <https://lakenormanyc.org/regatta/mbIfLFRprV> contingent upon their ability to bring their own 420 boat in sufficient condition to add to the rotation.

11. SAILING INSTRUCTIONS

Sailing Instructions, Course Diagrams and Rotation Charts will be available on TechScore and <https://lakenormanyc.org/regatta/mbIfLFRprV>

12. BOATS

- 12.1 Club 420's will be used. Nine (9) will be provided by Lake Norman Yacht Club. Boats will be assigned in order Registration Packages are received.
- 12.2 Teams registering after boats have been allocated will be required to provide a 420 boat and sails of comparable condition with sail numbers that do not duplicate the other boats (1-12 151,. Note that, per supplemental rule 4.5, boats will be assigned first to full varsity teams, then to split varsity teams, composite teams, and JV teams, respectively.
- 12.3 Boat Setup
- Mains shall be sailed loose-footed
 - Bridles shall be set at a distance of 16 inches from the traveler.

13. RACING AREA

Racing will be on Lake Norman near Lake Norman Yacht Club <https://www.lakenormanyc.org>, 297 Yacht Road, Mooresville, NC 28117

14. DAMAGE

Damage that requires beyond normal maintenance is considered a serious incident. If the Protest Committee determines that reasonable care was not used and resulted in damage, one or both boats may be disqualified, regardless of any alternative penalties already taken. In extreme cases, either or both boats may be excluded from the rest of the regatta and sailors or teams held financially responsible.

15. MEALS

BREAKFAST: A light breakfast and coffee will be available on Saturday and Sunday morning for the sailors, if your parents or families would like additional breakfasts, order on Clubspot at registration. .

LUNCH: Box lunches are available for \$17.00 per lunch/day (sandwich, cookies and bag of chips). Order on Clubspot at registration.

DINNER: Saturday night we will have a hamburger and hotdog dinner (Veggie Burger option available) with all the fixings Tickets are \$15.

MEAL ORDERING: Breakfasts for skipper and crew are included in the registration fee. Please be sure to list skipper and crew in the Clubspot registration so we can have appropriate tracking.

Additional breakfast tickets, Lunch Boxes and Hamburger Dinner tickets are available at the Clubspot event online shop at <https://lakenormanyc.org/shop/regatta/mbIfLFRprV>

Meals cannot be ordered past September 27. Send meal questions to Jim Haskins at highschoolsailing@lnc.org

Please bring your refillable water bottles. We will have tap and water fountain water and Gatorade to drink along with Iced Tea and Lemonade with and dinner.

16. DIRECTIONS

Lake Norman Yacht Club is located north of Charlotte at 297 Yacht Road, Mooresville. After entering the gate, turn left and follow the drive to the Pavilion.

17. CAMPING / HOTELS

17.1 LNYC has camping and bathing facilities; no electrical hookups; no pets. No camping in club buildings and no fires on Club property.

17.2 The gate will be open and there will be a Welcome Committee at the Pavilion for early arrivers from 6pm until 9pm Friday October 11th.

17.3 Hotels are located off I-77 at exits 33, 35, and 36.

17.4 There are numerous local restaurants including Alino's Pizza and Barcelona Burger Bar if you are looking for a place for group dinners.

18. SUPERVISION Competitors must be supervised at all times while on Club property, including when camping overnight.

19. INFORMATION

For additional information: Contact the Event Organizer Representative: Paul King – juniordirector@lnc.org 803 242-7938 (c)

Administrative Coach: Jim Haskins highschoolsailing@lnc.org

or the Principle Race Officer: Michael Chenard – Michael.chenard@gmail.com 704.658.5221 (c)

20. ISSA RULE

THE USE OR POSSESSION OF ILLEGAL DRUGS AND/OR ALCOHOLIC BEVERAGES IS ABSOLUTELY PROHIBITED ON AND OFF THE WATER BY ANY COMPETITOR. ANY COMPETITOR USING, POSSESSING, OR BEING UNDER THE INFLUENCE OF SUCH DRUGS OR ALCOHOL WILL BE DISQUALIFIED FROM THE COMPETITION.

REGATTA REGISTRATION FORM
Lake Norman Open

TEAM INFORMATION

School:			
City:		State:	NC

	Name	E-mail	Cell
Coach:			
Team Rep:			

TEAM MEMBERS

Name	Graduation Year	Name	Graduation Year

Each Competitor must file a waiver at Check-In.
We agree to be bound by the current ISSA Procedural Rules, SAISA Supplemental
Rules and the “rules” as defined in the Racing Rules of Sailing.

Coach or Team Rep

Date

Cell Phone Number

Email Address

**WAIVER OF LIABILITY/RELEASE OF RISK
INTERSCHOLASTIC SAILING ASSOCIATION (ISSA)**

Sailor Name: _____

School: _____

As the parent/guardian of the above-named student, I hereby acknowledge that Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. I understand US Sailing RRS 4, *Decision To Race*, which states “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.

The Interscholastic Sailing Association (ISSA), the South Atlantic Interscholastic Sailing Association (SAISA), Lake Norman Yacht Club (host club), host teams, individual members of the Race Committee, or any other organization or individual associated with this event will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event.

By participating in this event, or by allowing this student to participate in this event: I/we agree to release the Interscholastic Sailing Association (ISSA), the South Atlantic Interscholastic Sailing Association (SAISA), Lake Norman Yacht Club (host club), host teams, individual members of the Race Committee, or any other organization or individual associated with this event from any and all liability associated with this event to the fullest extent permitted by law.

Date: _____

Signature: _____

Parent/Guardian Name (Printed): _____

Relationship To Sailor: _____