

SAISA HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP
For the
CRESSY TROPHY Berths
James Island YC
Oct 4-5, 2025
SAILING INSTRUCTIONS

1. **RULES:** The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the ISSA Procedural Rules, and the SAISA District Supplemental Rules. If there is a conflict between the NOR, any NOR amendment and the Sailing Instructions, the Sailing Instructions will take precedence.
2. **NOTICE TO COMPETITORS:**
 - 2.1. Official notices will be posted on the official notice board located on Tech Score.
 - 2.2. Changes to the sailing instructions shall be approved by the protest committee and the ISSA Representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.
3. **CODE OF CONDUCT:** [DP] Competitors and support persons shall comply with reasonable request from race officials
4. **SCHEDULE:**
 - 4.1. Report times each day are listed in the NOR.
 - 4.2. The number of races each day will be at the discretion of the regatta chair.
 - 4.3. The time limit for each race is 40 minutes for the first boat to finish and 10 minutes after that finish for all other boats.
5. **COURSES AND MARKS:**
 - 5.1. Courses will be in accordance with ISSA PR 7.8
 - 5.2. The race committee may designate course selection orally.
 - 5.3. Windward, offset and gate marks will be orange inflatable cylinders. Start and Finish Marks are designated below in 6.2
6. **START/FINISH AND SIGNALS:**
 - 6.1. Races will start in accordance with ISSA PR 7.9.
 - 6.2. The start line will be between an orange flag on the race committee boat and a white ball. Downwind finishes will be between a blue flag on the signal boat and a green mark. Upwind finishes will be between a blue flag on a committee boat and a white ball.
7. **PROTESTS:** Protests procedure will be in accordance with ISSA PR Part VI
 - 7.1. Protests shall be filed within 30 minutes of the Race Committee docking time.
8. **SCORING:** Scoring will be in accordance with ISSA PR 9. 12 races are scheduled.
9. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.