

# NESSA National Keelboat Invitational Qualifier

**October 4-5, 2025 Hosted By:** SailMaine

**Location:** 58 Fore St, Portland, ME 04101

## SAILING INSTRUCTIONS

### 1. RULES:

1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#), the [ISSA National Championship General Conditions](#) and the [J/22 Class Rules](#), and the [NESSA District Rules](#).

1.2. Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or

1.3. In accordance with RRS 70.3, decisions of the protest committee are final. US SAILING's permission has been granted.

1.4. The Organizing Authority (OA) is NESSA in conjunction with the host

1.5. Appendix P, Special Procedures for Rule 42, as modified by ISSA Procedural Rule 13(c) will be in effect.

### 2. NOTICE TO COMPETITORS:

2.1. Official notices will be posted on the official notice board located on Tech Score.

2.2. Notices regarding protests will be posted on a whiteboard in front of the office.

2.3. Changes to the sailing instructions shall be approved by the protest committee and the NESSA Representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. **CODE OF CONDUCT:** [DP] Competitors and support persons shall comply with reasonable requests from race officials.

### 4. SCHEDULE:

#### **Saturday**

1000 - Competitor's meeting (First warning announced at Sailor's Meeting)

1600 - No first warning for any race may start after this time

#### **Sunday**

0900 - Competitor's meeting

1600 - No first warning for any race may start after this time, except if the regatta is not “official” yet, in accordance with the ISSA PR in which case, racing can continue until the regatta is official.

Changes to the schedule will be posted on the official notice board

## **5. COURSES AND MARKS:**

- 5.1. Courses will be in accordance with ISSA PR 7.8
- 5.2. The race committee may designate course selection orally.
- 5.3. Marks will be orange tetrahedrons or balls.

## **6. START/FINISH AND SIGNALS:**

- 6.1. Races will start in accordance with ISSA PR 7.9.
- 6.2. The start/finish line will be between a flag on the race committee boat and a tetrahedron or ball.

## **7. BREAKDOWNS:**

- 7.1. Breakdown requests shall be filed in the same manner as protests.
- 7.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 5.

8. **PROTESTS:** Protest procedure will be in accordance with ISSA PR Part VI.

9. **SCORING:** Scoring will be in accordance with ISSA PR 9.

10. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. **COACHING:** Accommodations have been made for coaches to be on the water, weather permitting.

## **12. CREW, SUBSTITUTIONS AND ROTATIONS:**

12.1 Crew of 4 (including skipper) is required to sail for this event. At least one team member must identify as female unless the school is all male.

12.2 No Substitutes

12.3 Boat rotation is described in Tech Score.

**13. BOATS, EQUIPMENT AND DAMAGE DEPOSIT:**

13.1 Each team shall inspect *all* equipment prior to racing and report any damage to the Race Committee.

13.2 Deposits will be returned once the host is able to inspect equipment post regatta.

13.3 Boats shall be sailed as provided.

**14. LUNCH AND BATHROOM BREAK:** If conditions allow, a pause for lunch after 3 races will allow for lunch and any competitors to be shuttled into SailME for bathroom use.

**15. COMMUNICATION:** Race committee shall be on VHF 69.