





## 2025 Michigan Singlehanded State Championships – Tier 2 Regatta

Cornwell Sailing Center on Boardman Lake 650 Hannah Ave. Traverse City, MI 49686

October 11-12, 2025



#### SAILING INSTRUCTIONS

#### 1. RULES:

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS), the Prescriptions of US Sailing, the ISSA Procedural Rules, the MISSA By-Laws and District Rules, the MISSA Supplemental Rules, this Notice of Race, and the Sailing instructions. In the case of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2 The Laser Standard/ILCA 7 and Laser Radial/ILCA 6 shall be sailed singlehanded. This modifies ILCA Laser Class Rule 7(a).
- 1.3 In accordance with RRS 70.5 (a), decisions of the protest committee are final. US Sailing's permission has been granted.
- 1.5 The organizing authority is the Midwest Interscholastic Sailing Association (MISSA), in conjunction with Traverse City Area High School Sailing and Traverse Area Community Sailing.
- 1.6 CLASS LEGAL SAILS NOT REQUIRED but are strongly encouraged
- 1.7 RRS 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"
- 1.8 RRS Appendix P shall apply as modified by ISSA Procedural Rule 13. This changes RRS 42.3(b) and RRS Appendix P.

#### 2. NOTICES TO COMPETITORS:

Official Notices to Competitors including any changes to the schedule or Sailing Instructions will be posted on the Official Notice Board located on the white board in the pavilion, on the white board in the boat house below the stairs, and available prior to the competitors meeting. Changes to the Sailing Instructions may also be announced at the Competitors Meeting or prior to the race in which they will take effect.

#### 3. SCHEDULE:

#### SATURDAY OCTOBER 11

- 0830 Registration & boat set-up at CSC (Cornwell Sailing Center)
- 0915 Competitors Meeting
- 0930 Fleet launch
- 0957 First warning, there is not cut off time for racing.

#### **SUNDAY OCTOBER 12**

- 0830 Boat set-up at CSC (Cornwell Sailing Center)
- 0915 Competitors Meeting
- 0930 Fleet launch
- 0957 First warning racing, no races after 3 pm.

Awards to follow

#### 4. RACING AREA:

The sailing area will be on Boardman Lake, in the area best suited for wind direction that day.

#### 5. COURSES:

- 5.1 Courses will be selected from the diagrams shown in Addendum A and Addendum B.
- 5.2 Course selection will be displayed on the Signal Boat prior to or with the first warning signal for each race. Display will be a large numeral "4" or numeral "3".

#### 6. MARKS:

Marks of the course will be inflatable cylinders, balls or buoys.

#### 7. THE START:

- 7.1. Races will be started using three-minute audible starts per RRS Appendix U. There will be no horn prior to the first signal. A verbal countdown to the first signal may be provided by the Signal Boat.
- 7.2. The start line shall be between a staff displaying an orange flag on the signal boat on the starboard end and the course side of the starting mark at the port end.

### 7.3. Class start flags:

ILCA 7 (Laser Full): white flag with red Laser logo will be displayed during start sequence.

ILCA 6 (Laser Radial): red flag with white Laser logo will be displayed during start sequence.

#### 8. INDIVIDUAL RECALLS / GENERAL RECALLS:

- 8.1. Recalls will be made in accordance with RRS Appendix U except as modified here.
- 8.2. Individual recalls will be signaled by a single sound. The RC will attempt to hail OCS boats via loud hailer and may display code flag "X". The following are not grounds for redress: failure of RC to display flag "X", failure of RC to hail any or all boats, failure of RC to accurately hail one or more boats, failure of a boat to hear its hail, or the order of boats within the hail. This changes RRS 60.1(b).
- 8.3. General recalls will be signaled by two sounds. RC may but is not required to display code flag "First Substitute". After a General Recall, the "Around-the-Ends Rule" RRS 30.1 shall apply except that code flag "I" need not be displayed in accordance with Procedural Rule 7.8(b). This changes RRS 29 and 30.1.
- 8.4. Boats starting more than five (5) minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5.

#### 9. THE FINISH:

- 9.1. The finish line will be between a blue flag on the Signal Boat or Finish Boat and a nearby mark.
- 9.2 Boats not finishing within fifteen (15) minutes of the first boat to finish will be scored Did Not Finish (DNF) as prescribed in RRS Appendix A. This changes RRS 35, A4 and A5.

#### 10. PENALTY SYSTEM:

10.1. RRS Appendix P will apply as prescribed in ISSA Procedural Rule 13.

- 10.2. Judges will be on the water during all races looking for and signaling Rule 42 violations with a yellow flag.
- 10.3. The Two-Turn penalty as described in RRS 44.1 and 44.2 shall apply for Rule 42 violations.

#### 11. TIME LIMITS:

- 11.1. The time limit for any race will be forty-five (45) minutes for the first boat to finish.
- 11.2. Boats not finishing within fifteen (15) minutes of the first boat to finish will be scored Did Not Finish (DNF) as prescribed in RRS Appendix A. (the Doublehanded SI's use this time limit).

#### 12. PROTESTS AND REQUESTS FOR REDRESS:

- 12.1 After finishing each race, all competitors shall stop by the Leeward side of the Finish Boat to report any association with a protest, any contact or damage between boats or a mark, and/or penalty turns taken.
- 12.2 The protest time limit is fifteen (15) minutes after the RC boat docks. This dock time will be posted on the official notice board.
- 12.3 Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 12.4 Notices will be posted soon after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and the location of the hearings.
- 12.5 All decisions of the Protest Committee are final. Permission for this has been granted from ISSA.

#### 13. COACHING:

- 13.1 Coaches and spectators shall be allowed on the water. All support and spectator vessels shall remain on the starboard side of the course, at least 100 yards from the sailing area, at all times. All support and spectator boats must monitor the designated VHF channel (71) and follow any instructions or orders given by the Principal Race Officer
- 13.2 All coaches must be registered in accordance with MISSA By-Laws, Section 3 "Registration Coaches."

13.3 It is the responsibility of the coaches to know the limits of their competitors and thus pull said competitor from racing if conditions exceed their limitations.

#### 14. SCORING:

- 14.1 Scoring will be according to RRS Appendix A as modified by ISSA Procedural Rule 9.
- 14.2 One race is required to be completed to constitute a regatta.
- 14.3 Tech Score will be used. RP forms are due no later than fifteen (15) minutes after dock time of RC boat.

#### 15. SAFETY:

- 15.1 US Coast Guard approved Type III life jackets must be worn while on boats, as well as the dock at all times. Anyone who goes on the water must have a PFD.
- 15.2 Team uniforms for Team Identification, shall be worn properly by all competitors while on the water.
- 15.3 Sailors are asked to check-in before the first warning signal by sailing past the stern of the RC Signal Boat and hailing their sail number. There will be no penalty for not checking in.
- 15.4 A boat that retires from a race or leaves the racing area is requested to notify the RC either on the water or ashore. A boat that subsequently returns to the racing area is asked to check in with the RC Signal Boat. There will be no penalty for not checking out or back in.

#### 16. PRIZES

Prizes will be awarded to 1st, 2nd, and 3rd overall in each class (ILCA 6 / ILCA 7).

#### **REGATTA CONTACTS**

Regatta Chairpersons: Ben Ferris 231-499-7692

tacs@tacsailing.org

MISSA East League VP Lynn Frikker 248-892-8391

mfrikker@comcast.net

MISSA District Director Ted Anderson

sailingmissa@gmail.com

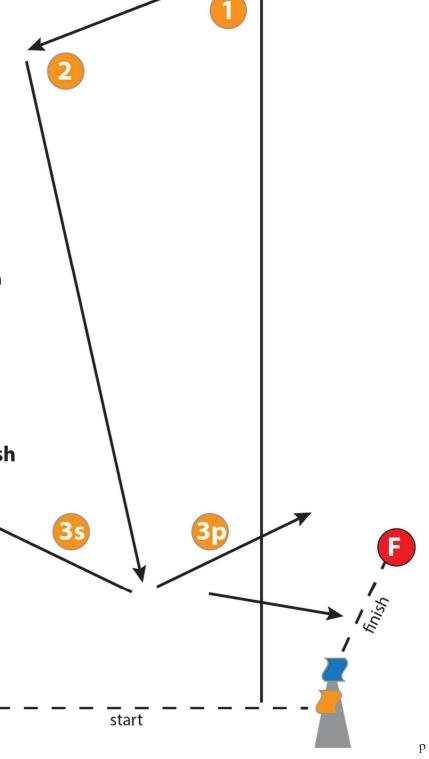
## **ADDENDUM A COURSE "4"**

The start will be between mark "S" and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1, then to offset mark #2, then leeward to either mark #3p or mark #3s, then to mark #1, then mark #2, and then finish between mark "F" and a blue flag on the Signal Boat. In commonly used terms: this is 4 legs of the course.

rounded is: Start-1-2-(3p or 3s)-1-2-3p-Finish

The order of marks to be



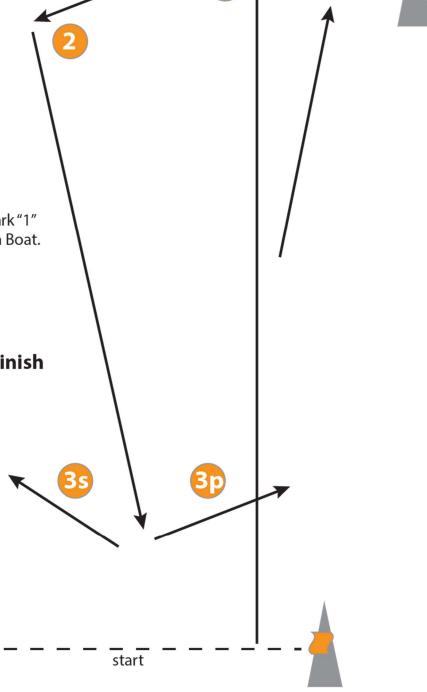
# ADDENDUM B COURSE "3"

The start will be between mark "S" and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1, then to offset mark #2, then leeward to either mark #3p or #3s and then finish between mark "1" and a blue flag on the Finish Boat. In commonly used terms: this is 3 legs of the course.

The order of marks to be rounded is:

Start-1-2-(3p or 3s)-Finish



finish