



MDISA Fall 2024 Junior-Varsity CHAMPIONSHIP
Saints Peter & Paul High School & Tred Avon Yacht Club
November 9, 2024

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is MDISA in conjunction with host Saints Peter & Paul High School.
- 1.3. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located on the waterside glass doors of the main clubhouse. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE:

- 3.1. Report time and rigging shall be from 0830 to 0845.
- 3.2. The competitors' meeting will be at 0845.
- 3.3. The first race will be sailed as quickly after the competitor's meeting as possible.
- 3.4. No races shall start after 1600 (4pm) on Saturday, November 9, 2024.
- 3.5. Rotation schedules and boat assignments will be posted on Tech Score by the competitor's meeting.

4. COURSES AND MARKS:

- 4.1. Courses will be as defined in the PRs. "LA2" will be preferred.
- 4.2. The start / finish mark will be a yellow mark and all other marks will be orange "Bema" type marks.
- 4.3. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

5. START, FINISH, AND RECALLS:

- 5.1. Races will start in accordance with ISSA PR 7.9(a).
- 5.2. Individual recalls will be made in accordance with PR 7.9(b).
- 5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.9(c) (this changes RRS 30.1).
- 5.4. The start and finish line will be between the orange flag on the signal boat and the yellow pin.

6. BREAKDOWNS:

- 6.1. Breakdown requests shall be filed in the same manner as protests.



6.2. Breakdowns shall be scored in accordance with ISSA PR 12.2. Compensation shall be consistent with ISSA PR Appendix 3.

7. PROTESTS:

7.1. Protests procedure will be in accordance with ISSA PR Part VI.

7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8. SCORING: Scoring will be in accordance with ISSA PR 11.

9. COACHING:

9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

10. SAFETY:

10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.

10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. FORMAT: A full round robin will be attempted.

