

SHORELINE FOUNDATION FOR HIGH SCHOOL SAILING  
Turkey Leg Sailing Instructions

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November 4, 2023, Spring Lake Yacht Club  
**Shoreline Foundation for High School Sailing**

**1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the ISSA Procedural Rules, MISSA By-Laws and District Rules, and these Sailing Instructions. In the event of a discrepancy, the latter will prevail.

**2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board, located inside the double door entrance to SLYC, near bathrooms.

**3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted no later than 1000 on race day.
- 3.2 The race committee may orally announce changes to the sailing instructions on the water before the warning signal for each race. A boat that fails to hear the change(s) is not eligible for redress. This changes rule 62.1(a).

**4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the staff of the RC Boat.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.

**5 RACING SCHEDULE**

**Saturday, November 4**

0815 Check In & Boat Set Up  
0915 Competitors meeting - MANDATORY  
1000 First warning. No warning signals after 1600

**6 RACING AREA**

The race area will be on the waters of Spring Lake, location TBD according to wind. Preference will be given to waters within viewing distance of SLYC.

**7 THE COURSE**

The diagram in Addendum A shows the course that will be sailed.

**8 MARKS**

Marks will be described during the competitors meeting.

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**9 THE START**

- 9.1 The starting line will be between a staff displaying an orange flag on the race committee signal boat at starboard end of the line and the course side of the outermost (starting) mark.
- 9.2 Starting flag for 420 fleet is 420 Class flag.
- 9.3 A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and AS.
- 9.4 During the start, the yellow finish mark is not considered a mark on the course.

**10 THE FINISH**

- 10.1 The finishing line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the yellow finishing mark.
- 10.2 Slow boats may have their positions secured to facilitate getting in more races.

**11 PENALTY TURNS**

All fouls will be exonerated by taking a one-turn penalty consisting of one tack and one gybe (360). This changes RRS 44.1 AND IS NOT STANDARD

**12 PROTESTS**

- 12.1 Protest forms are available at the scoring station, located in SLYC. Protests shall be delivered there within the appropriate time limit.
- 12.2 If you intend to protest, you must tell your competitor immediately, Race Committee prior to the start of next race, and your competitor again before the protest hearing.
- 12.3 Written protest forms must be submitted no later than 30 minutes after the race committee signal boat docks at the end of the day.
- 12.4 Protests will be heard throughout the day.
- 12.5 Protest hearing will be a three minute justice system.
- 12.6 Competitors may consult only with team members or other competitors prior to the decision to protest.

**13 SCORING**

- 13.1 One race completed in each 420 division will constitute a regatta. This changes procedural rule 7.5(c).
- 13.2 A school's combined score will be the sum of its scores in the two 420 divisions.
- 13.3 There will be no throw-out races.

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**14 SAFETY**

- 14.1 **PERSONAL FLOTATION DEVICES:** Inherently buoyant personal flotation devices meeting U.S. Coast Guard regulations for Personal Flotation Devices (PFDs) Type III or V, shall be worn by all competitors while on the water. PFDs shall be worn outside of all clothing and foul weather gear, except for a thin t-shirt or team pinnie, which may be worn over a lifejacket to prevent snagging of lines or equipment. Inflatable PFDs are not permitted. (The changes the preamble to RRS Part 4 and RRS 40).
- 14.2 No boat shall leave the dock without being directed to do so by the race committee or the regatta chairman.
- 14.3 Boats retiring from competition shall inform the race committee boat. In the event that this is impractical due to safety concerns, they shall notify a safety boat while afloat or a shore side race official immediately after docking.
- 14.4 Race Committee and/or Regatta Chairperson reserves the right to remove any competitor from the water for safety concerns including, but not limited to: cold exposure, concussion, or injury/suspected injury that threatens health and/or safety of individual or other competitor.
- 14.5 **All power boats on water are safety boats** and shall lend assistance to any competitor when necessary. Please pay attention and have your radio turned on.

**15 COACHING & ROTATIONS**

Coaching may only take place outside of the racing area between races. Rotations will take place on SLYC dock. Coaches are encouraged to help their teams rotate on the dock.

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ADDENDUM A

Windward/Leeward Course (2 Laps)

**Start**

Start is to Port of RC boat between boat and orange start mark.

Head to windward mark #1.

Leave windward mark #1 and offset mark #2 on port, head downwind to leeward gate #3.

Leave leeward gate #3 on either port or starboard

Head to windward mark #1.

**Finish**

After leaving windward mark #1 and offset mark #2 on port for 2<sup>nd</sup> time, head through gate, then to finish line to Starboard of RC boat.

Gate marks are marks on the course, so contact with them requires penalty circle.

