



The Allstate Sugar Bowl High School Regatta

December 2-3, 2023

Southern Yacht Club, New Orleans, LA

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, SEISA District Rules, the Notice of Race, and these Sailing Instructions. The Organizing Authority (OA) is SEISA, in conjunction with host Southern Yacht Club & The Allstate Sugar Bowl Regatta Committee.

2. NOTICE TO COMPETITORS:

Official notices including changes to sailing instructions will be posted on the official notice board located in the SYC Grill area. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect or on the water, or communicated verbally by hailing from the race committee boat(s).

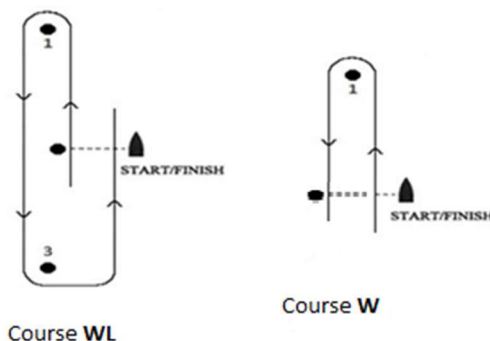
3. SCHEDULE:

- 3.1. Check-in/Report time for Saturday will be 8:30 a.m. – 9:00 a.m.
The number of races each day will be at the discretion of the regatta chairperson.
- 3.2. No race will start after 1500 on Sunday, 12/3.
- 3.3. The race committee will attempt to complete 2 or more full rotations.
- 3.4. Boat assignments will be made at check-in.

4. COURSES AND MARKS:

- 4.1. Short 12 – 20-minute courses are expected.
- 4.2. The race committee may designate course selection orally.
- 4.3. The Pin mark will be a red ball, marks 1 & 3 will be orange tetrahedrons.
- 4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

- 4.5. Windward/leeward courses will be sailed. See course diagrams below, this changes ISSA PR 7.8(a). Course to be sailed will be announced by the Race Committee on the water.



5. SHORTENING AND ABANDONING RACES:

In accordance with ISSA PR 7.8(d) races **will not be shortened**. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

6. START, FINISH, AND RECALLS:

- 6.1. Races will start in accordance with ISSA PR 7.9 (a), RRS Appendix U.
- 6.2. Individual recalls will be made in accordance with RRS Appendix U4. Individual recalls shall be signaled by hailing the sail or hull number of each recalled boat. Flag X need not be displayed.
- 6.3. General recalls will be signaled by a series of short whistles or horns. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).
- 6.4. The start/finish line will be between an orange flag on the committee boat and a mark (red ball) abeam of the committee boat.
- 6.5. The Starting Line/Gate will be **OPEN** unless it is announced at Competitors Meeting to be **CLOSED** to all boats not starting or finishing.

7. BREAKDOWNS:

- 7.1. Breakdown requests shall be filed in the same manner as protests.
- 7.2. Breakdown/repairs needed shall also be reported to the Committee Boat, if possible, and at the Rotation Dock, to the Safety Boat, as soon as possible.
- 7.3. Breakdowns shall be scored in accordance with ISSA PR 9(e) Compensation shall be consistent with ISSA PR Appendix 3.

8. PROTESTS:

- 8.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 8.2. Per Procedural Rule 8(b), competitors shall **NOT** communicate with a coach before reporting to the race committee their intent to protest.
- 8.3. Competitors should notify the Race Committee at finish, or as soon thereafter as practicable, of their intent to protest.
- 8.4. Protests must be filed within 30 minutes of the Race Committee Boat reaching the dock each day.

9. SCORING:

- 9.1. Scoring will be in accordance with ISSA PR 9. There will be no throwouts.
- 9.2. In accordance with ISSA PR 4.3, **Record of Participation Form (RP Forms)** must be completed online by each team in TechScore at ts.hssailing.org by the close of protest time at the end of each day of sailing. This modifies ISSA PR 4.3. (Please note, penalty for teams failing to complete the Record of Participation Form before the expiration of Protest Time at the at the end of the day's sailing shall have 20 points

added to their team score by the Regatta Chairperson. (Changes RRS 63.1 and A5) (See also PR Appendix 2 RECORD OF PARTICIPATION FORM.)).

- 9.3 Any team unable to complete RP Forms online must report this and turn in a completed paper form to the Regatta Chairperson, or his representative, in The Grill at SYC, PRIOR to the close of protest file time.

10. COACHING:

- 10.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 10.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

11. BOATS:

- 11.1. Competitors shall not modify boats in any way or cause them to be modified in any way.
- 11.2. Hand or scoop bailers and sponges are allowed. Mainsheets may be rigged 3:1 or 4:1 purchase.
- 11.3. Competitors shall report any damage to boats and equipment or loss of equipment, however slight, to the Race Committee immediately upon completion of the race in which it occurs. The penalty for infringement of this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, may be disqualification of the team or team members from the race or the series at the discretion of the protest committee.
- 11.4. Competitors shall report any problem with the boat they are rotating into after inspection of the boat and prior to leaving the rotation dock to the Rotation Dock Official, who will be introduced at the Competitors Meeting.

12. SAFETY:

- 12.1. Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets in good repair. Inflatable type lifejackets are not permitted. Team Pinnies over the outside of the lifejacket are encouraged, but not required.
- 12.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

13. FORMAT:

A/B division format, boat rotations per published/distributed Rotation Schedule.

14. TROPHIES:

Trophies will be awarded to the overall low scoring 3 teams.

15. WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

16. RIGHTS TO USE NAME AND LIKENESS:

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.