

**Shepherd Championship
Columbia Sailing School
October 28 & 29, 2023
Monroe Harbor, Chicago, IL**

Sailing Instructions (SIs)

ABBREVIATIONS

[NP] *Rules that are not grounds for a protest or request for redress by a boat. This changes RRS 60.1.*

1 RULES

- 1.1 The event is governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of US Sailing, the ISSA Procedural Rules, the Notice of Race, and these Sailing Instructions. The latter shall take precedence in a conflict between the governing documents and the Sailing Instructions.
- 1.3 The Organizing Authority (OA) is the Interscholastic Sailing Association and Columbia Yacht Club/Columbia Sailing School in conjunction with host schools: Jones College Prep, Lane Tech, Lincoln Park, Lyons, U of C-Lab, and Whitney Young.
- 1.4 **[DP]** Drones shall not be flown in the racing area except as authorized by the OA.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Official notices, including changes to sailing instructions, will be posted on the official notice board located <https://scores.hssailing.org/f23/shepherd/>
- 2.2 Any change to the sailing instructions will be posted:
 1. By 2000 on the day before a schedule change will take effect or,
 2. Before 0900 on the day it will take effect or,
 3. In the event of AP posted ashore, no later than 15 minutes before AP is lowered ashore.
- 2.3 Changes to sailing instructions may be made on the water: Oral changes may be given on the water per RRS 90.2(c) using the following procedure:
 1. The signal boat will hoist Code Flag Lima (L) with one sound.
 2. Boats shall come within hailing distance of the signal boat.
 3. Oral changes will be made via VHF on channel 78.
 4. Any changes that will affect future races in the series will be posted once ashore.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board online at <https://scores.hssailing.org/f23/shepherd/>
- 3.2 On the water, the Race Committee intends to monitor and communicate with coaches via VHF radio on channel 78.

3.3 [NP] Errors and omissions in courtesy broadcasts are not grounds for a request for redress. ***This changes RRS 62.1(a).***

4 CODE OF CONDUCT

[DP] Competitors, Coaches, and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the Rail Deck.

5.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes in Race Signals AP.

5.3 [DP] Competitors in boats shall not leave the Harbor before a Race Committee vessel or a safety vessel.

6 SCHEDULE OF RACES

Saturday, October 28	
1000	Registration, Rigging of Boats
1030	Mandatory Competitor’s Meeting
1100	First Warning, Racing to Continue throughout the day
Sunday, October 29	
0900	Rigging of Boats
0915	Mandatory Competitors’ meeting
1015	First Warning, Racing to Continue throughout the day
1400	No Warning After This Time

7 RACING AREA

The racing area will be either inside Monroe Harbor or the open waters of Lake Michigan, East of the Monroe Harbor entrance, as announced by the RC at the day’s competitors’ meeting.

8 COURSES AND MARKS

8.1 Courses will be in accordance with ISSA PR 7.8.

8.2 The Race Committee may designate course selection orally.

8.3 Marks will be inflatable buoys.

8.4 In accordance with ISSA PR 7.8(c), after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. ***This changes RRS 33.***

8.5 The diagram in SI Addendum A shows the courses.

8.6 Mark 1 may have an offset. The single windward mark shall be left to port if the offset is not in place.

8.7 Mark 2 will be a gate. If the gate is not in place, the single leeward Mark 2 shall be left to port.

9 THE START, FINISH, AND RECALLS:

- 9.1 Races will start in accordance with ISSA PR 7.9(a).
- 9.2 RRS US Sailing Prescription Appendix U - Sound-Signal Starting System shall be used.
- 9.3 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 9.4 Individual recalls will be made in accordance with ISSA PR 7.9(b).
- 9.5 General recalls will be signaled by a series of short whistles. After a general recall, the round-the ends provision of RRS 30.1 shall apply, except Flag I need not be displayed in accordance with ISSA PR 7.9(c). ***This changes RRS 30.1.***
- 9.6 The finishing line is between a staff displaying a blue flag on the signal vessel at the starboard end and the course side of the port-end finishing mark.

10 BREAKDOWNS

- 10.1 Breakdown requests shall be filed in the same manner as protests.
- 10.2 Breakdowns shall be scored in accordance with ISSA PR 9(e).
- 10.3 Compensation shall be consistent with ISSA PR Appendix 3.

11 PROTESTS & HEARING REQUESTS

- 11.1 Protest procedure will be in accordance ISSA PR Part VI - 16.
- 11.2 Per ISSA PR 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 11.3 Protests and requests for redress shall be filed in person on the rail deck of the club ship within the appropriate time limit.
- 11.4 Protests are to be filed throughout the day as soon as competitors rotate off the water. Competitors shall not wait until the end of the day to file all protests.
- 11.5 The final protest time limit for each day will be 30 minutes after the docking time of the RC signal boat.
- 11.6 Hearings will be held in person at Columbia.

12 SCORING

- 12.1 The scoring system is as follows: Scoring will be in accordance with ISSA PR 9.
- 12.2 One (1) race in each division is required to be completed to constitute a regatta.

13 SAFETY

- 13.1 Competitors shall wear USCG-approved lifejackets as outlined in ISSA PR 2.2.
- 13.2 **[DP]** A boat that retires from a race shall notify the Race Committee either before leaving the course or, if impossible, immediately after arriving ashore.

14 FORMAT

- 14.1 The Race Committee will attempt to complete a full rotation.
- 14.2 Rotation schedules and boat assignments will be posted on Tech Score.

15 [DP] SUPPORT TEAMS AND COACHING

- 15.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal to the start until all boats have finished or retired or the Race Committee signals a postponement, general recall, or abandonment.
- 15.2 Coaching may take place below the finish line or to starboard of the finish line. All coaches shall assist when and where necessary for safety or at the request of the Race Committee. Failure to do so may result in exclusion from the racecourse.

16 RISK STATEMENT

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

17 PRIZES

Prizes will be awarded to schools placing 1st, 2nd, and 3rd in the regatta.

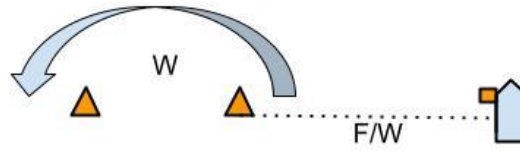
18 FURTHER INFORMATION

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Addendum A



- Courses**
Start-W-G- F/W (W3)
Start-W-G-W-G-F/L (W4)
Start-W-G-W-G-F/W (W5)

