

**SAISA SINGLEHANDED CHAMPIONSHIP  
& Qualifier for the CRESSY TROPHY  
St Pete YC September 23-24, 2023**

**SAILING INSTRUCTIONS**

**1. Rules**

- 1.1 The regatta will be governed by the current Racing Rules of Sailing, the ISSA Procedural Rules, the ISSA Cressy Championship Conditions, the SAISA Supplemental Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions (SI), the latter shall take precedence.
- 1.2. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).

**2. NOTICE TO COMPETITORS**

2.1 Official notices including changes to Sailing Instructions will be posted on the official notice board located on the techscore website. Changes to the Sailing Instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.

**3. SCHEDULE**

- 3.1 **Friday, September 22<sup>nd</sup>**  
1600-1900 Check-in at SPSC  
1600-1900 Venue open to competitors for practice
  - Saturday, September 23<sup>rd</sup>**  
0800-0900 Check in at SPSC  
0930 Skippers meeting at SPSC  
1030 First warning of the day
  - Sunday, September 24<sup>th</sup>**  
0930 First warning of the day  
1500 No race will start after this time
- 3.2. The number of races each day will be at the discretion of the regatta chair. No race will start after 1500 on the final day of racing.
  - 3.3 The race committee will attempt 14 races.

**4. COURSES AND MARKS**

- 4.1. Racing area will be to the north of the St Pete Pier, in close proximity to the Vinoy Basin and North Shore Park.
- 4.2. Courses will be in accordance with ISSA PR 7.8.
- 4.3. The race committee may designate course selection orally.
- 4.4. All marks will be orange balls.
- 4.5. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course

configuration, provided that no boat is on that leg of the course. No signals are required.

## **5. SHORTENING AND ABANDONING RACES**

In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee.

## **6. START AND RECALLS**

- 6.1. Races will start in accordance with ISSA PR 7.9(a).
- 6.2. Individual recalls will be made in accordance with RRS Appendix U.
- 6.3. The start line will be between an orange flag on the Signal Boat and an orange flag on the Pin Boat or yellow cylinder.

## **7. BREAKDOWNS**

- 7.1. There are no Breakdowns

## **8. TIME LIMIT**

- 8.1. The time limit for the first boat in each fleet to finish is 45 minutes.
- 8.2. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Time Limit Expired, TLE.
- 8.3. If a boat(s) in last place in a race is delaying the start of another race, the race committee may terminate the race before the 15 minute time limit is reached and score the boat(s) in the place she would have finished.

## **9. PROTESTS**

- 9.1. Protests procedure will be in accordance with ISSA PR Part VI.
- 9.2. Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 9.3. Protest shall be filed in the SPSC office no later than 30 mins after the RC signal boat has docked.

## **10. SCORING**

Scoring will be in accordance with ISSA PR 9.

## **11. COACHING**

- 11.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless granted equal access and explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 11.2. Any interaction – both direct and indirect – from any non-sailors afloat and non-RC members to sailors afloat in the racing area shall be considered a violation of Sailing Instruction 11.1 and the penalties for such violation shall

apply. The Regatta Chair, Judges or RC Chair shall have the sole discretion to judge violations and apply due penalties without requirement for a protest or hearing.

- 11.3. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore.

## **12. SAFETY**

- 12.1. Competitors shall wear a USCG approved Type III lifejacket at all times while afloat in accordance with ISSA Procedural Rule 2.2.
- 12.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

## **13. TROPHIES**

- 13.1. Sailors finishing 1<sup>st</sup> and 2<sup>nd</sup> in the ILCA 6 Male, ILCA 6 Female and ILCA 7 will be invited to the ISSA Cressy Singlehanded National Championships.

## **14. WAIVER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

## **15. RIGHTS TO USE NAME AND LIKENESS**

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.